**PERSONAL HISTORY**

Date of Birth: December 22, 1976

Citizenship: US, Israel

Family Status: Married, 3 (terrific) boys

**EDUCATION**

2002 B.A., Bar Ilan University, Psychology and Criminology

2004 M.A., Tel Aviv University, Clinical Psychology

2010 Ph.D., Tel Aviv University, Clinical Psychology

2004-2008 Internship, Schneider Children’s Hospital, Clinical Child and Adolescent Psychology

2010-2011 Postdoctoral Fellowship, Yale Child Study Center

**LICENSURE**

2008 - Israel, License to Practice Psychology

2012 - Connecticut, License #003255

**PROFESSIONAL EXPERIENCE**

**Present Position**

2012 - Assistant Professor, Yale Child Study Center

2014 - Faculty, Albert J. Solnit Integrated Child, Adolescent, and Adult Residency Program

2015 - Faculty, T32 Research Training Program in Translational Developmental Neuroscience

2016 - Associate Director, Program for Anxiety Disorders, Yale Child Study Center

**Previous Positions**

2008-2010 Lecturer, Ariel University Center, Israel

2008-2010 Clinical Practice, Self Employed, Israel

2011-2012 Associate Research Scientist, Yale Child Study Center, New Haven, CT

2012-2014 Lecturer, Yale School of Nursing, New Haven, CT

**PROFESSIONAL ACTIVITIES**

**Journal**

Editorial Board: Clinical Psychology Review (2014-)

Journal of Autism and Developmental Disorders (2011-)

Ad Hoc Reviewer: American Journal of Child and Adolescent Psychiatry, Journal of Child Psychology & Psychiatry, Journal of Affective Disorders, Journal of Anxiety Disorders, Expert Review of Neurotherapeutics, European Child & Adolescent Psychiatry, Clinical Child and Family Psychology Review, Clinical Child and Family Psychology Review, Revista Brasileira de Psiquiatria, Depression and Anxiety, Journal of Clinical Child and Adolescent Psychology, Child Psychiatry and Human Development, Psychiatry Research, Journal of the American Psychiatric Nurses Association, Comprehensive Psychiatry, Journal of Adolescent Health, Children's Health Care, Cephalalgia, Journal of Obsessive-Compulsive and Related Disorders, Journal of Psychiatric Research, Movement Disorders, Journal of Consulting and Clinical Psychology, Journal of Psychotherapy and Psychological Disorders, Journal of Abnormal Clinical Psychology

**Grant Review**

US-Israel Binational Science Foundation

Israel Science Foundation

Routh Research and Dissertation Grant

**Professional Committees (Listing External to Yale Only)**

2010-2012 Israel Council of Psychology–Council Member.This is the official government body regulating the practice of psychology in the State of Israel(appointed by Minister of Health)

2014- Public Education Committee - Anxiety and Depression Association of America

**Professional Organizations Memberships**

2010 - Anxiety and Depression Association of America (ADAA)

2010 - International OCD Foundation (IOCDF)

2010 - Association for Behavioral and Cognitive Therapies (ABCT)

2010 - International Association for Non-Violent Resistance Psychology (Founding Member)

2015 - American Psychological Association (APA)

2015 - Division 53 of APA: Society of Clinical Child and Adolescent Psychology

**GRANT SUPPORT (PI only)**

Young Investigator Grant 2014-2016

NARSAD $60,000

Motion tracking for the study of avoidance in childhood anxiety disorders

The major goals of this project are to examine behavioral avoidance using a novel methodology, in youth with and without anxiety disorders.

K23 MH103555-02 2014 – 2018

NIMH $162,551.00

Explanatory Clinical Trial of a Novel Parent Intervention for Childhood Anxiety

The major goals of this project are to examine parent markers of child response to two treatments for childhood anxiety disorders.

UL1 TR000142 2016-2018

NCATS $40,000

Explanatory Clinical Trial of a Novel Parent Intervention for Childhood Anxiety

This major goals of this project to build on my funded clinical trial to examine a child biomarker of response to treatment for childhood anxiety disorders.

**MENTORING/ADVISING ON GRANTS (Not personally receiving financial support)**

16-B-0283 2016-2020

Helsenfonden kr. 200,000

(The Health Foundation), Denmark

Perinatal Synthetic Oxytocin and Child Development

The primary goals of this project are to examine developmental and socioemotional outcomes associated with the use of perinatal oxytocin administration (Pitocin).

Mood Challenge for ResearchKit 2016-2017

Robert Wood Johnson Foundation $200,000

The goal of this project is to develop mobile applications, harnessing Apple’s ResearchKit platform, to further understanding of mood and how it relates to daily life.

