

Date of revision July 31, 2020

Name: David N. Podell, M.D, Ph.D.

Proposed for promotion to: Clinical Professor of Medicine

Term reappointment from: July 1, 2020 to July 1, 2025

School: Yale University School of Medicine

Education:

1969-1973 B.S. Magna Cum Laude, Hobart College
Geneva, N.Y. (Chemistry and Mathematics)

1973-1980 M.D. with Distinction in Research,
University of Rochester School of Medicine,
Rochester, N.Y.

1973-1980 Ph.D. Immunology, University of Rochester
School of Medicine, Rochester, N.Y.
(Studies on a human cryogelimmunoglobulin,
Dr. George N. Abraham, supervisor)

Career/Academic Appointments:

1972-1973 Trainee, Clinical Investigator Training Program,
University of Rochester School of Medicine,
Rochester, N.Y.

1974-1980 Fellow, Medical Scientist Training Program,
University of Rochester, Rochester, N.Y.

1980-1981 Intern, Department of Medicine, Yale-New Haven
Hospital, New Haven, CT.

1981-1982 Junior Assistant Resident, Department of Medicine,
Yale-New Haven Hospital, New Haven, CT.

1982-1983 Senior Assistant Resident, Department of Medicine
Yale-New Haven Hospital, New Haven, CT.

1983-1985 Postdoctoral Fellow, Section of Rheumatology,
Department of Internal Medicine, Yale University, New Haven, CT

1986-1989 Assistant Professor of Medicine, Section of Immunology,
Department of Internal Medicine, Yale University School of Medicine, New Haven, CT

1985 -1995	Attending Physician West Haven VA Hospital West Haven, Connecticut
1986-1989	Attending physician at Yale-New Haven Hospital, General medical service. Clinical immunology service, Allergy and Clinical Immunology Clinic.
1989-1993	Assistant Clinical Professor of Medicine, Yale University School of Medicine, New Haven, CT.
1989-1996	Director, Section of Rheumatology Physical Medicine and Rehabilitation Waterbury Hospital, Waterbury, CT.
1989-present	Rheumatologist, Waterbury Hospital, Waterbury, CT.
1993-2005	Associate Clinical Professor of Medicine, Yale University School of Medicine, New Haven, CT.
2005-present	Clinical Professor of Medicine, Yale University School of Medicine, New Haven, CT.
1994-1995	Interim Director of Medicine Waterbury Hospital, Waterbury, CT.
1995-2007	Director of Medicine Waterbury Hospital Health Center, Waterbury, CT
1995-1997	Associate Program Director, Rheumatology Fellowship, Yale University School of Medicine
1999-2000	Governor-Elect Designee, Connecticut Chapter American College of Physicians, American Society of Internal Medicine
2000-2001	Governor-Elect, Connecticut Chapter American College of Physicians, American Society of Internal Medicine
2001-2005	Governor, Connecticut Chapter American College of Physicians
2002-present	Clinical Adjunct Associate Professor Quinnipiac University School of Health Sciences

2002-present	Attending Physician St. Mary's Hospital Waterbury, CT.
2007-2012	Firm Chief, Waterbury Hospital, Waterbury, CT.
2012-present	Chairman, Department of Medicine Waterbury Hospital, Waterbury, CT.
2013-present	Clinical Professor of Medicine Frank Netter School of Medicine Quinnipiac University Hamden, CT.
9/10/14-present	Northeast Medical Group, Inc. Rheumatologist Hospital of St. Raphael New Haven, CT.

Administrative Positions:

1989-1996	Director, Section of Rheumatology Physical Medicine and Rehabilitation Waterbury Hospital, Waterbury, CT.
1994-1995	Interim Director of Medicine Waterbury Hospital, Waterbury, CT.
1995-2007	Director of Medicine Waterbury Hospital Health Center, Waterbury, CT
1995-1997	Associate Program Director, Rheumatology Fellowship, Yale University School of Medicine
2007-2012	Firm Chief, Waterbury Hospital, Waterbury, CT.
2012-present	Chairman, Department of Medicine Waterbury Hospital, Waterbury, CT.

