

CURRICULUM VITAE

Stephen Richard Holt, MD, MS, FACP, FASAM

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Contact Information:

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School: Yale School of Medicine

Education:

08/1993 - 01/1997 BS, James Madison University, Psychology, Harrisonburg, VA
08/1998 - 01/2000 MS, Yale University, Neuroscience, New Haven, CT
08/2000 - 01/2004 MD, Columbia College of Physicians and Surgeons, New York, NY

Career/Academic Appointments:

01/2004 - 01/2007 Medical Resident, Internal Medicine, Yale University Primary Care Program, New Haven, CT
01/2007 - 01/2008 Chief Resident, Internal Medicine, Yale University Primary Care Program, New Haven, CT
07/2007 - 06/2010 Instructor, Internal Medicine, Yale School of Medicine, New Haven, CT
07/2010 - 06/2018 Assistant Professor, General Medicine, Yale School of Medicine, New Haven, CT
07/2018 - 06/2028 Associate Professor on Term, General Medicine, Yale School of Medicine, New Haven, CT
01/2019 - 06/2029 Associate Clinical Professor, Nursing, Yale School of Medicine, New Haven, CT

Administrative Positions:

2010 - Present Associate Program Director, Ambulatory Education, Yale Primary Care Residency Program, Internal Medicine, Yale School of Medicine, New Haven, CT
2015 - Present Director, Addiction Recovery Clinic, Internal Medicine, Yale School of Medicine, New Haven, CT
2017 - 2020 Co-Director, Clinician Educator Distinctions Pathway, Internal Medicine, Yale School of Medicine, New Haven, CT
2020 - Present Co-Director, Racism, Bias, and Advocacy in Medicine Distinctions Pathway, Internal Medicine, Yale School of Medicine, New Haven, CT

Board Certification:

2021 - 2030	AB of Preventive Medicine, Addiction Medicine
2007 - 2017	AB of Internal Medicine, Internal Medicine
2017 - 2027	AB of Internal Medicine, Internal Medicine, recertification

Professional Honors & Recognition:

International/National/Regional

2002	Family Physicians Scholarship, New York Academy of Family Physicians
2004	Arnold P. Gold Humanism in Medicine Award, Columbia University College of Physicians & Surgeons
2016	New Investigator/Educator Award, Association for Multidisciplinary Education and Research in Substance use and Addiction
2019	“Best Doctors in America” List, Internal Medicine, Connecticut Magazine
2019	Early Career Physician Teaching Award, American College of Physicians, CT Chapter
2020	“Best Doctors in America” List, Internal Medicine, Connecticut Magazine

Yale University/Yale School of Medicine/Hospital System

2007	John W. Brackett Award for Resident Teacher, Yale Primary Care Program
2009	Faculty Teacher of the Year, Yale Primary Care Residency Program
2014	Leonard Tow Humanism in Medicine Award, Yale School of Medicine
2017	Faculty Teacher of the Year, Yale Primary Care Residency Program
2025	Charles W. Bohmfalk Award for Teaching in the Clinical Sciences, Yale School of Medicine

Grants/Clinical Trials History:

Current Clinical Trials

Agencies:	Yale University
I.D.#:	0909005730
Title:	Reducing Heavy Drinking to Optimize HIV/AIDS Treatment and Prevention (The DAWN Study)
Role:	Sub-Investigator
Percent effort:	N/A
Total costs:	-
Project period:	10/20/2009 - ongoing

Past Grants

Agency:	Health Resources and Services Administration
I.D.#:	T0BHP3107
Title:	Primary Care Training and Enhancement, “Collaborative Behavioral Health and Addiction Medicine in Primary Care (CHAMP)

P.I.: Jeanette Tetrault
Role: Co-Investigator
Percent effort: 5%
Total costs: \$1,976,565.00
Project period: 07/01/2019 - 06/30/2024

Past Clinical Trials

Agencies: National Institute on Alcohol Abuse and Alcoholism (NIAAA)
I.D.#: R01 AA018923-01
Title: Reducing Heavy Drinking to Optimize HIV/AIDS Treatment and Prevention
Role: Sub-Investigator
Percent effort: 25%
Total costs: 4374067.0000
Project period: 09/30/2009 - 06/30/2013

