CURRICULUM VITAE

Stephen Richard Holt, MD, MS, FACP, FASAM

Version Date: 10/2/2023

Contact Information:

Address	150 Sargent Drive
	New Haven, CT 06511
Phone:	1 (203) 789-4348
Email:	stephen.holt@yale.edu

School: Yale School of Medicine

Education:

08/1993 - 01/1997	BS, James Madison University, Psychology, Harrisonburg, VA
08/1998 - 01/2000	MS, Yale University, Neuroscience, New Haven, CT
08/2000 - 01/2004	MD, Columbia College of Physicians and Surgeons, New York, NY

Career/Academic Appointments:

01/2004 - 01/2007	Medical Resident, Internal Medicine, Yale University Primary Care Program, New
	Haven, CT
01/2007 - 01/2008	Chief Resident, Internal Medicine, Yale University Primary Care Program, New
	Haven, CT
07/2007 - 06/2010	Instructor, Internal Medicine, Yale School of Medicine, New Haven, CT
07/2010 - 06/2018	Assistant Professor, General Medicine, Yale School of Medicine, New Haven, CT
07/2018 - 06/2028	Associate Professor on Term, General Medicine, Yale School of Medicine, New
	Haven, CT
01/2019 - 06/2024	Associate Clinical Professor, Nursing, Yale School of Medicine, New Haven, CT

Administrative Positions:

2010 - Present	Associate Program Director, Ambulatory Education, Yale Primary Care Residency
	Program, Internal Medicine, Yale School of Medicine, New Haven, CT
2015 - Present	Director, Addiction Recovery Clinic, Internal Medicine, Yale School of Medicine,
	New Haven, CT
2020 - Present	Co-Director, Racism, Bias, and Advocacy in Medicine Distinctions Pathway,
	Internal Medicine, Yale School of Medicine, New Haven, CT

Board Certification:

2021 - 2030	AB of Preventive Medicine, Addiction Medicine
2007 - 2017	AB of Internal Medicine, Internal Medicine
2017 - 2024	AB of Internal Medicine, Internal Medicine, recertification

Professional Honors & Recognition:

International/National/Regional

2002	Family Physicians Scholarship, New York Academy of Family Physicians
2004	Arnold P. Gold Humanism in Medicine Award, Columbia University College of
	Physicians Surgeons
2016	New Investigator/Educator Award, Association for Multidisciplinary Education and
	Research in Substance use and Addiction
2019	"Best Doctors in America" List, Internal Medicine, Connecticut Magazine
2019	Early Career Physician Teaching Award, American College of Physicians, CT
	Chapter
2020	"Best Doctors in America" List, Internal Medicine, Connecticut Magazine

Yale University/Yale School of Medicine/Hospital System

2007	John W. Brackett Award for Resident Teacher, Yale Primary Care Program
2009	Faculty Teacher of the Year, Yale Primary Care Residency Program
2014	Leonard Tow Humanism in Medicine Award, Yale School of Medicine
2017	Faculty Teacher of the Year, Yale Primary Care Residency Program

Grants/Clinical Trials History:

Current Grants	

Health Resources and Services Administration
T0BHP3107
Primary Care Training and Enhancement, "Collaborative Behavioral Health and
Addiction Medicine in Primary Care (CHAMP)
Jeanette Tetrault
Co-Investigator
5%
\$1,976,565.00
07/01/2019 - 06/30/2024

Past Clinical Trials

Agency:	National Institute on Alcohol Abuse and Alcoholism (NIAAA)
I.D.#:	R01 AA018923-01
Title:	Reducing Heavy Drinking to Optimize HIV/AIDS Treatment and Prevention
Role:	Sub-Investigator
Percent effort:	25%

Total costs:	4374067.0000
Project period:	09/30/2009 - 06/30/2013

Invited Speaking Engagements, Presentations & Workshops Not Affiliated With Yale:

International/National

- "Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?". Dartmouth Medical Center, Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?, Hanover, NH, January 2017. (Lecture)
- "Course Director: Video lecture series for all Dermatology and Rheumatology content". Lecturio E-Learning Platform, Course Director. Video lecture series for all "Dermatology" and "Rheumatology" content, Leipzig, SN, Germany, January 2019. (Lecture)
- 3. "Course Director: Addiction Medicine topics, various". Continuing Education, Inc, Course Director. Addiction Medicine topics, various, Fort Lauderdale, FL, January 2019. (Lecture)
- 4. "Course Director: Video lecture series for all Physical Examination content". Lecturio E-Learning Platform, Course Director. Video lecture series for all "Physical Exam" content, Leipzig, SN, Germany, January 2020. (Lecture)
- 5. "Pharmacotherapy for Alcohol Use Disorder". Vermont Area Health Education Centers Network, Invited Speaker. 16th Annual Geriatrics Conference: Pharmacotherapy for Alcohol Use Disorder (Cancelled due to COVID-19), Invited speaker, April 2021. (Lecture)
- 6. "Role of the Physical Exam". Lecturio GmbH, Lecturio Live Stream, Lecturio On-line platform, September 2021. (Lecture)
- "Treating Unhealthy Alcohol Use: What's Our Disorder?". Dartmouth-Hitchcock Medical Center, Treating Unhealthy Alcohol Use: What's Our Disorder?, Primary Care CME-series, November 2021. (Lecture)
- 8. "Treatment for Alcohol Use Disorder in a Hospital Setting". Connecticut Behavioral Health Partnership, Invited Speaker. Treatment for Alcohol Use Disorder in a Hospital Setting, Zoom Webinar, Course Co-Director, December 2021. (Lecture)
- 9. "Visiting Professor: Opiate agonist therapy for Opioid Use Disorder, Providers Clinical Support System". Saint Joseph Family Medicine Residency Program, Providers Clinical Support System – Medication-Assisted Treatment, Training Instructor, South Bend, IN, December 2021. (Lecture)
- 10. "Grand Rounds: Opioids: From Safe Prescribing to Recognizing Addiction". New England AIDS Education and Training Center, Opioids: From Safe Prescribing to Recognizing Addiction, Grand Rounds, January 2022. (Lecture)
- 11. "Course Director: Essentials of Addiction Medicine". Medmastery, Course Director: Essentials of Addiction Medicine, Salzburg, Salzburg, Austria, February 2022. (Lecture)
- 12. "Medical Grand Rounds: Managing Opioid Use Disorder in the Hospital". Hackensack Medical Center, Medical Grand Rounds: Managing Opioid Use Disorder in the Hospital, Medical Grand Rounds, March 2022. (Lecture)
- 13. "Bridging Care for Patients With Stimulant Use Disorders". Catawba Valley Medical Center, Bridging Care for Patients With Stimulant Use Disorders, Hickory, NC, April 2022. (Lecture)
- 14. "Visiting Professor: Medications for Alcohol Use Disorder; Musculoskeletal Exam of the Shoulder; Stimulant Use Disorders". University of Vermont School of Medicine, Visiting Professor and Medical Grand Rounds Speaker, Burlington, VT, May 2022. (Lecture)

