

YUDILYN JARAMILLO

Public Health Professional

PROFESSIONAL SUMMARY

Dedicated professional with 10+ years of experience supporting public health policies for target populations and nonprofit environments. Possess extensive knowledge of health care processes and am adept at educating providers on disease prevention and health promotion. Public Health professional with expertise in mental health, substance use, and asthma research. Looking to advance access to behavioral health treatment for minority populations, as well as to investigate and help dissipate the health inequalities these individuals face.

EMPLOYMENT HISTORY

TEACHING ASSISTANT

Rutgers University

Jan 2023 - Present

New Brunswick, NJ

- Supporting faculty in the "Intro to Biostatistics" course in a fully online setting, and providing necessary assistance with the LMS software.
- Attending all scheduled course meetings, as determined by the faculty member.
- Offering valuable feedback and constructive guidance to students by grading assignments and upholding academic standards.
- Addressing student inquiries and concerns promptly and effectively.
- Providing support with research assignments.

RESEARCH ASSOCIATE

Yale University

Mar 2022 - Present

New Haven, CT

- Project Coordinator report on the status of research activities on a hospital study.
- Collect data through complex scientific experiment structures and interviews for research projects.
- Writes and edits material for publication and presentation.
- Assist with developing and implementing research protocols, ensuring compliance with regulatory requirements, and conducting quality assurance audits to identify areas for improvement.
- Oversees and instructs research and support staff on technical procedures, equipment operation, and laboratory maintenance. Schedules and coordinates research activities.
- Identifies and recruits study participants.
- Orders and maintains an inventory of supplies.

RESEARCH ASSISTANT

Yale University

Apr 2014 - Mar 2022

New Haven, CT

- Project coordinator on two R01 grants funded by NIDA and NIAAA.
- Created and edited storyboards for culturally/linguistically adapted computer-based cognitive behavior therapy (CBT) protocol for Spanish-speaking substance users.
- Collaborated on the directing, producing, and editing of the CBT storyline.
- Transcribed interview data.
- Conducted multi-site study recruitment and data collection.
- Collected breath and urine specimen via rapid testing and breathalyzer from participants.
- Participating in weekly data meetings, data entry, and data analysis.
- Contribute to manuscript preparation.
- Prepare and provide weekly status reports on study progress to research team.
- Member of Yale's Psychiatry Workplace survey committee.
- Collaborated as an RA with the psychology department on a NIDA sponsored study based on cognitive remediation as an add-on to treatment as usual for Substance Use Disorders.

RESEARCH SPECIALIST

Montefiore Medical Center

Oct 2009 - Apr 2014

Bronx, NY

- Data collection by conducting in-home and phone surveys.

- Conducted study recruitment for two studies from different sites (the Montefiore Medical Center and four public schools in the Bronx).
- SPSS data entry.
- Collaborated on the development of follow-up surveys.
- Piloted data collection instruments.
- Implemented the intervention: “Wee Wheezers” home educational program for caregivers and children.
- Trained new employees in study protocol.
- Translated surveys and lesson plans into Spanish.
- Transcribed interview data.
- Nvivo analysis of teacher interviews.

HEALTH EDUCATOR

Oct 2005 - Dec 2007
Brooklyn, NY

Health Plus

- Facilitated educational workshops throughout the four boroughs.
- Conducted site development.
- Researched information to update department curricula.
- Translated workshop curricula from English to Spanish to facilitate workshop.
- Collaborated on research/preparation of newsletter.
- Wrote articles for employee/member newsletters for about 6 months.
- Trained new employees on departmental/organizational policies.
- Organized activities for department meetings and constructed agenda of importance.

HEALTH EDUCATOR

Mar 2005 - Jun 2007
New York, NY

East Harlem Asthma Working Group (EHAWG)

- Obtained training from American Lung Association to do the Open-Air Ways For schools program.
- Implemented the Open-Air Ways in schools’ program and trained additional personnel.
- Assisted supervisor in the recruitment of schools for the implementation of the Open Air Ways for school’s program.
- Acted as liaison between other organizations and EHAWG.