Invited Speaking Engagements, Presentations & Workshops Not Affiliated With Yale:

International/National

1. "Unhealthy Drinking: What's Our Disorder?". Dartmouth Medical Center Medical Grand Rounds, Hanover, NH, January 2017. (Lecture)
2. "Pharmacotherapy for Alcohol Use Disorder", "Opiate agonist therapy for Opioid Use Disorder", and "Safe Opioid Prescribing and Urine Drug Testing". Mountainside Medical Center Visiting Professorship, Montclair, NJ, January 2019. (Lecture)
3. "Course Director: Video lecture series for all Dermatology and Rheumatology content". Lecturio E-Learning Platform, Leipzig, SN, January 2019. (Lecture)
4. "Course Director: Addiction Medicine topics, various". Continuing Education, Inc, University of the Seas, Fort Lauderdale, FL, January 2019. (Lecture)
5. "Course Director: Video lecture series for all Physical Examination content". Lecturio E-Learning Platform, Leipzig, SN, January 2020. (Lecture)
6. "Pharmacotherapy for Alcohol Use Disorder". Vermont Area Health Education Centers Network, Invited Speaker. 16th Annual Geriatrics Conference (Cancelled due to COVID-19), Invited speaker, April 2021. (Lecture)
7. "Role of the Physical Exam". Lecturio Live Stream, Lecturio On-line platform, September 2021. (Lecture)
8. "Treating Unhealthy Alcohol Use: What's Our Disorder?". Dartmouth-Hitchcock Medical Center Medical Grand Rounds, Primary Care CME-series, November 2021. (Lecture)
9. "Opiate agonist therapy for Opioid Use Disorder, Providers Clinical Support System". Saint Joseph Family Medicine Residency Program PCSS Training and Visiting Professorship, South Bend, IN, December 2021. (Lecture)
10. "Course Director: Essentials of Addiction Medicine". Medmastery E-Learning Platform, Salzburg, Salzburg, February 2022. (Lecture)
11. "Managing Opioid Use Disorder in the Hospital". Hackensack Medical Center Medical Grand Rounds, Medical Grand Rounds, March 2022. (Lecture)

12. "Bridging Care for Patients With Stimulant Use Disorders". Catawba Valley Medical Center Medical Grand Rounds, Hickory, NC, April 2022. (Lecture)
13. "Medications for Alcohol Use Disorder; Musculoskeletal Exam of the Shoulder; Stimulant Use Disorders". University of Vermont School of Medicine Visiting Professorship , Burlington, VT, May 2022. (Lecture)
14. "Get in the Spirit with Ambulatory Alcohol Withdrawal". The Curbsiders Addiction Medicine Podcast, <https://thecurbsiders.com/addiction>, July 2022. (Other)
15. "Alcohol Use Disorder". American Society of Addiction Medicine, ASAM Review Course, Chicago, IL, July 2022. (Lecture)
16. "The Role of the Physical Exam". Lecturio Live Stream, Lecturio On-Line platform, August 2022. (Lecture)
17. "Addiction Medicine in the Primary Care Setting". Cano Health Annual Conference: Healthcare World of Tomorrow, San Diego, CA, September 2022. (Lecture)
18. "Musculoskeletal Exam, Workshop Director". Cano Health Annual Conference: Healthcare World of Tomorrow, San Diego, CA, September 2022. (Demonstration)
19. "Pharmacotherapy for Alcohol Use Disorder". St. Joseph Medical Center Medical Grand Rounds, South Bend, Indiana, October 2022. (Lecture)
20. "Low-Dose Buprenorphine Induction". Penn State University Addiction Medicine Fellowship Program Noon conference, Noon conference, October 2022. (Lecture)
21. "Current Trends in Substance Use". Substance Use Ethics Conference, Mental Health America of the MidSouth, April 2023. (Lecture)
22. "Course Director: Outpatient Procedures". MedMastery E-Learning Platform, Salzburg, Salzburg, May 2023. (Lecture)
23. "Treatment of Alcohol Use Disorder". American Society of Addiction Medicine, Live Virtual Course, ASAM E-learning platform, June 2023. (Lecture)
24. "Treatment of Alcohol Use Disorder". American Society of Addiction Medicine, ASAM Virtual/Live Course, ASAM eLearning Platform, September 2023. (Lecture)
25. "Medications for Alcohol Use Disorder; Management of Acute Pain and Opioid Use Disorder". University of Pennsylvania School of Medicine, Visiting Professorship, Philadelphia, PA, November 2023. (Lecture)
26. "Medications for Alcohol Use Disorder". Medical Grand Rounds, Kigali, Kigali City, January 2024. (Lecture)
27. "Understanding Addiction: A case-based discussion". UVM Clerkship Orientation, UVM 3rd year Clerkship Orientation, March 2024. (Lecture)
28. "Prescribing Medications for Alcohol Use Disorder for Individuals with Liver Disease". American Society of Addiction Medicine Annual Meeting, Dallas, TX, April 2024. (Lecture)
29. "Outpatient Management of Alcohol Withdrawal". Massachusetts Department of Public Health, Bureau of Substance Addiction Services (DPH/BSAS), SUD Care Continuum, ECHO, May 2024. (Lecture)
30. "Medications for Alcohol Use Disorder in Individuals with Liver Disease". Providers Clinical Support System, Virtual-Live Course, <https://learning.pcss-maud.org/products/medications-for-alcohol-use-disorder-in-individuals-with-liver-disease>, June 2024. (Lecture)
31. "Clinical Reasoning and Formulating a Differential Diagnosis". Lecturio Free On-Line Events, <https://www.lecturio.com/inst/resources/past-events/>, July 2024. (Lecture)