- 15. "Medications for Alcohol Use Disorder". Community Health Network of Connecticut, Project ECHO Virtual Clinic, Medications for Alcohol Use Disorder, Project ECHO Virtual Clinic, June 2022. (Lecture)
- 16. "Get in the Spirit with Ambulatory Alcohol Withdrawal". The Curbsiders Addiction Medicine Podcast, Episode #2 Get in the Spirit with Ambulatory Alcohol Withdrawal, https://thecurbsiders.com/addiction, July 2022. (Other)
- 17. "Alcohol Use Disorder". ASAM, ASAM Review Course, Chicago, IL, July 2022. (Lecture)
- 18. "The Role of the Physical Exam". Lecturio GmbH, Lecturio Live Stream, Lecturio On-Line platform, August 2022. (Lecture)
- 19. "Addiction Medicine in the Primary Care Setting". Cano Health, Healthcare World of Tomorrow, San Diego, CA, September 2022. (Lecture)
- 20. "Musculoskeletal Exam, Workshop Director". Healthcare World of Tomorrow, Cano Health, Musculoskeletal Exam, Workshop Director, San Diego, CA, September 2022. (Demonstration)
- 21. "Medical Grand Rounds: Pharmacotherapy for Alcohol Use Disorder". St. Joseph Medical Center, Medical Grand Rounds: Pharmacotherapy for Alcohol Use Disorder, South Bend, Indiana, October 2022. (Lecture)
- 22. "Low-Dose Buprenorphine Induction". Penn State University Addiction Medicine Fellowship Program, Noon conference, Noon conference, October 2022. (Lecture)
- 23. "Current Trends in Substance Use". Mental Health America of the MidSouth , Substance Use Ethics , Mental Health America of the MidSouth, April 2023. (Lecture)
- 24. "Course Director: Outpatient Procedures". MedMastery, Course Director: Outpatient Procedures, Salzburg, Salzburg, Austria, May 2023. (Lecture)
- 25. "Treatment of Alcohol Use Disorder". American Society of Addiction Medicine, ASAM eLearning Live Virtual Course, ASAM eLearning platform: https://elearning.asam.org/products/treatment-ofalcohol-use-disorder-course-wednesday-june-28-2023#tab-product_tab_overview, June 2023. (Lecture)

Regional

- "Medical Grand Rounds: The Physical Exam: Revitalizing Yesterday's Tools for Today's Practitioners". St. Vincent's Hospital, Medical Grand Rounds: The Physical Exam: Revitalizing Yesterday's Tools for Today's Practitioners, Bridgeport, CT, January 2015. (Lecture)
- 2. "Cocaine: Ancient Elixir, Modern Calamity". St. Vincent's Hospital, Invited Speaker. Cocaine: Ancient Elixir, Modern Calamity, Bridgeport, CT, January 2015. (Lecture)
- 3. "Addiction Relapse and Recovery". Town of Cheshire, Opioid Addiction Forum, Invited Speaker. Addiction Relapse and Recovery, Cheshire, CT, January 2016. (Oral Presentation)
- 4. "Unhealthy Drinking and Oral Health". New Haven Dental Hygienists Association, Invited Speaker. Unhealthy Drinking and Oral Health, West Haven, CT, January 2016. (Lecture)
- 5. "Invited workshop on examination of the painful knee". Connecticut Meeting, American College of Physicians, Workshop Director, Examination of the painful knee, Southington, CT, January 2016. (Lecture)
- "Interview: Doctors Who Prescribe Painkillers Face Tough Decisions And Minimal Training". National Public Radio, Interview: Doctors Who Prescribe Painkillers Face Tough Decisions And Minimal Training, Hartford, CT, January 2016. (Other)