RECRUITER

Apr 2014 - Jun 2014
New York, NY

Hunter College

- Supporting faculty in the “Intro to Biostatistics” course in a fully online setting, and providing necessary assistance with the LMS software.
- Attending all scheduled course meetings, as determined by the faculty member.
- Offering valuable feedback and constructive guidance to students by grading assignments and upholding academic standards.
- Addressing student inquiries and concerns promptly and effectively.
- Providing support with research assignments.

HEALTH EDUCATION INTERN

Sep 2004 - Dec 2004
New York, NY

Metropolitan Hospital

- Prepared lesson plans and implemented Health Education workshops at senior centers.
- Assisted supervisor in blood pressure screening of seniors.
- Participated in events such as health fairs, and the Take Care NY event.
- Collaborated in the implementation of Diabetes Support group, ACS Look Good, Feel Better program, and asthma management program.
- Facilitated translation for Spanish speaking participants of Diabetes Support group, ACS Look Good, Feel Better program, and asthma management program.
- Performed glucose screenings at senior centers and international consulates.
- Participated in hospital team for the Diabetes Walk and the ACS Making Strides walk.
- Conducted workshops at Head Starts for Pre-K and K on the Early Childhood Health series programs from Metropolitan.

EDUCATION

DOCTORAL IN PUBLIC HEALTH
Rutgers University-New Brunswick

Dec 2024
New Brunswick, CT

SKILLS

Microsoft Office (*Experienced*), Communication (*Skillful*), Teamwork (*Experienced*), Problem solving (*Skillful*), Conflict resolution (*Skillful*), SPSS (*Skillful*), Rstudio (*Skillful*), Data collection (*Expert*), Research (*Experienced*), Project coordination (*Experienced*), Data analysis (*Experienced*), Recruitment (*Expert*), Transcription (*Experienced*), Survey development (*Experienced*), Spanish translation (*Experienced*).

LANGUAGES

English (*Native*), Spanish (*Native*).

LINKS

LinkedIn: [linkedin.com](https://www.linkedin.com).

ADDITIONAL INFORMATION

AWARDS

Department of Psychiatry staff annual awards
(June 2024)

PUBLICATIONS

- Reznik, M., Jaramillo, Y., Wylie-Rosett, 2014. J. Demonstrating, and Assessing MDI-Spacer Technique: Pediatric Care Providers' Self-Reported Practices and Perceived Barriers. *Journal of Clinical Pediatrics*.
- Jaramillo, Y., Reznik, M. Do United States Teachers Adhere to the National Guidelines on Asthma Management in the Classroom. A Systematic Review. *Scientific World Journal*. 2015.
- Paris, M., Silva, M. A., Añez-Nava, L., Jaramillo, Y., et al. 2018. Randomized clinical trial of a culturally adapted computer-based version of cognitive behavioral therapy for Spanish-speaking individuals with substance use disorders. *American Journal of Public Health*.
- Silva, M., Jaramillo, Y., Paris, M., Añez, Nava, L., Frankforte, T., Kiluk, B. D. 2019. Changes in DSM Criteria Following a Culturally Adapted Computerized CBT for Spanish-Speaking Individuals with Substance Use Disorders. *Journal of Substance Abuse Treatment*.
- Edelman EJ, Frankforter T, Rojas-Perez OF, Ablondi K, Castro C, Corvino C, Garcia I, Gordon DM, Jaramillo Y, et al. Promoting race and ethnic diversity in a hospital-based randomized clinical trial to address untreated alcohol use disorder: Initial lessons learned. *JAM*, in press.

PRESENTATIONS

- Cultural Adaptation of a Computerized CBT Program for Spanish-speakers with Substance Use Disorders for the Yale Division of Substance Abuse monthly seminar 5/2024
- The National Latinx Psychological Association 2020 conference a poster proposal on the adaptation of CBT4CBT Spanish randomized clinical trial.
- Department of Psychiatry Anti-Racism Task Force Clinical and Staff Subcommittees Updates-Grand rounds February 25, 2022.
- Examining Hispanic/Latinx high utilizers of hospital behavioral health services during COVID-19 poster presentation at the annual National Collaborative for Education to Address the Social Determinants of Health (NCEAS) conference 2023.
- Engaging Spanish-speaking Latinx adults in clinical trials: Lessons learned from addictions research Yale Addiction Medicine Grand Rounds 5/14/24