32. "MAUD Integration in Healthcare Settings". Providers Clinical Support System-MAUD, Providers Clinical Support System Webinar, <https://www.pcss-maud.org/events/pcss-maud-maud-integration-in-healthcare-settings>, August 2024. (Lecture)
33. "Course Director: Essentials of Addiction Medicine Workshop". MedMastery E-Learning Platform, Salzburg, Salzburg, September 2024. (Lecture)
34. "Enhancing Alcohol Use Disorder (AUD) Treatment with Medications for AUD (MAUD)". Boston Medical Center, Grayken Center for Addiction Training Live Event, Virtual Meeting, September 2024. (Lecture)
35. "Bedside Beyond the Physical Exam: Strategies to Bring Learners Back to the Bedside". Alliance for Academic Internal Medicine, AAIM Webinar, October 2024. (Lecture)
36. "Managing In-Hospital Substance Use". The American Society of Addiction Medicine Practice Pearls Podcast, <https://asampracticepearls.podbean.com>, February 2025. (Other)
37. "Creating Realistic Follow-Up Plans for Unstable Patients". The American Society of Addiction Medicine Practice Pearls Podcast, <https://asampracticepearls.podbean.com>, February 2025. (Other)
38. "Teaching the Physical Exam". Lecturio, Ltd, Lecturio Free On-Line Events, <https://www.lecturio.com/inst/resources/past-events/>, February 2025. (Lecture)
39. "Get in the Spirit with Ambulatory Alcohol Withdrawal". The Curbsiders Addiction Medicine Podcast, <https://thecurbsiders.com/addiction>, March 2025. (Other)
40. "Overcoming Barriers to MOUD at Discharge: Ensuring Continuity of Care from Skilled Nursing Facilities". The American Society of Addiction Medicine Practice Pearls Podcast, <https://asampracticepearls.podbean.com>, March 2025. (Other)
41. "His best friend was Alcohol.. I wanted my best friend back" - Diagnosing Alcohol Use Disorder (Part I)". Primary Care Pearls Podcast, <https://www.buzzsprout.com/1980576/episodes/16762542>, March 2025. (Other)
42. "You need to create a new life, whatever that life is gonna be" - Managing Alcohol Use Disorder (Part II)". Primary Care Pearls Podcast, <https://www.buzzsprout.com/1980576/episodes/16825904>, March 2025. (Other)
43. "Assessment and Treatment of Alcohol Withdrawal". American Society of Addiction Medicine, ASAM Annual Meeting, Denver, CO, April 2025. (Lecture)
44. "Medications for Alcohol Use Disorder". Medstar Health, Medstar Health Baltimore - Grand Rounds, Virtual Grand Rounds, September 2025. (Lecture)
45. "Natural History of Addiction", "Treatment of Opioid Use Disorder", "Advanced Treatment Modalities for Opioid Use Disorder". Catawba Valley Addiction Medicine Summit, Keynote Speaker, Hickory, NC, October 2025. (Lecture)
46. "Ambulatory management of alcohol withdrawal". Grayken Center for Addiction Training Live Event, ECHO Virtual education series, November 2025. (Lecture)
47. "Pre-Conference course: Benzodiazepine Tapering Decisions - Basic Principles through Complex Management". ASAM Annual Meeting, San Diego, CA, April 2026. (Lecture)