- "Interview: For Patients Suffering From Heroin Addiction, Suboxone Can Provide One Road Out".
 National Public Radio, Interview: For Patients Suffering From Heroin Addiction, Suboxone Can Provide One Road Out, Hartford, CT, January 2016. (Other)
- "Interview: Why Are So Many Suboxone Patients Buying the Drug on the Street?". National Public Radio, Interview: Why Are So Many Suboxone Patients Buying the Drug on the Street?, Hartford, CT, January 2016. (Other)
- 9. "Unhealthy Drinking". Hispanic Nurses Association, Invited Speaker. Unhealthy Drinking, New Haven, CT, January 2017. (Lecture)
- 10. "Medical Grand Rounds: Putnam's Gambit and the Case of the Duplicitous Lymph Node". St. Vincent's Hospital, Medical Grand Rounds: Putnam's Gambit and the Case of the Duplicitous Lymph Node, Bridgeport, CT, January 2017. (Lecture)
- "Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?". St. Vincent's Hospital, Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?, Bridgeport, CT, January 2018. (Lecture)
- 12. "Understanding Opioid Addiction". Connecticut Probate Judge Assembly Meeting, Invited Speaker. Understanding Opioid Addiction, New Britain, CT, January 2018. (Lecture)
- 13. "Visiting Professor. "Pharmacotherapy for Alcohol Use Disorder", "Opiate agonist therapy for Opioid Use Disorder", and "Safe Opioid Prescribing and Urine Drug Testing"". Mountainside Medical Center, Visiting Professor Speaker. "Pharmacotherapy for Alcohol Use Disorder", "Opiate agonist therapy for Opioid Use Disorder", and "Safe Opioid Prescribing and Urine Drug Testing", Montclair, NJ, January 2019. (Other)
- 14. "Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?". Hospital of Central Connecticut, Medical Grand Rounds: Unhealthy Drinking: What's Our Disorder?, New Britain, CT, January 2019. (Lecture)
- 15. "Medical Grand Rounds: Urine Drug Testing: From Safe Prescribing to Recognizing Addiction". St. Vincent's Medical Center, Medical Grand Rounds: Urine Drug Testing: From Safe Prescribing to Recognizing Addiction, Bridgeport, CT, December 2021. (Lecture)
- 16. "Medical Grand Rounds: Ambulatory management of alcohol withdrawal". Hartford Healthcare, Medical Grand Rounds, Bridgeport, CT, September 2022. (Lecture)
- 17. "Changing the Narrative on Substance Use". CT Alcohol and Drug Policy Council's Prevention Subcommittee, The Power of Media: Changing the Narrative on Substance Use, Hosted by CT Alcohol and Drug Policy Council's Prevention Subcommittee, February 2023. (Lecture)
- 18. "Next Level Buprenorphine: Incorporating XR-Bup into clinical practice". CTAIDS Education and Training Center, NEAETC Grand Rounds, Virtual platform, June 2023. (Lecture)

Peer-Reviewed Presentations Given at Meetings Not Affiliated With Yale:

International/National

 Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents. Society for General Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Siddharthan, T.), Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents, Denver, CO, January 2013. (Poster Presentation)

- 2. Chief Resident Workshop on Conflict Resolution. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Chief Resident Workshop on Conflict Resolution, Orlando, FL, January 2013. (Lecture)
- Early support for a grass-roots, Team-based approach to ambulatory care in a resident clinic. Society for General Internal Medicine, Annual Meeting, (Contributing Author, Lead Author: Segar, N.), Early support for a grass-roots, Team-based approach to ambulatory care in a resident clinic, San Diego, CA, January 2014. (Poster Presentation)
- 4. The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine. Association for Medical Education and Research in Substance Abuse, Annual Meeting, Oral Presentation, (Lead Author), The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine, Washington, DC, January 2015. (Oral Presentation)
- 5. The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine. Society for General Internal Medicine, Annual Meeting, (Lead Author), The Addiction Recovery Clinic: A novel primary-care based approach to teaching Addiction Medicine, Toronto, ON, Canada, January 2015. (Poster Presentation)
- 6. Muddied Waters? Ulcerative Colitis vs Shigellosis: Diagnostic errors in a patient with bloody diarrhea. Society for General Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Luk, J.), Muddied Waters? Ulcerative Colitis vs Shigellosis: Diagnostic errors in a patient with bloody diarrhea, Toronto, ON, Canada, January 2015. (Poster Presentation)
- Strategies for Teaching at the Bedside. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Director, Strategies for Teaching at the Bedside, Houston, TX, January 2015. (Lecture)
- Spring Education Pre-Course: Integrating Coaching Into Your Residency Program. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Spring Education Pre-Course: Integrating Coaching Into Your Residency Program, Houston, TX, January 2015. (Lecture)
- 9. Ischemic Colitis: The body's quick cure for polycythemia vera. American Geriatrics Society, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Marcus, B), Ischemic Colitis: The body's quick cure for polycythemia vera, Washington, DC, January 2015. (Poster Presentation)
- 10. Workshop: Strategies for Teaching the Musculoskeletal Exam. New England Group on Educational Affairs, Annual Meeting, Workshop Co-Director, Strategies for Teaching the Musculoskeletal Exam, Worcester, MA, January 2015. (Lecture)
- 11. When Less is More: A Practical, Patient-Centered Guide to Tapering Prescription Opioids.. Association for Medical Education and Research in Substance Abuse, Annual Meeting, Workshop Facilitator, When Less is More: A Practical, Patient-Centered Guide to Tapering Prescription Opioids., Washington, DC, January 2017. (Oral Presentation)
- Resilience, compassion, joy. Fostering a meaningful life in the practice of medicine.. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Resilience, compassion, joy. Fostering a meaningful life in the practice of medicine., Dallas, TX, January 2017. (Oral Presentation)
- 13. Flipping the classroom on interview day. Association of Program Directors in Internal Medicine, Annual Meeting, Poster Presentation, (Senior Author, Lead Author: Moriarty J.), Flipping the classroom on interview day, Dallas, TX, January 2017. (Poster Presentation)

