

## Yudilyn Jaramillo, MPH

Home address:  
98 Gerrish Avenue  
East Haven, CT 06512  
Cell: 203-589-0514  
Email: yjaramillo1@msn.com

Office address:  
34 Park Street Office# W106  
New Haven, CT 06512  
Office Number: 203-974-5807  
Email: [yudilyn.jaramillo@yale.edu](mailto:yudilyn.jaramillo@yale.edu)

### EDUCATION

- |              |   |
|--------------|---|
| January 2013 | <b>Master of Public Health (MPH)</b><br>Lehman College (CUNY), NY<br>Department of School and Sciences, Human Services and Nursing, Public Health<br>Capstone project: <i>Do public schools in the US follow the National Guidelines on Asthma Management for Classroom Teachers?</i> |
| May 2010     | <b>Bachelor of Arts (BA)</b><br>Lehman College (CUNY), NY<br>Department of School and Sciences, Human Services and Nursing, Speech-Language – Hearing Sciences  |
| January 2005 | <b>Bachelor of Science (BS)</b><br>Hunter College (CUNY), NY<br>School of Urban Public Health, Community Health Education   |
| May 1999     | <b>Associates in Arts (AA)</b><br>Borough of Manhattan Community College School (CUNY), NY<br>Liberal Arts  |

### PUBLIC HEALTH EXPERIENCE

- |                       |  |
|-----------------------|--|
| April 2018-Present    | <b>Research Assistant I- Research Assistant II</b> , Yale University/Department of Psychiatry, New Haven, CT <ul style="list-style-type: none"> <li>• Project coordinator on two R01 grants funded by NIDA and NIAAA</li> <li>• Created and edited storyboards for culturally/linguistically adapted computer-based cognitive behavior therapy (CBT) protocol for Spanish-speaking substance users</li> <li>• Collaborated on the directing, producing, and editing of the CBT storyline</li> <li>• Transcribed interview data</li> <li>• Conducted multi-site study recruitment and data collection and continue to do so</li> <li>• Collected breath and urine specimen via rapid testing and breathalyzer from Participants and continue to do so</li> <li>• Currently participating in weekly data meetings, data entry, and data analysis</li> <li>• Currently, contribute to manuscript preparation</li> <li>• Currently prepare and provide weekly status reports on study progress to research team</li> <li>• Member of Yale's Psychiatry Workplace survey committee</li> <li>• Member of Yale's Psychiatry Staff Anti-Race task force</li> <li>• Collaborated as an RA with the psychology department on a NIDA sponsored study based on cognitive remediation as an add-on to treatment as usual for Substance Use Disorders</li> </ul> |
| April 2014-April 2018 |  |

- June 2012- April 2014  
October 2009-June 2012
- Research Specialist- Outreach Specialist**, Montefiore Medical Center, The Children's Hospital at Montefiore, Department of Pediatric, Bronx, NY
- Data collection by conducting in-home and phone surveys
  - Conducted study recruitment for two studies from different sites (the Montefiore Medical Center and four public schools in the Bronx)
  - SPSS data entry
  - Collaborated on the development of follow-up surveys
  - Piloted data collection instruments
  - Implemented the intervention: “Wee Wheezers” home educational program for caregivers and children
  - Trained new employees in study protocol
  - Translated surveys and lesson plans into Spanish
  - Transcribed interview data
  - Nvivo analysis of teacher interviews
- October 2005-December 2007
- Health Educator**, Health Plus, Department of Community Outreach, Brooklyn, NY
- Facilitated educational workshops throughout the four boroughs
  - Conducted site development
  - Researched information to update department curricula
  - Translated workshop curricula from English to Spanish to facilitate workshop
  - Collaborated on research/preparation of newsletter
  - Wrote articles for employee/member newsletters for about 6 months
  - Trained new employees on departmental/organizational policies
  - Organized activities for department meetings and constructed agenda of importance
- March 2005-June 2005
- Health Educator**, East Harlem Asthma Working Group (EHAWG), New York, NY
- Obtained training from American Lung Association to do the Open-Air Ways For schools program
  - Implemented the Open-Air Ways in schools’ program and trained additional personnel
  - Assisted supervisor in the recruitment of schools for the implementation of the Open Air Ways for school’s program
  - Acted as liaison between other organizations and EHAWG
- April 2004-June 2004
- Recruiter**, Hunter College, Latino Healers Project, New York, NY
- Conducted outreach work in Washington Heights and adjacent communities
  - Met with Botanica owners to obtain permission to conduct research about Latino healers’ practices
  - Counseled students on proper behavior and expectations of the organization
- September 2004-December 2004
- Health Education Intern (Internship)** Metropolitan Hospital Center, New York, NY
- Prepared lesson plans and implemented Health Education workshops at senior centers
  - Assisted supervisor in blood pressure screening of seniors
  - Participated in events such as health fairs, and the Take Care NY event
  - Collaborated in the implementation of Diabetes Support group, ACS Look Good, Feel Better program, and asthma management program
  - Facilitated translation for Spanish speaking participants of Diabetes Support group, ACS Look Good, Feel Better program, and asthma management program
  - Performed glucose screenings at senior centers and international consulates
  - Participated in hospital team for the Diabetes Walk and the ACS Making Strides walk
  - Conducted workshops at Head Starts for Pre-K and K on the Early Childhood Health series programs from Metropolitan