Regional

1. "The Physical Exam: Revitalizing Yesterday's Tools for Today's Practitioners". St. Vincent's Hospital Medical Grand Rounds, Bridgeport, CT, January 2015. (Lecture)

2. "Cocaine: Ancient Elixir, Modern Calamity". St. Vincent's Hospital Medical Grand Rounds, Bridgeport, CT, January 2015. (Lecture)
3. "Addiction Relapse and Recovery". Town of Cheshire, Opioid Addiction Forum, Cheshire, CT, January 2016. (Lecture)
4. "Unhealthy Drinking and Oral Health". New Haven Dental Hygienists Association, West Haven, CT, January 2016. (Lecture)
5. "Examination of the painful knee". American College of Physicians, Connecticut Chapter, Annual Meeting, Workshop Director, Southington, CT, January 2016. (Lecture)
6. "Doctors Who Prescribe Painkillers Face Tough Decisions And Minimal Training". National Public Radio Interview, Hartford, CT, January 2016. (Other)
7. "For Patients Suffering From Heroin Addiction, Suboxone Can Provide One Road Out". National Public Radio Interview, Hartford, CT, January 2016. (Other)
8. "Why Are So Many Suboxone Patients Buying the Drug on the Street?". National Public Radio Interview, Hartford, CT, January 2016. (Other)
9. "Unhealthy Drinking". Hispanic Nurses Association, Education Conference Series, New Haven, CT, January 2017. (Lecture)
10. "Putnam's Gambit and the Case of the Duplicitous Lymph Node". St. Vincent's Hospital Medical Grand Rounds, Bridgeport, CT, January 2017. (Lecture)
11. "Unhealthy Drinking: What's Our Disorder?". St. Vincent's Hospital Medical Grand Rounds, Bridgeport, CT, January 2018. (Lecture)
12. "Understanding Opioid Addiction". Connecticut Probate Judge Assembly Meeting, New Britain, CT, January 2018. (Lecture)
13. "Unhealthy Drinking: What's Our Disorder?". Hospital of Central Connecticut Medical Grand Rounds, New Britain, CT, January 2019. (Lecture)
14. "Urine Drug Testing: From Safe Prescribing to Recognizing Addiction". St. Vincent's Medical Center Medical Grand Rounds, Bridgeport, CT, December 2021. (Lecture)
15. "Treatment for Alcohol Use Disorder in a Hospital Setting". Connecticut Behavioral Health Partnership Educational Forum, Zoom Webinar, Course Co-Director, December 2021. (Lecture)
16. "Opioids: From Safe Prescribing to Recognizing Addiction". New England AIDS Education and Training Center Grand Rounds, Grand Rounds, January 2022. (Lecture)
17. "Medications for Alcohol Use Disorder". Community Health Network of Connecticut, Project ECHO Virtual Clinic, June 2022. (Lecture)
18. "Ambulatory management of alcohol withdrawal". Hartford Healthcare, Hartford Healthcare Medical Grand Rounds, Bridgeport, CT, September 2022. (Lecture)
19. "Changing the Narrative on Substance Use". The Power of Media, Hosted by CT Alcohol and Drug Policy Council's Prevention Subcommittee, February 2023. (Lecture)
20. "Next Level Buprenorphine: Incorporating XR-Bup into clinical practice". CTAIDS Education and Training Center, NEAETC Grand Rounds, Virtual platform, June 2023. (Lecture)
21. "Drug and Alcohol in the Workplace". Middlesex County Chamber of Commerce Educational Conference, Middletown, CT, October 2023. (Lecture)
22. "Managing Opioid Use Disorder in the Hospital". Griffin Hospital, Medical Grand Rounds, Derby, CT, May 2024. (Lecture)
23. "The Role of Contingency Management in treating CUD". Hartford Healthcare, Clinical issues for SUD treatment conference, June 2024. (Lecture)