Yale Internal Research Award 2016-2018

Ketamine for Prolonged School Refusal in Adolescents.

The primary goals of this project are to preliminarily explore the potential of ketamine in treating chronic absenteeism in youth (pilot study).

**INVITED LECTURES, COLLOQUIA AND WORKSHOPS (Partial List)**

Non-Violent Resistance: A Novel Approach for Coping with Disruptive and Destructive Adolescents. Mara Selvini Palazzoli School of Psychotherapy, Milan, Italy 2007

Coercive-Disruptive Behavior in Obsessive-Compulsive Disorder. Osnabrück University, Germany, 2008

Parent Accommodation of Child Anxiety Symptoms. Tel Aviv University Science and Research Day, 2009

Complications and Innovations in Childhood Anxiety Disorders. Yale Child Study Center Grand Rounds, 2011

Supportive Parenting for Childhood and Adolescent Anxiety. Tel Aviv University School of Psychological Science Colloquium, 2011

Anxiety Disorders and OCD in Children: Recent Advances in Clinical Care. Greenwich Education Group, 2011

Anxiety and Obsessive-Compulsive Disorder in Youth: A Family Systems Perspective. Interdisciplinary Center Herzliya School of Psychology Colloquium, 2012

Reducing Family Accommodation in Child Anxiety and OCD. Bar Ilan University, Department of Psychology Symposium, 2012

Family and Systemic Factors in Anxiety Disorders. Yale In-Home Services, 2012

Parent-Based Treatment for Childhood Anxiety. British Columbia Children’s Hospital, 2012

Motion-Tracking for the Study of Avoidance in Anxiety. University of Texas, Houston 2013

Facing Fear and Anxiety in the 21st Century. Yale Child Study Center Grand Rounds, 2013

Anxiety Disorders and Trauma in Childhood and Adolescence. Salish-Kutenai College President’s Lecture, Flathead Reservation, Montana, 2013

Cognitive Behavior Therapy for Anxiety in Youth. Society of Child & Adolescent Psychiatry and Neurology, Santiago, Chile, 2014

Neurohypophyseal Hormones and Dyadic Interactions in Childhood Anxiety Disorders. Bar Ilan University, Department of Psychology Symposium, 2014

Child and Adolescent Anxiety. Laurel House, Family Seminar Series, Stamford CT, 2014

Neurobiology of Child Anxiety: Research Findings and Clinical Implications. University of Copenhagen Department of Psychology, Denmark, 2014

Assessment and Treatment of Child and Adolescent Anxiety. Catch Them Before They Fall: School-Based Health Centers as a Safety Net for Youth. Conference of Connecticut Association of School Based Health Centers, 2015

Accommodation of Child Anxiety Symptoms and the SPACE Treatment Program. Mountain Valley Treatment Center, 2014

Treating Childhood and Adolescent Anxiety. Integrated Wellness, New Haven, 2014

Helping Children and Teens Cope with Anxiety. Stratford Special Education (SEPTA), 2015

Child Anxiety: Treatment Strategies. Fairfield Public Schools, 2015

When Kids Resist Treatment. Anxiety and Depression Association of America Public Education Webinar, 2015

Identifying Child Anxiety in the Classroom. Hill Schools of New Haven, 2015

Evidence-Based Treatment of Pediatric Anxiety. KK Women’s and Children’s Hospital, Singapore, 2015

Bullying, Anxiety, and Depression. Anxiety and Depression Association of America Public Education Webinar, 2016

Moving Toward Using Clinical and Biochemical Data to Optimize Childhood Anxiety Treatment. Yale Child Study Center Grand Rounds (with Bloch, Taylor, and Silverman).

Workshop on School Refusal and Chronic Absenteeism. Fairfield School Psychology and Social Work, 2016

Office-Based Strategies to Help Anxious Kids. 1st Annual Mental Health Symposium, Connecticut Children’s Medical Center, 2016

Role of Family Accommodation in the Maintenance of OCD Symptoms and other Anxiety Disorder. 5th Annual Course on the Treatment of Obsessive-Compulsive Disorder and Related Conditions/Disorders, Yale School of Medicine, 2016

Child Anxiety Treatments That Work: Translating Neuroscience into Practical Strategies for Parents and Kids. Continuing Medical Education Workshops in Ohio and Indiana, 2016

**RESEARCH PAPERS**

**PEER REVIEWED:**

Omer, H., Yogev, I., Lebowitz, E. R. (2010) Parent training in the treatment of dependent young adults: A series of ten cases. *Pschoterapie im Dialog*, 11, 230­238

Lebowitz, E. R., Omer, H., & Leckman, J. F. (2011). Coercive and disruptive behaviors in pediatric obsessive–compulsive disorder. *Depression and Anxiety, 28*, 899-905. doi: 10.1002/da.20858

Lebowitz, E. R., Vitulano, L. A., Mataix-Cols, D., & Leckman, J. (2011). When OCD takes over…the family! Coercive and disruptive behaviours in paediatric obsessive compulsive disorder. *Journal of Child Psychology and Psychiatry and Allied Disciplines, 52*, 1249-1250.