- 14. The impact of injectable naltrexone on antiretroviral therapy adherence, HIV viral load, and drinking in HIV-positive heavy drinkers. Research Society on Alcoholism, Annual Meeting, Poster Presentation (Contributing Author, Lead Author: Edelman, J.), The impact of injectable naltrexone on antiretroviral therapy adherence, HIV viral load, and drinking in HIV-positive heavy drinkers, Denver, CO, January 2017. (Poster Presentation)
- 15. Multi-site qualitative study on the characteristics of effective chief resident-led morning reports in internal medicine residency. Society for General Internal Medicine, Northeast Regional Meeting, Poster Presentation, (Senior Author, Lead Author: Yang, Y.), Multi-site qualitative study on the characteristics of effective chief resident-led morning reports in internal medicine residency, Boston, MA, January 2017. (Poster Presentation)
- "This Is On Us": Building addiction treatment education in a primary care resident clinic.. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, "This Is On Us": Building addiction treatment education in a primary care resident clinic., San Antonio, TX, January 2018. (Oral Presentation)
- 17. Resident Co-facilitation of Shared Medical Appointments for Patients with Substance Use Disorders: Impact on Confidence, Knowledge, and Attitudes in Treating Addiction. AMERSA, Annual Meeting, Poster Presentation (Senior Author, Lead Author: Salwan, J), Resident Co-facilitation of Shared Medical Appointments for Patients with Substance Use Disorders: Impact on Confidence, Knowledge, and Attitudes in Treating Addiction, Boston, MA, January 2019. (Poster Presentation)
- Beyond the Differential Evidence-Based Strategies for Facilitating Morning Report.. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report., Philadelphia, PA, January 2019. (Oral Presentation)
- 19. Requirements for an Automated Warm Handoff from the ED to Opioid Treatment Centers.. Society for Academic Emergency Medicine, Annual Meeting, Poster Presentation (Contributing Author, Lead Author: Melnick, T.), Requirements for an Automated Warm Handoff from the ED to Opioid Treatment Centers., Las Vegas, NV, January 2019. (Poster Presentation)
- 20. Spring Education Pre-Course: Addiction Medicine in Internal Medicine Training Treatment of Opioid Use Disorder and Other Addictions. Association of Program Directors in Internal Medicine, Annual Meeting, Pre-Course Co-Director, Spring Education Pre-Course: Addiction Medicine in Internal Medicine Training Treatment of Opioid Use Disorder and Other Addictions, Philadelphia, PA, January 2019. (Oral Presentation)
- Developing Resident CHAMP-ions to Practice Behavioral Health and Addiction Medicine in Primary Care. AMERSA, Annual Meeting, Poster Presentation (Contributing Author, Lead Author: Morford, K.), Developing Resident CHAMP-ions to Practice Behavioral Health and Addiction Medicine in Primary Care, Boston, MA, October 2020. (Poster Presentation)
- 22. Beyond the Differential Evidence-Based Strategies for Facilitating Morning Report. Association for Program Directors in Internal Medicine (APDIM), Annual Meeting, Workshop Facilitator, Workshop: Beyond the Differential Evidence-Based Strategies for Facilitating Morning Report, Charlotte, NC, April 2022. (Oral Presentation)
- 23. Ambulatory management of alcohol withdrawal. AMERSA, Workshop: Ambulatory management of alcohol withdrawal, Boston, MA, November 2022. (Lecture)

- 24. Integrating Contingency Management Into an Academic Outpatient Addiction Clinic for Patients With Cocaine Use Disorder. AMERSA, Oral presentation, Boston, MA, November 2022. (Oral Presentation)
- 25. **Holt SR**. Beyond the Differential Evidence-Based Strategies for Facilitating Morning Report. Association of Program Directors in Internal Medicine, Annual Meeting, Workshop Facilitator, Beyond the Differential - Evidence-Based Strategies for Facilitating Morning Report, Austin, TX, April 2023. (Lecture)