24. "Why are there more problems with drugs and alcohol during the holidays?". NBC-CT News at 7pm Interview, Live NBC-CT news interview, November 2024. (Other)
25. "Weight loss drugs could also help alcohol cravings". WTNH TV Channel 8 News at 5:30. Interview with Lisa Carberg. , WTNH TV Live Interview, December 2024. (Other)
26. "Tips for navigating your first Christmas sober". WTNH TV Channel 8 News at 5:30. Interview., WTNH TV Channel 8 News, December 2025. (Oral Presentation)

Peer-Reviewed Presentations Given at Meetings Not Affiliated With Yale:

International/National

1. Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents. Society for General Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Siddharthan, T.), Denver, CO, January 2013. (Poster Presentation)
2. Chief Resident Workshop on Conflict Resolution. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Orlando, FL, January 2013. (Lecture)
3. Early support for a grass-roots, Team-based approach to ambulatory care in a resident clinic. Society for General Internal Medicine, Annual Meeting, (Contributing Author, Lead Author: Segar, N.), San Diego, CA, January 2014. (Poster Presentation)
4. The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine. Association for Medical Education and Research in Substance Abuse, Annual Meeting, (Lead Author), Washington, DC, January 2015. (Oral Presentation)
5. The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine. Society for General Internal Medicine, Annual Meeting, (Lead Author), Toronto, ON, January 2015. (Poster Presentation)
6. Muddled Waters? Ulcerative Colitis vs Shigellosis: Diagnostic errors in a patient with bloody diarrhea. Society for General Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Luk, J.), Toronto, ON, January 2015. (Poster Presentation)
7. Strategies for Teaching at the Bedside. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Director, Houston, TX, January 2015. (Lecture)
8. Spring Education Pre-Course: Integrating Coaching Into Your Residency Program. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Houston, TX, January 2015. (Lecture)
9. Ischemic Colitis: The body's quick cure for polycythemia vera. American Geriatrics Society, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Marcus, B), Washington, DC, January 2015. (Poster Presentation)
10. Workshop: Strategies for Teaching the Musculoskeletal Exam. New England Group on Educational Affairs, Annual Meeting, Workshop Co-Director, Worcester, MA, January 2015. (Lecture)
11. When Less is More: A Practical, Patient-Centered Guide to Tapering Prescription Opioids.. Association for Medical Education and Research in Substance Abuse, Annual Meeting, Workshop Facilitator, Washington, DC, January 2017. (Oral Presentation)
12. Resilience, compassion, joy. Fostering a meaningful life in the practice of medicine.. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Dallas, TX, January 2017. (Oral Presentation)

