CURRICULUM VITAE

Stephanie Jane Towns, PsyD, ABPP

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Contact Information:

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School: Yale School of Medicine

Education:

08/2000 - 05/2004	BS, Miami University of Ohio, Psychology, Oxford, OH
08/2006 - 05/2008	MS, Loyola University of Maryland, Clinical Psychology, Baltimore, MD
08/2008 - 07/2014	PsyD, Antioch University New England, Clinical Psychology, Keene, NH

Career/Academic Appointments:

07/2013 - 06/2014	Neuropsychology Intern, Psychology, James A Haley VA Medical Center, Tampa, FL
08/2014 - 07/2016	Postdoctoral fellow, Psychiatry, Geisel School of Medicine at Dartmouth, Lebanon, NH
08/2016 - 10/2018	Assistant Professor, Neurology and Neurosurgery, Case Western Reserve School of Medicine, Cleveland, OH
11/2018 - 06/2024	Assistant Professor, Neurology (Department), Yale School of Medicine, New Haven, CT
07/2023 - 06/2028	Associate Professor on Term, Neurology (Department), Yale School of Medicine, New Haven, CT

Administrative Positions:

2017 - 2018	Associate Training Director, Neuropsychology, University Hospitals, Cleveland, OH
2021 - Present	Training Director, Neuropsychology, Yale School of Medicine, Greenwich, CT

Board Certification:

2017 - 2025	AB of Professional Psychology, Clinical Neuropsychology

Grants/Clinical Trials History:

Current Grants

Agency:	NIH/NIMH
I.D.#:	R01 MH138347
Title:	Understanding Circuit Dysfunction in Post-Acute Sequelae of SARS-CoV-2 Infection
P.I.:	Todd Constable
Role:	Co-Investigator
Percent effort:	10%
Total costs:	$3,985,785.00 (of which $1,574,770.00 indirects)
Project period:	11/27/2024 - 10/31/2029

Peer-Reviewed Presentations Given at Meetings Not Affiliated With Yale:

International/National

1. Older adults with epilepsy exhibit significantly greater executive dysfunction than their matched peers with cortically-based neurodegenerative disease. Cognitive Neuroscience Society annual meeting, Older adults with epilepsy exhibit significantly greater executive dysfunction than their matched peers with cortically-based neurodegenerative disease, San Francisco, CA, January 2013. (Other)
2. Neuropsychological testing identified patietns with pathologic levels of B-amyloid in the living brain as demonstrated by florbetapir F18 positron emission tomography. American Acacdemy of Neurology annual meeting, Neuropsychological testing identified patietns with pathologic levels of B-amyloid in the living brain as demonstrated by florbetapir F18 positron emission tomography, San Diego, CA, January 2013. (Other)
3. The neuropsychological and adaptive functioning of children with cobalamin C (cblC) disease. International Neuropsychological Society annual meeting, The neuropsychological and adaptive functioning of children with cobalamin C (cblC) disease, Waikoloa Village, HI, January 2013. (Other)
4. does severity of sleep disturbance predict cognitive recovery during acute TBI?. Rehabilitation Psychology Conference, does severity of sleep disturbance predict cognitive recovery during acute TBI?, San Antonio, TX, January 2014. (Other)
5. Subjective sleep quality and postconcussion symptoms in mild TBI. International Neuropsychological Society annual meeting, Subjective sleep quality and postconcussion symptoms in mild TBI, Seattle, WA, January 2014. (Other)
6. Mild TBI and chronic pain associations with post-deployment mental health outcomes. International Neuropsychological Society annual meeting, Mild TBI and chronic pain associations with post-deployment mental health outcomes, Seattle, WA, January 2014. (Other)
7. Military deployment and the development of chronic pain: Mild traumatic brain injury, blast, psychological trauma, and combat associations in the Florida national guard. International Neuropsychological Society annual meeting, Military deployment and the development of chronic pain: Mild traumatic brain injury, blast, psychological trauma, and combat associations in the Florida national guard, Seattle, WA, January 2014. (Other)