Board certification:

1984 American Board of Internal Medicine, Internal Medicine
1990 Diplomat, American Board of Internal Medicine, Rheumatology
2010 Certified American Board of Internal Medicine, Rheumatology

Invited Lectures:

1999 Medical Grand Rounds
"Update in Rheumatology"
Harrington Memorial Hospital
Southbridge, Mass.

1998 American College of Physicians Review Course
"Rheumatology Update; Beyond Cox II"
Scottsdale, Arizona

1999 Medical Grand Rounds
"Inflammatory Muscle Disease"
Harrington Memorial Hospital
Southbridge, Mass.

2001 Medical Grand Rounds
Yale Department of Medicine
"38 year old man with subdural hematoma, scleritis, and positive HCV"
New Haven, CT

2001 Medical Grand Rounds
"Extra-hepatic manifestations of HCV"
Harrington Memorial Hospital
Southbridge, Mass.

2003 International Lecturer
American College of Physicians
Advances in Drug Therapies in Rheumatology"
Medical Grand Rounds
St. Claire's Mercy Hospital and
Health Sciences Center
St Johns, Newfoundland, Canada

2003 Canadian Society of Internal Medicine Atlantic Division
American College of Physicians
Atlantic Regional Meeting and
St John's Regional Hospital
St Johns, New Brunswick

2003 Medical Grand Rounds
Dalhousie University
Halifax, Nova Scotia

- 2005 Medical Grand Rounds
Waterbury Hospital
Waterbury, Connecticut
“A 59 Year Old Man with Aspiration Pneumonia, Cellulitis, Sepsis and Down Syndrome”
- 2018 Checkpoint and Checkmate
Rheumatology Medical Grand Rounds
Yale University School of Medicine
Immune-Related Adverse Events of Oncologic Immunotherapy
- 2019 Rheumatology Grand Rounds
Yale University School of Medicine
Multicentric Reticulohistocytosis
- 2019 Greenwich Hospital
Joint/Musculoskeletal Workshop
Management of the Knee in Primary Care
- 2019 Norwalk Hospital
Musculoskeletal Hospital
Approach to the Patient with Chronic Shoulder Pain
- 2020 Medical Grand Rounds
Waterbury Hospital
Systemic Sclerosis: Sjogren’s Syndrome, and Primary Biliary Cholangitis:
Cause, Consequences, or Coincidence?

Professional Honors and Recognitions:

Teacher of the Year 2017/2018
Yale-New Haven/Waterbury Hospital Internal Medicine Residency Program

Hospital-Based Teacher of the Year – In Recognition of Exceptional Quality and Dedication in Education
Yale Primary Care Internal Medicine Residency Program. 2006, 2010

Laureate Award, American College of Physicians, Connecticut Chapter, 1998.
Awarded for excellence in medical care, education, or research, and in service to the community and the ACP

Samuel Kushlan Award, for clinical excellence, - Yale-New Haven Hospital, 1983

Robert Kates Award, University of Rochester School of Medicine, 1980
Awarded for excellence in both clinical medicine and in research

Alpha Omega Alpha, University of Rochester School of Medicine, 1980

Phi Beta Kappa, Hobart College 1973

Grants:

- 1975-1976 Arthritis Foundation Grant, Rochester, N.Y.
Studies on a Human Cryoglobulin.
\$10,000
- 1983-1984 American Heart Association Grant,
Connecticut Affiliate-Studies on Antigen Variation in the African trypanosome.
\$50,000
- 2000-2001 Community Action Grant SAMHSA
Project to convene community agencies, stakeholders and homeless or formerly homeless individuals to implement an exemplary practice in order to provide needed system changes to better serve Waterbury's neediest residents, particularly homeless adults.
\$150,000
- 2001-2002 Community Action Grant SAMHSA
Project to address in a holistic manner the mental health needs of homeless and near homeless people with mental disorders in the greater Waterbury area utilizing primary care physician-nurse-social worker team that integrates health services emphasizing mental health in the community clinics in order to improve patient's quality of life.
\$150,000

Bibliography:

Abou-Ziki, M., **PODELL, D.N., M.D., Ph.D.**, and Schiliro, D. "The Value of the History and Physical Examination - Sailing through Medicine with Modern Tools, A Teachable Moment". JAMA International Medicine, October 19, 2015. E1-E2, Waterbury, CT.