Lebowitz, E. R., Vitulano, L. A., & Omer, H. (2011). Coercive and disruptive behaviors in pediatric obsessive compulsive disorder: A qualitative analysis. *Psychiatry, 74*, 362-371. doi: 10.1521/psyc.2011.74.4.362

Adelman, C. B., & Lebowitz, E. R. (2012). Poor insight in pediatric obsessive compulsive disorder: Developmental considerations, treatment implications, and potential strategies for improving insight. *Journal of Obsessive-Compulsive and Related Disorders, 1*, 119.

Lebowitz, E. R., Dolberger, D., Nortov, E., & Omer, H. (2012). Parent training in non violent resistance for adult entitled dependence. *Family Process, 51*, 1-17.

Lebowitz, E. R., Motlagh, M. G., Katsovich, L., King, R. A., Lombroso, P. J., Grantz, H., . . . Leckman, J. F. (2012). Tourette syndrome in youth with and without obsessive compulsive disorder and attention deficit hyperactivity disorder. *European Child and Adolescent Psychiatry, 21*, 451-457. doi: 10.1007/s00787-012-0278-5

Lebowitz, E. R., Panza, K. E., Su, J., & Bloch, M. H. (2012). Family accommodation in obsessive–compulsive disorder. *Expert Review of Neurotherapeutics, 12*, 229-238. doi: 10.1586/ern.11.200

Lebowitz, E. R. (2013). Parent-based treatment for childhood and adolescent OCD. *Journal of Obsessive-Compulsive and Related Disorders, 2*, 425-431. doi: 10.1016/j.jocrd.2013.08.004

Lebowitz, E. R., Woolston, J., Bar-Haim, Y., Calvocoressi, L., Dauser, C., Warnick, E., . . . Leckman, J. F. (2013). Family accommodation in pediatric anxiety disorders. *Depression and Anxiety, 30*, 47-54. doi: 10.1002/da.21998

Lebowitz, E. R., Omer, H., Hermes, H., & Scahill, L. (2014). Parent Training for Childhood Anxiety Disorders: The SPACE Program. *Cognitive and Behavioral Practice, 21*, 456-469. doi: 10.1016/j.cbpra.2013.10.004

Lebowitz, E. R., Scharfstein, L. A., & Jones, J. (2014). Comparing family accommodation in pediatric obsessive-compulsive disorder, anxiety disorders, and nonanxious children. *Depression and Anxiety, 31*, 1018-1025. doi: 10.1002/da.22251

Lebowitz, E. R., Storch, E. A., MacLeod, J., & Leckman, J. F. (2014). Clinical and Family Correlates of Coercive–Disruptive Behavior in Children and Adolescents with Obsessive–Compulsive Disorder. *Journal of Child and Family Studies, 24*, 2589-2597. doi: 10.1007/s10826-014-0061-y

Weng, M., Kim, E. S., Wall, C., Perlmutter, M. G., Lebowitz, E. R., & Shic, F. (2014). *Performance on a Novel Kinect Emotional Choice Game Correlates with Broader Autism Phenotype Characteristics in Typically Developing Adults*. Paper presented at the IMFAR, Atlanta, GA.

Jones, J. D., Lebowitz, E. R., Marin, C. E., & Stark, K. D. (2015). Family accommodation mediates the association between anxiety symptoms in mothers and children. *Journal of Child and Adolescent Mental Health, 27*, 41-51. doi: 10.2989/17280583.2015.1007866

Lebowitz, E. R., Scharfstein, L., & Jones, J. (2015). Child-Report of Family Accommodation in Pediatric Anxiety Disorders: Comparison and Integration with Mother-Report. *Child Psychiatry and Human Development, 46*, 501-511. doi: 10.1007/s10578-014-0491-1

Lebowitz, E. R., Shic, F., Campbell, D., Basile, K., & Silverman, W. K. (2015). Anxiety sensitivity moderates behavioral avoidance in anxious youth. *Behaviour Research and Therapy, 74*, 11-17. doi: 10.1016/j.brat.2015.08.009