13. Flipping the classroom on interview day. Association of Program Directors in Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Moriarty J.), Dallas, TX, January 2017. (Poster Presentation)
14. The impact of injectable naltrexone on antiretroviral therapy adherence, HIV viral load, and drinking in HIV-positive heavy drinkers. Poster Presentation (Contributing Author, Lead Author: Edelman, J.), Research Society on Alcoholism, Annual Meeting, Denver, CO, January 2017. (Poster Presentation)
15. Multi-site qualitative study on the characteristics of effective chief resident-led morning reports in internal medicine residency. Society for General Internal Medicine, Northeast Regional Meeting, Poster Presentation, (Senior Author, Lead Author: Yang, Y.), Boston, MA, January 2017. (Poster Presentation)
16. "This Is On Us": Building addiction treatment education in a primary care resident clinic.. Workshop Facilitator, Association of Program Directors in Internal Medicine, Annual Meeting, San Antonio, TX, January 2018. (Oral Presentation)
17. Resident Co-facilitation of Shared Medical Appointments for Patients with Substance Use Disorders: Impact on Confidence, Knowledge, and Attitudes in Treating Addiction. AMERSA, Annual Meeting, Poster Presentation (Senior Author, Lead Author: Salwan, J), Boston, MA, January 2019. (Poster Presentation)
18. Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report.. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Philadelphia, PA, January 2019. (Lecture)
19. Requirements for an Automated Warm Handoff from the ED to Opioid Treatment Centers.. Poster Presentation (Contributing Author, Lead Author: Melnick, T.), Society for Academic Emergency Medicine, Annual Meeting, Las Vegas, NV, January 2019. (Poster Presentation)
20. Spring Education Pre-Course: Addiction Medicine in Internal Medicine Training - Treatment of Opioid Use Disorder and Other Addictions. Co-Director, Association of Program Directors in Internal Medicine, Annual Meeting, Philadelphia, PA, January 2019. (Lecture)
21. Developing Resident CHAMP-ions to Practice Behavioral Health and Addiction Medicine in Primary Care. Poster Presentation (Contributing Author, Lead Author: Morford, K.), AMERSA, Annual Meeting, Boston, MA, October 2020. (Poster Presentation)
22. Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report. Association for Program Directors in Internal Medicine (APDIM), Annual Meeting, Workshop Facilitator, Charlotte, NC, April 2022. (Lecture)
23. Cohen SM, Alyssa Peterkin, **Holt SR** . Workshop: Ambulatory management of alcohol withdrawal. AMERSA Annual Meeting, Boston, MA, November 2022. (Lecture)
24. Cavallo DA, Nicholaus Christian, **Holt SR** . Integrating Contingency Management Into an Academic Outpatient Addiction Clinic for Patients With Cocaine Use Disorder. AMERSA, Annual Meeting, Boston, MA, November 2022. (Oral Presentation)
25. Yihan Yang, Katherine Gielissen, Geoffrey Connors, **Holt SR** . Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report. Workshop Facilitator, Association of Program Directors in Internal Medicine, Annual Meeting, Austin, TX, April 2023. (Lecture)
26. Yihan Yang, Katherine Gielissen, Geoffrey Connors, **Holt SR** . Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report. Workshop Facilitator, Association of Program Directors in Internal Medicine, Annual Meeting, Columbus, OH, April 2024. (Lecture)

27. **Holt SR** . Strengthening relationships between internal medicine (IM) residents and patients with substance use disorder (SUD) via development of an addiction medicine (AM) training track. Society for General Internal Medicine Annual Meeting, Boston, MA, May 2024. (Poster Presentation)
28. Merchant N, Kencee Graves, Cherinne Arundel, **Holt SR** , Hussain Khawaja. Stepping Out of the Hallway and to the Bedside: Creating Patient Centeredness and Meaningful Learning Beyond Physical Diagnosis Skills. Society for General Internal Medicine Annual Meeting, Boston, MA, May 2024. (Lecture)
29. Anthony Aspesi, Rachael Truchil, **Holt SR** . Mind the Gap: Bringing Addiction Medicine to your Residency Training Program. APDIM Annual Meeting, Minneapolis, MN, September 2024. (Lecture)
30. **Holt SR** . Direct Observations in the Ambulatory Setting. Alliance for Academic Internal Medicine, AAIM Webinar, AAIM Webinar, October 2024. (Lecture)
31. Rahman N, Enciso GC, Hamdan S, **Holt SR** . Buprenorphine for Pain in Sickle Cell Disease: A Case Series. AMERSA, Annual Meeting, Chicago, IL, November 2024. (Poster Presentation)
32. Judy S. Chertok, Irina (Era) Kryzhanovskaya, Rachael Truchil, **Holt SR** . From Tabs to Jabs: Practical Tips to provide Long-Acting Injectable Buprenorphine. ASAM Annual Meeting, Denver, CO, April 2025. (Lecture)
33. Jolene Bressi, **Holt SR** , Butner JL, Bernie Silvernail. Tapering with Care: Complementary Strategies for Benzodiazepine Deprescribing Across Clinical Contexts. AMERSA Annual Meeting, Portland, OR, November 2025. (Lecture)