Regional

- Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents. Northeast Regional Meeting, Society for General Internal Medicine, Oral Presentation, (Senior Author, Lead Author: Siddharthan, T.), Experiential Learning of the Musculoskeletal Exam among Internal Medicine Residents, New Haven, CT, January 2013. (Oral Presentation)
- Stealthy schistocytes: a Case of TTP masquerading as hypertensive urgency. Connecticut Meeting, American College of Physicians, Poster Presentation, (Senior Author, Lead Author: Black, A.), Stealthy schistocytes: a Case of TTP masquerading as hypertensive urgency, Southington, CT, January 2014. (Poster Presentation)
- 3. The pressure is on: A case of a young woman presenting with PRES diagnosed with Acute Intermittent Porphyria. Connecticut Meeting, American College of Physicians, Poster Presentation, (Senior Author, Lead Author: Giaimo, A.), The pressure is on: A case of a young woman presenting with PRES diagnosed with Acute Intermittent Porphyria, Southington, CT, January 2015. (Poster Presentation)
- 4. Posterior Reversible Encephalopathy Syndrome in a Young Woman Eventually Diagnosed with Acute Intermittent Porphyria. Northeast Regional Meeting, Society for General Internal Medicine, Annual Meeting, Oral Presentation, (Senior Author, Lead Author: Giaimo, A), Posterior Reversible Encephalopathy Syndrome in a Young Woman Eventually Diagnosed with Acute Intermittent Porphyria, New Haven, CT, January 2016. (Oral Presentation)
- 5. Keys to improving trainee satisfaction in the ambulatory setting. Northeast Regional Meeting, Society for General Internal Medicine, Annual Meeting, Poster Presentation, (Contributing Author, Lead Author: Stepzinski, Y.), Keys to improving trainee satisfaction in the ambulatory setting, New Haven, CT, January 2016. (Poster Presentation)
- Development and Assessment of Clinician Acceptability for a Medication Decision-Making Software Application. Connecticut Meeting, American College of Physicians, Poster Presentation (Senior Author, Lead Author: Ong, S.), Development and Assessment of Clinician Acceptability for a Medication Decision-Making Software Application, Southington, CT, January 2018. (Poster Presentation)
- 7. Multi-site qualitative study on the role of morning report in internal medicine residency. Connecticut Meeting, American College of Physicians, Poster Presentation (Senior Author, Lead Author: Yang, Y.), Multi-site qualitative study on the role of morning report in internal medicine residency, Southington, CT, January 2018. (Poster Presentation)
- 8. Multi-site qualitative study on the characteristics of effective chief resident-led morning reports in internal medicine residency. New England Group on Educational Affairs, Annual Meeting, Oral Presentation (Senior Author, Lead Author: Elisseu, S.), Multi-site qualitative study on the

characteristics of effective chief resident-led morning reports in internal medicine residency, Hempstead, NY, January 2018. (Oral Presentation)

Professional Service:

Peer Review Groups/Grant Study Sections

2011	Expert Panel Member, Agency for Healthcare Research and Quality, Expert
	Reviewer for AHRQ report, "Screening, Behavioral Counseling, and Referral in
	Primary Care to Reduce Alcohol Misuse
2018 - 2019	Expert Panel Member, American Society of Addiction Medicine, Clinical Champion
	for ASAM Alcohol Withdrawal Management Guideline Development Project

Journal Services

Reviewer	
2010 - 2017	Reviewer, Journal of General Internal Medicine
2015 - 2019	Reviewer, Journal of Substance Abuse Treatment

Professional Organizations

American Academy of Addiction Psychiatry (AAAP), Providers Clinical Support System (PCSS) Certified trainer, Medications for Addiction Treatment (MAT)

2016 - Present Instructor, American Academy of Addiction Psychiatry (AAAP), Providers Clinical Support System (PCSS) Certified trainer, Medications for Addiction Treatment (MAT)

American Academy of Addiction Psychiatry (AAAP), Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH)

2019 - Present Mentor, American Academy of Addiction Psychiatry (AAAP), Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare (REACH)

New England Group on Educational Affairs

2014Chair, New England Group on Educational Affairs, Chair, Student/Resident Track
Subcommittee, Annual Meeting Planning Committee

Society of General Internal Medicine

2012	Reviewer, Society of General Internal Medicine, Member, Medical Education
	Scholarship Workshop Review Committee, SGIM
2013	Reviewer, Society of General Internal Medicine, Member, Abstract Review
	Committee, SGIM, Regional Meeting
2014	Reviewer, Society of General Internal Medicine, Member, Workshop Review
	Committee, SGIM, Regional Meeting

2015	Reviewer, Society of General Internal Medicine, Member, Abstract Review
	Committee, SGIM, Regional Meeting
2015	Chair, Society of General Internal Medicine, Chair, Abstract Review Committee,
	SGIM, Regional Meeting
2016	Reviewer, Society of General Internal Medicine, Member, Workshop Review
	Committee, SGIM, Regional Meeting
2017	Judge, Society of General Internal Medicine, Oral presentation judge/facilitator,
	Innovations in Medical Education, SGIM, Regional Meeting
2018	Reviewer, Society of General Internal Medicine, Member, Abstract Review
	Committee, SGIM, Regional Meeting
2018	Judge, Society of General Internal Medicine, Abstract Judge, Innovations in
	Medical Education, SGIM, Regional Meeting

The Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA); Diversity Committee 2021 - Present Member, The Association for Multidisciplinary Education and Research in

2021 - Present	Member, The Association for Multidisciplinary Education and Research in
	Substance use and Addiction (AMERSA); Diversity Committee, Outreach
	Subcommittee Chair

Yale University / Hospital System

,,	. ,
Medical School	
2007 - Present	Member, Yale University, Clinical Competence Committee, Residency Program
2007 - Present	Member, Yale University, Intern Selection Committee, Residency Program
2012 - 2015	Member, Yale University, Internal Medicine Residency Evaluations Committee
2012 - Present	Member, Yale University, Internal Medicine Residency Executive Education
	Committee
2013 - 2014	Chair, Yale University, Clinical Competence Committee, Residency Program
2013 - 2018	Member, Yale University, Working Group for Planning Medical Education Day
2014 - 2015	Chair, Yale University, Ambulatory Policies Committee, St. Raphael's Campus-
	Adult Primary Care Center
2015 - 2018	Member, Yale University, Ambulatory Leadership Committee, St. Raphael's
	Campus-Adult Primary Care
2018 - Present	Chair, Yale University, Clinical Competence Committee, Addiction Medicine
	Fellowship
Hospital	
Hospital	