## TEACHING EXPERIENCE

- December 2007-June 2009      **Substitute teacher**, New York City Department of Education, Brooklyn, NY
- Substituted for subject teachers throughout three different districts in Manhattan
  - Implemented Lesson Plan provided by teachers
- June 1999- August 1999      **Counselor and Art teacher / Summer Program**, Morning Side Park in Harlem, New York, NY
- Created activities such as arts and crafts
  - Demonstrated activities and taught concepts of crafts to obtain a finished product
  - Supervised children ages of 6 to 14 while in extracurricular activities

## PROFESSIONAL DEVELOPMENT

**Computer Skills:** Microsoft Office, SAS, SPSS, PowerPoint, Excel, NVivo

**Languages:** Spanish (Fluent)

**Research Trainings:** Good Clinical Practice (GCP) Training, Human Subject Protection Training

**PRESENTATIONS**      Cultural Adaptation of a Computerized CBT Program for Spanish-speakers with Substance Use Disorders

## PUBLICATIONS

Reviewed Kew KM, Carr R, Donovan T, Gordon M. Asthma education for school staff. Cochrane Database of Systematic Reviews 2017, Issue 4. Art. No.: CD012255. DOI: 10.1002/14651858.CD012255.pub2

Reznik, M., **Jaramillo, Y.**, Wylie-Rosett, J. Demonstrating and Assessing MDI-Spacer Technique: Pediatric Care Providers' Self-Reported Practices and Perceived Barriers. *Journal of Clinical Pediatrics*. 2014, 53(3), 270-276. doi: 10.1177/0009922813512521

**Jaramillo, Y.**, Reznik, M. Do United States Teachers Adhere to the National Guidelines on Asthma Management in the Classroom. A Systematic Review. *Scientific World Journal*. 2015, 624828. doi: 10.1155/2015/624828

Paris, M., Silva, M. A., Añez-Nava, L., **Jaramillo, Y.**, Kiluk, B. D., Gordon, M. A., Nich, C., Frankforter, T. L., DeVore, K.A., Ball, S. A., & Carroll, K. M. Randomized clinical trial of a culturally adapted computer-based version of cognitive behavioral therapy for Spanish-speaking individuals with substance use disorders. *American Journal of Public Health*. 2018, 108: 1535-1542. doi:10.2105/AJPH.2018.304571.

Paper resubmit status (*JSAT\_2019\_196*): Silva, M., **Jaramillo, Y.**, Paris, M., Añez-Nava, L., Frankforter, T., Kiluk, B. D Changes in DSM Criteria Following a Culturally-Adapted Computerized CBT for Spanish-Speaking Individuals with Substance Use Disorders. *Journal of Substance Abuse Treatment*. 2019