Lebowitz, E. R., Shic, F., Campbell, D., MacLeod, J., & Silverman, W. K. (2015). Avoidance moderates the association between mothers' and children's fears: findings from a novel motion-tracking behavioral assessment. *Depression and Anxiety, 32*, 91-98. doi: 10.1002/da.22333

Norman, K. R., Silverman, W. K., & Lebowitz, E. R. (2015). Family Accommodation of Child and Adolescent Anxiety: Mechanisms, Assessment, and Treatment. *Journal of Child and Adolescent Psychiatric Nursing, 28*, 131-140. doi: 10.1111/jcap.12116

Weng, M., Wall, C. A., Kim, E. S., Whitaker, L., Perlmutter, M., Wang, Q., . . . Shic, F. (2015). *Linking volitional preferences for emotional information to social difficulties: A game approach using the microsoft kinect.* Paper presented at the Affective Computing and Intelligent Interaction (ACII), 2015 International Conference.

Lebowitz, E. R. (2016). "Failure to Launch": Shaping Intervention for Highly Dependent Adult Children. *Journal of the American Academy of Child and Adolescent Psychiatry, 55*, 89-90. doi: 10.1016/j.jaac.2015.10.014

Lebowitz, E. R., Leckman, J. F., Feldman, R., Zagoory-Sharon, O., McDonald, N., & Silverman, W. K. (2016). Salivary oxytocin in clinically anxious youth: Associations with separation anxiety and family accommodation. *Psychoneuroendocrinology, 65*, 35-43. doi: 10.1016/j.psyneuen.2015.12.007

Lebowitz, E. R., Leckman, J. F., Silverman, W. K., & Feldman, R. (2016). Cross-generational influences on childhood anxiety disorders: pathways and mechanisms. *Journal of Neural Transmission*. doi: 10.1007/s00702-016-1565-y

Lebowitz, E. R., Panza, K. E., & Bloch, M. H. (2016). Family accommodation in obsessive-compulsive and anxiety disorders: a five-year update. *Expert Review of Neurotherapeutics, 16*, 45-53. doi: 10.1586/14737175.2016.1126181

Omer, H., & Lebowitz, E. R. (2016). Nonviolent Resistance: Helping Caregivers Reduce Problematic Behaviors in Children and Adolescents. *Journal of Marital and Family Therapy*. doi: 10.1111/jmft.12168

Lebowitz, E. R., & Omer, H. (2016). Parental Influences in Childhood Anxiety: Review of Mechanisms and Implications for Treatment. *Familiendynamik*.

Lebowitz, E. R. (In Press). Mother and Child Ratings of Child Anxiety: Associations with a Measure of Behavioral Avoidance and the Role of Family Accommodation. *Parenting Science and Practice.*

**HIGHLIGTED SUBMITTED MANUSCRIPT (Other submitted manuscripts upon request)**

Salmaso M., Lebowitz, E. R., Silverman, W. K., Vaccarino F. Fibroblast growth factor 2 is associated with child anxiety and its trans-generational risk factors. Submitted and Under Review, *JAMA*

**CHAPTERS**

Lebowitz E. R. (2011) Cognitive-Behavioral Parent Training in Meyers Y. & Mor N. (ED) *Cognitive Behavioral Therapy in Children* Tel Aviv: Dyonon

Lebowitz, E.R., Scahill, L. (2013) Psychoeducational interventions: What every parent and family member needs to know. In Martino, D. & Leckman, J. F. *Tourette Syndrome* Oxford University Press.

Lebowitz E.R. (In Press). Treatment of Extreme Family Accommodation in a Youth with OCD. In Lewin A. & Storch E. (ED) *Clinical Handbook of Obsessive-Compulsive and Related Disorders*, Springer

Lebowitz, E. R., Golt, J. (In Press) Family-Based Conceptualization and Treatment of Obsessive-Compulsive Related Disorders. In Storch, E., Abromowitz, J., McKay, D., (ED) *Handbook of Obsessive-Compulsive Related Disorders*, Wiley.

Lebowitz, E. R., King, R. A., Silverman, W. K., (In Press) Anxiety Disorders of Children and Adolescents. In Ebert, M., Loosen, P. T., Leckman, J. F., & Petrakis I. (ED) *Current Diagnosis and Treatment 3rd Edition,* McGraw Hill.

Lebowitz, E. R. Social phobia. (2013) In F. Volkmar (Ed.), *Encyclopedia of autism spectrum disorders*: Springer.