2007 - 2008 Member, Waterbury Hospital, Medical Informatics Committee, Waterbury Hospital 2008 - 2011 Member, Waterbury Hospital, Serious Events Committee, Waterbury Hospital 2012 Chair, Waterbury Hospital, Surgical Residency Internal Review Committee, Waterbury Hospital

2015 - 2017	Member, Yale New Haven Hospital, Medical Executive Committee, YNHH-St.
	Raphael's Campus
2022 - 2023	Member, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee:
	Medications for Opioid Use Disorder, For outpatient maintenance of medications
	for opioid use disorder
2023	Member, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee:
	Opioid Use Disorder During Pregnancy
2023	Chair, Yale-New Haven Hospital, Care Signature Clinical Pathway Committee:
	Outpatient Management of Alcohol Use Disorder

Public Service / Media Presence

Public Service	
2017 - 2020	Participant, Cheshire Historical Society, Performer in the "Spirits Alive" Annual
	Outdoor Theatrical Production produced by the Cheshire Historical Society
2018 - 2020	Director, Cheshire Historical Society, "Spirits Alive" Annual Outdoor Theatrical
	Production produced by the Cheshire Historical Society
2019 - 2022	Mentor, First Congregational Church of Cheshire, CT, Confirmation Class Mentor

Bibliography:

Peer-Reviewed Original Research

- Holt SR, Ramos J, Harma MA, Cabrera F, Louis-Ashby C, Dinh A, Tetrault JM, Fiellin DA. Prevalence of Unhealthy Substance Use on Teaching and Hospitalist Medical Services: Implications for Education. American Journal On Addictions 2012, 21: 111-119. <u>PMID: 22332853</u>, <u>DOI:</u> 10.1111/j.1521-0391.2011.00207.x.
- Holt SR, Ramos J, Harma M, Cabrera F, Louis-Ashby C, Dinh A, Fiellin DA, Tetrault JM. Physician Detection of Unhealthy Substance Use on Inpatient Teaching and Hospitalist Medical Services. The American Journal Of Drug And Alcohol Abuse 2012, 39: 121-129. <u>PMID: 22992028</u>, <u>DOI:</u> <u>10.3109/00952990.2012.715703</u>.
- Becker WC, Fraenkel L, Edelman J, Holt SR, Glover J, Kerns RD, Fiellin DA. Instruments to assess patient-reported safety, efficacy, or misuse of current opioid therapy for chronic pain: A systematic review. Pain 2013, 154: 905-916. <u>PMID: 23601625</u>, <u>PMCID: PMC3683236</u>, <u>DOI:</u> <u>10.1016/j.pain.2013.02.031</u>.
- Soares S, Wang H, Siddharthan T, Holt S. OSCE-Based Teaching of the Musculoskeletal Exam to Internal Medicine Residents and Medical Students: Neck and Spine. MedEdPORTAL 2015 DOI: 10.15766/mep_2374-8265.10120.
- 5. **Holt S**, Tetrault J. Unhealthy Alcohol Use. Clinics In Liver Disease 2016, 20: 429-444. <u>PMID:</u> 27373607, <u>DOI: 10.1016/j.cld.2016.02.003</u>.
- Donroe JH, Holt SR, Tetrault JM. Caring for patients with opioid use disorder in the hospitalCaring for patients with opioid use disorder in the hospital. Canadian Medical Association Journal 2016, 188: cmaj.160290. <u>PMID: 27647616</u>, <u>PMCID: PMC5135493</u>, <u>DOI: 10.1503/cmaj.160290</u>.