8. Psychopathic personality traits and executive functions in daily life. National Academy of Neuropsychology Annual Meeting, Psychopathic personality traits and executive functions in daily life, Austin, TX, January 2016. (Other)
9. Future directions of neuropsychology from a training perspective: Factors affecting training satisfaction from the AACN student affairs committee survey of neuropsychology trainees. International Neuropsychological Society Annual Meeting, Future directions of neuropsychology from a training perspective: Factors affecting training satisfaction from the AACN student affairs committee survey of neuropsychology trainees, New Orleans, LA, January 2017. (Other)
10. Gender differences in the 2015 AACN student affairs committee survey of neuropsychology trainees. American Academy of Clinical Neuropsychology Annual Meeting, Gender differences in the 2015 AACN student affairs committee survey of neuropsychology trainees, San Diego, CA, January 2018. (Other)
11. **Towns SJ**, Lynette Abrams-Silva, Pamela Dean. Holistic Recruitment: Rationale and guidance for increasing recruitment of diverse trainees. American Academy of Clinical Neuropsychology, Scottsdale, AZ, June 2024. (Oral Presentation)
12. **Towns SJ**, Suzanne Duvall, Billy Holcomb. Educating the Psychologists of Tomorrow: How Innovations in Medical Training Can Guide Us. American Psychological Association, Seattle, WA, August 2024. (Oral Presentation)
13. Evita Conway, Shalom Jaffe, **Towns SJ**. Alice in Wonderland Syndrome: A Neuropsychological Assessment and Clinical Case Report. International Neuropsychological Society, New Orleans, LA, February 2025. (Poster Presentation)
14. Shalom Jaffe, **Towns SJ**, Alissa Butts, Douglas Whiteside, Susanne Penna. A Survey of Practicum-Level Training Practices in Clinical Neuropsychology.. American Academy of Clinical Neuropsychology, Chicago, IL, June 2025. (Poster Presentation)
15. Shalom Jaffe, Elliott Weinstein, Brundage K, **Towns SJ**. Clinical Utility of the Pittsburgh Sleep Quality Index in Older Adults with Cognitive Complaints. American Association of Geriatric Psychiatry Annual Conference, Arlington, VA, April 2026. (Poster Presentation)

Professional Service:

Peer Review Groups/Grant Study Sections

2019 - Present Reviewer, American Board of Professional Psychology, Review practice samples for board certification eligibility

Journal Services

Editorial boards

2024 - Present Editorial Consultant, The Clinical Neuropsychologist

Reviewer

2015 - Present Reviewer, Brain Injury
2016 - Present Reviewer, Archives of Clinical Neuropsychology
2017 - Present Reviewer, Sleep Medicine
2018 - Present Reviewer, The Clinical Neuropsychologist

2024 - Present Reviewer, Alzheimer's & Dementia: Diagnosis, Assessment & Disease Monitoring
2025 - Present Reviewer, Medical Education

Professional Organizations

American Academy of Clinical Neuropsychologist Awards Committee

2019 - 2021 Committee Member, American Academy of Clinical Neuropsychologist Awards Committee

American Academy of Clinical Neuropsychology

2026 - Present Board of Directors, American Academy of Clinical Neuropsychology

American Academy of Clinical Neuropsychology Awards Committee

2021 - Present Co-Chair, American Academy of Clinical Neuropsychology Awards Committee, Co-chair Awards committee.

American Academy of Clinical Neuropsychology Mentorship program

2016 - Present Co-Director, American Academy of Clinical Neuropsychology Mentorship program, Develop and coordinate program matching board certified clinical neuropsychologists

American Academy of Clinical Neuropsychology Professional and Public Information Committee

2014 - 2024 Chair, American Academy of Clinical Neuropsychology Professional and Public Information Committee, Cultivate and manage information posted to AACN public profiles (e.g. twitter, facebook).

American Academy of Clinical Neuropsychology Relevance 2050 Committee

2016 - 2018 Committee Member, American Academy of Clinical Neuropsychology Relevance 2050 Committee

American Academy of Clinical Neuropsychology Student Affairs Committee

2015 - Present Secretary, American Academy of Clinical Neuropsychology Student Affairs Committee

American Psychological Association - Division 40

2018 - 2020 Liaison, American Psychological Association - Division 40, Act as liaison between division 40 (the society for clinical neuropsychology) and six other committees

American Psychological Association - Division 40 Education Advisory Committee

2021 - 2024 Committee Member, American Psychological Association - Division 40 Education Advisory Committee, Member of the Educational Advisory Comittee

International Neuropsychological Society Membership Task Force

2016 - 2020 Committee Member, International Neuropsychological Society Membership Task Force

Public Service / Media Presence

Public Service

2020 - 2022 Volunteer, Invisible Hands

2021 - Present Volunteer, Stamp Out Stroke

Bibliography:

Peer-Reviewed Original Research

1. Weisfeld-Adams JD, Bender HA, Miley-Åkerstedt A, Frempong T, Schrager NL, Patel K, Naidich TP, Stein V, Spat J, **Towns S**, Wasserstein MP, Peter I, Frank Y, Diaz GA. Neurologic and neurodevelopmental phenotypes in young children with early-treated combined methylmalonic acidemia and homocystinuria, cobalamin C type. Molecular Genetics And Metabolism 2013, 110: 241-7. PMID: 23954310, DOI: 10.1016/j.ymgme.2013.07.018.
2. **Towns S**, Silva M, Belanger H. Subjective sleep quality and postconcussion symptoms following mild traumatic brain injury. Brain Injury 2015, 29: 1337-1341. PMID: 26288022, DOI: 10.3109/02699052.2015.1045030.
3. Lantrip, C., Towns, SJ., Rother, RM., Isquith, P. (2016). Psychopathy traits are associated with self-report rating of executive functioning in the everyday life of healthy adult. Personality and Individual Differences. 101: 127-131. https://doi.org/10.1016/j.paid.2016.05.051
4. Van Dyk K, **Towns S**, Tatarina O, Yeung P, Dorrejo J, Zahodne LB, Stern Y. Assessing Fluctuating Cognition in Dementia Diagnosis: Interrater Reliability of the Clinician Assessment of Fluctuation. American Journal Of Alzheimer's Disease And Other Dementias 2016, 31: 137-43. PMID: 26340964, PMCID: PMC4758876, DOI: 10.1177/1533317515603359.
5. Holcomb E, **Towns S**, Kamper J, Barnett S, Sherer M, Evans C, Nakase-Richardson R. The Relationship Between Sleep-Wake Cycle Disturbance and Trajectory of Cognitive Recovery During Acute Traumatic Brain Injury. Journal Of Head Trauma Rehabilitation 2016, 31: 108-116. PMID: 26709584, DOI: 10.1097/htr.0000000000000206.
6. **Towns S**, Zeitzer J, Kamper J, Holcomb E, Silva M, Schwartz D, Nakase-Richardson R. Implementation of Actigraphy in Acute Traumatic Brain Injury (TBI) Neurorehabilitation Admissions: A Veterans Administration TBI Model Systems Feasibility Study. PM&R 2016, 8: 1046-1054. PMID: 27178377, DOI: 10.1016/j.pmrj.2016.04.005.
7. Whiteside DM, Breting L, Butts AM, Hahn-Ketter AE, Osborn K, **Towns SJ**, Barisa M, Santos OA, Smith D. 2015 American Academy of Clinical Neuropsychology (AACN) student affairs committee survey of neuropsychology trainees. The Clinical Neuropsychologist 2016, 30: 664-694. PMID: 27348787, DOI: 10.1080/13854046.2016.1196731.

8. Lantrip C, **Towns S**, Roth R, Giancola P. Psychopathy traits are associated with self-report rating of executive functions in the everyday life of healthy adults. Personality And Individual Differences 2016, 101: 127-131. DOI: 10.1016/j.paid.2016.05.051.
9. **Towns SJ**, Hahn-Ketter AE, Halpern J, Block CK. Trainee perspectives on postdoctoral recruitment in clinical neuropsychology: reflections on commentaries by Bodin and Grote (2016) and Nelson et al. (2016). The Clinical Neuropsychologist 2017, 32: 10-15. PMID: 28585454, DOI: 10.1080/13854046.2017.1336256.
10. Breting L, **Towns SJ**, Butts AM, Brett BL, Leaffer EB, Whiteside DM. 2020 COVID-19 American Academy of Clinical Neuropsychology (AACN) Student Affairs Committee survey of neuropsychology trainees. The Clinical Neuropsychologist 2020, 34: 1284-1313. PMID: 32842877, DOI: 10.1080/13854046.2020.1809712.
11. Eloi JM, Lee J, Pollock EN, Tayim FM, Holcomb MJ, Hirst RB, Tocco C, **Towns SJ**, Lichtenstein JD, Roth RM. Boston Naming Test: Lose the Noose. Archives Of Clinical Neuropsychology 2021, 36: 1465-1472. PMID: 33822857, DOI: 10.1093/arclin/acab017.
12. **Towns SJ**, Breting LMG, Butts AM, Brett BL, Leaffer EB, Whiteside DM. Neuropsychology trainee concerns during the COVID-19 pandemic: A 2021 follow-up survey. The Clinical Neuropsychologist 2021, 36: 85-104. PMID: 34520321, DOI: 10.1080/13854046.2021.1975826.
13. **Towns S**, Jaffe S, Butts A, Penna S, Whiteside D. A survey of practicum training practices in clinical neuropsychology. The Clinical Neuropsychologist 2024, 40: 530-543. PMID: 39482231, DOI: 10.1080/13854046.2024.2413575.

Peer-Reviewed Reviews, Practice Guidelines, Standards, and Consensus Statements

1. Dean P, **Towns S**. Holistic recruitment: A model for improving equity in clinical neuropsychology postdoctoral trainee selection. The Clinical Neuropsychologist 2025, 40: 555-576. PMID: 40574248, DOI: 10.1080/13854046.2025.2522938.
2. **Towns S**, Holcombe B, Duvall S. Challenges in neuropsychology doctoral education: what can we learn from medical education? Journal Of Clinical And Experimental Neuropsychology 2025, 47: 1081-1089. PMID: 41082309, DOI: 10.1080/13803395.2025.2572547.

Peer-Reviewed Case Reports and Technical Notes

1. **Towns S**, Conway E. Alice in Wonderland Syndrome: A review & cognitive case report. The Clinical Neuropsychologist 2025, ahead-of-print: 1-14. PMID: 41122944, DOI: 10.1080/13854046.2025.2577141.

Commentaries, Editorials and Letters

1. Eloi J, Lee J, Pollock E, Tayim F, Holcomb M, Hirst R, Tocco C, **Towns S**, Lichtenstein J, Roth R. Corrigendum to: Boston Naming Test: Lose the Noose. Archives Of Clinical Neuropsychology 2021, 36: 857-857. PMID: 33884418, DOI: 10.1093/arclin/acab034.