Regional

1. Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents. Northeast Regional Meeting, Society for General Internal Medicine, Oral Presentation, (Senior Author, Lead Author: Siddharthan, T.), New Haven, CT, January 2013. (Oral Presentation)
2. Stealthy schistocytes: a Case of TTP masquerading as hypertensive urgency. Connecticut Meeting, American College of Physicians, Poster Presentation, (Senior Author, Lead Author: Black, A.), Southington, CT, January 2014. (Poster Presentation)
3. The pressure is on: A case of a young woman presenting with PRES diagnosed with Acute Intermittent Porphyria. Connecticut Meeting, American College of Physicians, Poster Presentation, (Senior Author, Lead Author: Giaimo, A.), Southington, CT, January 2015. (Poster Presentation)
4. Posterior Reversible Encephalopathy Syndrome in a Young Woman Eventually Diagnosed with Acute Intermittent Porphyria. Northeast Regional Meeting, Society for General Internal Medicine, Annual Meeting, Oral Presentation, (Senior Author, Lead Author: Giaimo, A), New Haven, CT, January 2016. (Oral Presentation)
5. Keys to improving trainee satisfaction in the ambulatory setting. Poster Presentation, (Contributing Author, Lead Author: Stepzinski, Y.), Northeast Regional Meeting, Society for General Internal Medicine, Annual Meeting, New Haven, CT, January 2016. (Poster Presentation)
6. Development and Assessment of Clinician Acceptability for a Medication Decision-Making Software Application. Poster Presentation (Senior Author, Lead Author: Ong, S.), American College of Physicians, Connecticut Chapter, Annual Meeting, Southington, CT, January 2018. (Poster Presentation)

7. Multi-site qualitative study on the role of morning report in internal medicine residency. Connecticut Meeting, American College of Physicians, Poster Presentation (Senior Author, Lead Author: Yang, Y.), Southington, CT, January 2018. (Poster Presentation)
8. Multi-site qualitative study on the characteristics of effective chief resident-led morning reports in internal medicine residency. Oral Presentation (Senior Author, Lead Author: Elisseu, S.), New England Group on Educational Affairs, Annual Meeting, Hempstead, NY, January 2018. (Oral Presentation)
9. Borelli C, Morford K, **Holt SR**, Weimer MB, Butner JL, Biegacki E. Responsive Integration of Substance Use Education" (RISE): An Innovative Longitudinal Addiction Medicine Curriculum for Yale Health Professions Students. SGIM Northeast Regional Annual Meeting, Boston, MA, November 2025. (Oral Presentation)

Professional Service:

Peer Review Groups/Grant Study Sections

2011	Expert Panel Member, Agency for Healthcare Research and Quality, Expert Reviewer for AHRQ report, "Screening, Behavioral Counseling, and Referral in Primary Care to Reduce Alcohol Misuse
2018 - 2019	Expert Panel Member, American Society of Addiction Medicine, Clinical Champion for ASAM Alcohol Withdrawal Management Guideline Development Project

Advisory Boards

2024 - Present	Consultant, PCSS-Medications of Alcohol Use Disorder Clinical Advisory Board, American Society of Addiction Medicine
2024 - 2025	Course Syllabus Designer and Speaker, 2024 Advanced Buprenorphine Education Initiative, American Society of Addiction Medicine
2025 - Present	Expert Panel Member, Alcohol Withdrawal Syndrome Guidelines, CHEST
2025	Expert Panel Member, Alcohol Use Disorder: Clinical Practice Considerations for Treatment Delivery, Reagan-Udall Foundation for the FDA