- 8. **Holt SR**, Segar N, Cavallo DA, Tetrault JM. The Addiction Recovery Clinic. Academic Medicine 2017, 92: 680-683. PMID: 28441678, DOI: 10.1097/acm.00000000001480.
- 9. Donroe JH, **Holt SR**, O'Connor P, Sukumar N, Tetrault JM. Interpreting quantitative urine buprenorphine and norbuprenorphine levels in office-based clinical practice. Drug And Alcohol Dependence 2017, 180: 46-51. <u>PMID: 28866369</u>, <u>DOI: 10.1016/j.drugalcdep.2017.07.040</u>.
- Siddharthan T, Soares S, Wang HH, Holt SR. Objective Structured Clinical Examination–Based Teaching of the Musculoskeletal Examination. Southern Medical Journal 2017, 110: 761-764. <u>PMID:</u> 29197309, DOI: 10.14423/smj.00000000000739.
- Holt SR, Donroe JH, Cavallo DA, Tetrault JM. Addressing discordant quantitative urine buprenorphine and norbuprenorphine levels: Case examples in opioid use disorder. Drug And Alcohol Dependence 2018, 186: 171-174. <u>PMID: 29579725</u>, <u>DOI:</u> <u>10.1016/j.drugalcdep.2017.12.040</u>.
- Stepczynski J, Holt SR, Ellman MS, Tobin D, Doolittle BR. Factors Affecting Resident Satisfaction in Continuity Clinic—a Systematic Review. Journal Of General Internal Medicine 2018, 33: 1386-1393.
 <u>PMID: 29736753</u>, <u>PMCID: PMC6082200</u>, <u>DOI: 10.1007/s11606-018-4469-8</u>.
- Edelman EJ, Moore BA, Holt SR, Hansen N, Kyriakides TC, Virata M, Brown ST, Justice AC, Bryant KJ, Fiellin DA, Fiellin LE. Efficacy of Extended-Release Naltrexone on HIV-Related and Drinking Outcomes Among HIV-Positive Patients: A Randomized-Controlled Trial. AIDS And Behavior 2018, 23: 211-221. <u>PMID: 30073637</u>, <u>PMCID: PMC6476298</u>, <u>DOI: 10.1007/s10461-018-2241-z</u>.
- 14. Graddy, R., Accurso, A.J., Nandiwada, D.R. et al. Models of Resident Physician Training in Opioid Use Disorders. Curr Addict Rep 6, 355–364 (2019). https://doi.org/10.1007/s40429-019-00271-1
- 15. Holt S, Donroe J. Unhealthy Alcohol Use. 2019 DOI: 10.2310/psych.13106.
- 16. Holt S, Donroe J. Unhealthy Alcohol Use. Family Medicine 2019 DOI: 10.2310/fm.13106.
- 17. Holt S, Donroe J. Unhealthy Alcohol Use. 2019 DOI: 10.2310/im.13106.
- Ahmed OM, Mao JA, Holt SR, Hawk K, D'Onofrio G, Martel S, Melnick ER. A scalable, automated warm handoff from the emergency department to community sites offering continued medication for opioid use disorder: Lessons learned from the EMBED trial stakeholders. Journal Of Substance Abuse Treatment 2019, 102: 47-52. <u>PMID: 31202288</u>, <u>PMCID: PMC6578846</u>, <u>DOI:</u> 10.1016/j.jsat.2019.05.006.
- Holt SR, Donroe JH, Cavallo DA, Tetrault JM. Corrigendum to "Addressing discordant quantitative urine buprenorphine and norbuprenorphine levels: Case examples in opioid use disorder" [Drug Alcohol Depend. 186 (2018) 171–174]. Drug And Alcohol Dependence 2019, 205: 107601. <u>PMID:</u> <u>31593815</u>, <u>DOI: 10.1016/j.drugalcdep.2019.107601</u>.
- Tetrault JM, Holt SR, Cavallo DA, O'Connor PG, Gordon MA, Corvino JK, Nich C, Carroll KM. Computerized Cognitive Behavioral Therapy for Substance Use Disorders in a Specialized Primary Care Practice: A Randomized Feasibility Trial to Address the RT Component of SBIRT. Journal Of Addiction Medicine 2020, 14: e303-e309. <u>PMID: 32371660</u>, <u>DOI: 10.1097/adm.00000000000663</u>.
- Holt S, Tobin D, Whitman L, Ellman M, Moriarty J, Doolittle B. Creating a Satisfying Continuity Clinic Experience for Primary Care Trainees. The American Journal Of Medicine 2020, 134: 547-553.
 <u>PMID: 33385340</u>, DOI: 10.1016/j.amjmed.2020.12.005.

Peer-Reviewed Reviews, Practice Guidelines, Standards, and Consensus Statements

- Holt, SR, Fiellin DA. Psychiarty: Unhealthy Alcohol Use. In: Nabel EG, editor, Scientific American Medicine [online]. Hamilton (ON): Decker Intellectual Properties; May, 2014. DOI: 10.2310/7900.1073
- 2. Holt SR, Moriarty J. "Strategies for Teaching Physical Diagnosis at the Bedside." Academic Internal Medicine Insight, 2016; 14: 17-19
- 3. Holt S, Tetrault J. Invited author for Uptodate: "Ambulatory management of alcohol withdrawal." Uptodate.com. Available as of 12/1/2017.
- 4. **Holt SR**, Tobin DG. Pharmacotherapy for Alcohol Use Disorder. Medical Clinics Of North America 2018, 102: 653-666. <u>PMID: 29933821</u>, <u>DOI: 10.1016/j.mcna.2018.02.008</u>.
- Donroe JH, Holt SR. Unhealthy Alcohol Use. In: Black DW, editor. Psychiatry [online]. Hamilton ON: Decker Medicine; April, 2019. DOI: 10.2310/7800.13106. Available at https://www.deckerip.com/decker/psychiatry/
- Holt SR, Fiellin, DA. Treatment of Unhealthy Alcohol Use. In: Black DW, editor. Psychiatry [online]. Hamilton ON: Decker Medicine; April, 2019. DOI: 10.2310/7800.13107. Available at https://www.deckerip.com/decker/psychiatry/
- 7. Holt, S. Invited author for Uptodate: "Alcohol use disorder: Pharmacologic management". Uptodate.com. Available as of 3/20/2021.
- Cohen SM, Alexander RS, Holt SR. The Spectrum of Alcohol Use: Epidemiology, Diagnosis, and Treatment. The Medical Clinics Of North America 2022, 106: 43-60. <u>PMID: 34823734</u>, <u>DOI:</u> <u>10.1016/j.mcna.2021.08.003</u>.
- 9. Holt, S. Invited author for Uptodate: "Approach to treating alcohol use disorder." Uptodate.com. Available as of 2/1/2022.
- Elisseou S, Holt SR. Effective Strategies for Planning and Facilitating Morning Report. Journal Of Graduate Medical Education 2022, 14: 260-264. <u>PMID: 35754651</u>, <u>PMCID: PMC9200236</u>, <u>DOI:</u> <u>10.4300/JGME-D-21-01084.1</u>.