Koller, K., Lebowitz, E. R., (In Press) Family accommodation in Obsessive Compulsive Disorder: Prevalence, Impact, and Clinical Implications. In Pittenger, C. (ED) *Obsessive-compulsive Disorder: Phenomenology, Pathophysiology, and Treatment,* Oxford University Press.

Norman, K., Lebowitz, E. R., Silverman, W. K., (In Press) Behavioral and Cognitive Behavioral Therapies. In *APA Handbook of Contemporary Family Psychology,* American Psychological Assocation

Lebowitz, E. R., (In Press) Addressing Family Accommodation. In Storch, E, McKay, D., McGuire, J. F. (Ed), *Clinicians' Guide to Cognitive-Behavioral Therapy for Childhood Obsessive-Compulsive Disorder*

\* Several additional chapters (e.g, *Lewis Child and Adolescent Psychiatry*; *The Oxford Handbook of Clinical Child and Adolescent Psychology; A Guide to Assessments That Work)* in preparation and under contract – details upon request.

**BOOKS**

**In English:**

Lebowitz, E. R., & Omer, H. (2013). *Treating Childhood and Adolescent Anxiety: A Guide for Caregivers*. NJ: Wiley.

**In Other Languages:**

Lebowitz, E., & Omer, H. (2012). *Ängstliche Kinder unterstützen: Die elterliche Ankerfunktion*: Vandenhoeck & Ruprecht. (German)

Omer H., Lebowitz E. R. (2007) *Children's Fears: Choosing Support Over Protection*. Tel Aviv: Sfarim. (Hebrew)

**CONFERENCE PRESENTATIONS – PEER REVIEWED (Not Including Posters – Available Upon Request)**

Lebowitz, E.R. (2011) Imposed accommodation in OCD – Disruptive and coercive behaviors in pediatric obsessive compulsive disorder. International OCD Foundation Conference

Lebowitz, E.R. (2012) Coercive Behaviors in Obsessive Compulsive Disorder. Anxiety and Depression Association of America Conference

Lebowitz, E.R. (2013) Motion Tracking in the Study of Avoidance: YIKES the Yale Interactive Kinect Environment Software. Anxiety and Depression Association of America Conference

Lebowitz, E.R. (2013) A Parent Based Intervention for Treating Childhood Anxiety Disorders: Results from an Open Clinical Trial. Anxiety and Depression Association of America Conference.

Lebowitz, E.R. (2013) Family Accommodation in Pediatric Anxiety Disorders. Anxiety and Depression Association of America Conference.

Lebowitz, E.R. (2014) Parent Training for Childhood and Adolescent Anxiety. Anxiety and Depression Association of America Conference.

Weisman, O., Bartley, C. A., Lebowitz, E. R., Pelphrey, K. A., Leckman, J. F., & Bloch, M. H. (2014). Oxytocin Administration as Translational Tool in Psychiatry: A Meta-Analysis. Paper presented at the Biological Psychiatry.

Lebowitz, E.R. (2015) Anxiety Sensitivity New Frontiers For A Cross-Cutting Construct. Panelist, Association for Behavioral and Cognitive Therapies Conference.

Lebowitz, E.R. (2015) *Enhancing Child Anxiety CBT Outcomes: What Type of Parent Involvement for Whom?* Anxiety and Depression Association of America Conference.

Lebowitz, E.R., Scharfstein, L., Jones, J. (2015) *Child-Report of Family Accommodation in Pediatric Anxiety Disorders: Comparison and Integration With Mother-Report.* Anxiety and Depression Association of America Conference.

Lebowitz, E.R. (2015) *Theory-Driven Parent-Based Treatment for Childhood Anxiety: The SPACE Program*. Anxiety and Depression Association of America Conference.

Lebowitz, E.R. (2016) Neurobiology of the Anxious Family System: Novel Neuroendocrinological Findings From Anxious Children and Their Mothers. Anxiety and Depression Association of America Conference.

**TEACHING (Full Courses Only Listed Here)**

2008-2009 *Ariel University Center, Israel.*

Theories of Cognitive Development (Undergraduate)

Abnormal Psychology (Undergraduate)

Introduction to Human Development (Undergraduate)

2008-2010 *Schneider Children’s Hospital CBT Certification Program*

CBT for Children and Adolescents: Theory and Practice (Advanced)

2011-2012 *Yale School of Nursing*

Psychopathology (Graduate)

2010 - *Yale Child Study Center*

Evidence Based Treatment for Children and Adolescents (Residents and Fellows)

2016 - *Yale University Department of Psychology (fall 2016)*

Developmental Psychopathology (Undergradate)

\* Numerous lectures and classes for courses and training programs at Yale and outside of Yale.