Journal Services

Reviewer

2010 - 2024	Reviewer, Journal of General Internal Medicine
2015 - 2019	Reviewer, Journal of Substance Abuse Treatment
2024 - Present	Reviewer, British Medical Journal, BMJ Best Practice peer review: Alcohol Use Disorder

Professional Organizations

American Academy of Addiction Psychiatry (AAAP), Providers Clinical Support System (PCSS) Certified trainer, Medications for Addiction Treatment (MAT)

2016 - 2024 Instructor, American Academy of Addiction Psychiatry (AAAP), Providers Clinical Support System (PCSS) Certified trainer, Medications for Addiction Treatment (MAT)

American Academy of Addiction Psychiatry (AAAP), Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH)

2019 - 2024 Mentor, American Academy of Addiction Psychiatry (AAAP), Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH)

American Society of Addiction Medicine, Connecticut Chapter

2025 - Present Member, American Society of Addiction Medicine, Connecticut Chapter

American Society of Addiction Medicine: Substance-Specific Education Committee

2025 - Present Chair, American Society of Addiction Medicine: Substance-Specific Education Committee

New England Group on Educational Affairs

2014 Chair, New England Group on Educational Affairs, Chair, Student/Resident Track Subcommittee, Annual Meeting Planning Committee

Society of General Internal Medicine

2012 - 2018 Abstract Reviewer, Society of General Internal Medicine, SGIM, Regional Meeting

Society of General Internal Medicine Northeast Regional Meeting: Abstract Review Committee

2015 Chair, Society of General Internal Medicine Northeast Regional Meeting: Abstract Review Committee

Society of General Internal Medicine: Northeast Regional Meeting

2017 - 2018 Judge, Society of General Internal Medicine: Northeast Regional Meeting, Oral presentation judge/facilitator, Innovations in Medical Education

The Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA)

2023 - Present Abstract Reviewer, The Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA), Podcast proposal reviewer

The Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA): Diversity Committee

2021 - Present Committee Member, The Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA): Diversity Committee

Yale University / Hospital System

Medical School

2007 - Present Member, Yale University, Clinical Competence Committee, Residency Program
2007 - Present Member, Yale University, Intern Selection Committee, Residency Program
2012 - 2015 Member, Yale University, Internal Medicine Residency Evaluations Committee
2012 - Present Member, Yale University, Internal Medicine Residency Executive Education Committee
2013 - 2014 Chair, Yale University, Clinical Competence Committee, Residency Program
2013 - 2018 Member, Yale University, Working Group for Planning Medical Education Day
2014 - 2015 Chair, Yale University, Ambulatory Policies Committee, St. Raphael's Campus-Adult Primary Care Center
2015 - 2018 Member, Yale University, Ambulatory Leadership Committee, St. Raphael's Campus-Adult Primary Care
2018 - Present Chair, Yale University, Clinical Competence Committee, Addiction Medicine Fellowship

Department

2025 - Present Member, Yale School of Medicine, Department of Internal Medicine: Partners in Collaborative Excellence (PaCE)

Hospital

2007 - 2008 Member, Waterbury Hospital, Medical Informatics Committee, Waterbury Hospital
2008 - 2011 Member, Waterbury Hospital, Serious Events Committee, Waterbury Hospital
2012 Chair, Waterbury Hospital, Surgical Residency Internal Review Committee, Waterbury Hospital
2015 - 2017 Member, Yale New Haven Hospital, Medical Executive Committee, YNHH-St. Raphael's Campus
2022 - 2023 Member, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee: Medications for Opioid Use Disorder, For outpatient maintenance of medications for opioid use disorder
2023 Member, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee: Opioid Use Disorder During Pregnancy
2023 Chair, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee: Outpatient Management of Alcohol Use Disorder

Public Service / Media Presence

Public Service

1994 - Present	Volunteer, Habitat for Humanity
2017 - 2020	Participant, Cheshire Historical Society, Performer in the "Spirits Alive" Annual Outdoor Theatrical Production produced by the Cheshire Historical Society
2018 - Present	Director, Cheshire Historical Society, "Spirits Alive" Annual Outdoor Theatrical Production produced by the Cheshire Historical Society

Bibliography:

Peer-Reviewed Original Research

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