Peer-Reviewed Educational Materials

- 1. Holt S., Gift H. Psoriasis. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 6th edition, Volume 3. New Haven, CT: Yale, 2007
- 2. Holt S. Urinary Incontinence. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 6th Edition, Volume 4. New Haven, CT: Yale, 2008
- 3. Holt S. Chronic Obstruction Pulmonary Disease. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 6th edition, Volume 6. New Haven, CT: Yale, 2009
- 4. Holt S. Management of Type II Diabetes Mellitus. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 1. New Haven, CT: Yale, 2009
- 5. Holt, S. Diagnosis of Asthma. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 2. New Haven, CT: Yale, 2010
- 6. Holt, S. Chronic Obstructive Pulmonary Disease. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 3. New Haven, CT: Yale, 2010
- 7. Holt, S. Urinary Incontinence. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 4. New Haven, CT: Yale, 2011
- 8. Holt, S. Dyspepsia. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 5. New Haven, CT: Yale, 2011

- 9. Holt, S. Chronic Obstructive Pulmonary Disease. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 7th edition, Volume 6. New Haven, CT: Yale, 2012
- 10. Holt, S. Management of Alcohol Dependence. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 1. New Haven, CT: Yale, 2012
- 11. Holt S. Evaluation of Knee Pain. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 2. New Haven, CT: Yale, 2013
- 12. Holt, S. Urinary Incontinence. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 2. New Haven, CT: Yale, 2013
- 13. Holt, S. Bipolar Disorders. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 3. New Haven, CT: Yale, 2014
- Soares S, Wang H, Siddharthan T, Holt S. OSCE-Based Teaching of the Musculoskeletal Exam to Internal Medicine Residents and Medical Students: Neck and Spine. MedEdPORTAL Publications; 2015. Available from: https://www.mededportal.org/publication/10120
- 15. Holt, S. Approach to Heel and Ankle Pain. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 3. New Haven, CT: Yale, 2015
- Soares, S, Holt, S. Office-Based Treatment of Opioid Disorder. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 4. New Haven, CT: Yale, 2015
- 17. Holt, S. Low Back Pain. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 5. New Haven, CT: Yale, 2016
- 18. Holt, S. Shoulder Pain. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 8th edition, Volume 6. New Haven, CT: Yale, 2017
- 19. Holt, S. Medical Marijuana . In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 9th edition, Volume 1. New Haven, CT: Yale, 2017
- 20. Holt S. Pharmacotherapy for Diabetes Mellitus. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 9th edition, Volume 1. New Haven, CT: Yale, 2018
- 21. Holt, S. Depression. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 9th edition, Volume 2. New Haven, CT: Yale, 2018
- 22. Holt S. Peripheral Artery Disease. In Rosenbaum JR, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 9th edition, Volume 3. New Haven, CT: Yale, 2019
- 23. Nandiwada R, Accurso A, Graddy R, Holt SR, Shalaby M. Establishing a Meaningful Opioid Use Disorder Curriculum Within Your Residency Program. In Primary Care Track Toolkit: APDIM Primary Care Forum; 2019. Available from: https://www.im.org/resources/ume-gme-programresources/pccurriculum
- 24. Nandiwada R, Accurso A, Graddy R, Holt SR, Shalaby M. Establishing a Meaningful Opioid Use Disorder Curriculum Within Your Residency Program. In Primary Care Track Toolkit, Second Edition: APDIM Primary Care Forum; 2020. Available from: https://www.im.org/resources/umegme-program-resources/pccurriculum
- 25. Holt S. Peripheral Artery Disease. In Gielissen K, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 9th edition, Volume 5. New Haven, CT: Yale, 2021
- 26. Holt, SR. (2020). Physical Examination [MOOC]. Lecturio E-Learning Platform.
- 27. Holt S. Peripheral Artery Disease. In Gielissen K, Hay S, Whitman LW, eds. Yale Office-Based Medicine Curriculum, 10th edition, Volume 1. New Haven, CT: Yale, 2022

- 28. Oyeyemi D, Holt SR, Black A. Developing an Anti-Racism Curriculum. In Primary Care Track Toolkit, Third Edition: APDIM Primary Care Forum; 2022. (In press)
- 29. Holt, SR. (2022). Essentials of Addiction Medicine [MOOC]. MedMastery E-Learning Platform.
- 30. Holt, SR, Peterkin A, Cohen, S. (2023). Treatment of alcohol use disorder, on-demand course [MOOC]. ASAM aLearning Platform.
- 31. Holt, SR. (2023). Outpatient Procedures [MOOC]. MedMastery E-Learning Platform.

Chapters

1. Chan CA, Tetrault JM, Holt SR. Leading a substance use disorder clinic. In Lu LB, Barette EP, Noronha C, Sobel HG, Tobin DG (Eds.), Leading an Academic Medical Practice, 3rd Ed. Springer International Publishing. (In press)

Commentaries, Editorials and Letters

- 1. Holt SR. A Combination of Legislative Acts are Necessary to Reduce Gun Violence. The Cheshire Herald, April 5, 2018, Letter to the Editor
- Holt SR, Rosenbaum J, Ellman M, Doolittle B, Tobin DG. Physicians Should Play a Role in Ensuring Safe Firearm Ownership. Journal Of General Internal Medicine 2019, 34: 1637-1640. <u>PMID:</u> <u>31062224</u>, <u>PMCID: PMC6667526</u>, <u>DOI: 10.1007/s11606-019-05034-2</u>.
- Tobin DG, Holt SR, Doolittle BR. Responding to Unsafe Opioid Use: Abandon the Drug, Not the Patient. Journal Of General Internal Medicine 2020, 36: 790-791. <u>PMID: 33037590</u>, <u>PMCID:</u> <u>PMC7947064</u>, <u>DOI: 10.1007/s11606-020-06281-4</u>.