Dreyfus, D., Na, Chang Rim; Randolph, Christopher, Kearney, Denise, Price, Christina, and **PODELL, D.N.**, (2014) Successful Rituximab B Lymphocyte Depletion Therapy for Angioedema due to Acquired C1 Inhibitor Protein Deficiency: Association with Reduced C1 Inhibitor Protein Antibody Titers. Israel Medical Association Journal, (16) 3:15-3:16

O'Neil, K., Jirawuthiworavong, G.V., **PODELL, D.N.**, and Lesser, R.I., (2007) Choroidal and Optic Nerve Infarction in Hepatitis C-Associated Polyarteritis Nodosa. J. Neuroophthalmol. (3):184-188

McLean, R.M., and **PODELL, D.N.** (1995) Bone and joint manifestations of hypothyroidism: A case report and review, Seminar Arthritis and Rheumatism, 24: 282-290

Arroliga, A., **PODELL, D.N.**, and Matthay, R. Pulmonary Manifestations of Scleroderma. J. Thoracic Imaging 1992; 7(2); 30-45

Michaeli, S., **PODELL, D.N.**, Agabian, N., and Ullu, E. (1992) The 7SL RNA homologue of Trypanosoma brucei is closely related to mammalian 7SL RNA, Molecular and Biochemical Parasitology, 51: 55-64.

PODELL, D.N., Abraham G.N., Packman, C.H., and Maniloff, J. (1987) Characterization of monoclonal IgG cryoglobulins: Fine-structural and morphological analysis. Blood, vol. 69, No. 2 pp. 677-651

Abraham, G.N., Johnson, S.L., Hall, C., Scovile, C., and **PODELL, D.N.** (1986) Cryo- precipitation as a consequence of globin-antiglobin reactions, in cryoglobulinemia and renal disease, C. Protagell, and G. Dominico Eds., Rome, Italy.

PODELL, D.N., Harden, J.A. Moseley, R.H., and Boyer, J.L. (1985) The spectrum of antinuclear antibodies in primary biliary cirrhosis. Clinical Research 33:511A. Presented to AFCR, 1985

Abraham, G.N., **PODELL, D.N.**, Welch, E.H, Johnson, S.L. (1983) Ideotopic relatedness of human monoclonal IgG cryoglobulins. Immunotherapy, vo. 84, No. 2, pp. 315-320.

Abraham, G.N., and **PODELL, D.N.** (1981) Pyroglutamic acid, non-metabolic formation, function in proteins and peptides, and characterization of the enzymes effecting its removal. Molecular and Cellular Biochemistry, 38:181-190.

Abraham, G.N., **PODELL, D.N.**, Wistar, R., Jr., Johnston, S.L. and Welch, E.H. (1979) Immunochemical and structural properties of human monoclonal IgG cryoglobulins. Clin. Exp. Immunology 36:6370.

PODELL, D.N. and Abraham, G.N. (1978) A technique for the removal of pyroglutamic acid from the amino terminus of proteins using calf liver pyroglutamate amino peptidase. Biochem. Biophys. Res. Comm. 81: 176-185.

Papers/Posters Presented:

Systemic Lupus Erythematosus in Hispanics: A Disease of Important Significance.

Vaghela, S. M.D., PGY1, Weissberger, R. M.D., **PODELL, D.N., M.D., Ph.D.**,
CT. Chapter ACP meeting 2014, Southington, CT.

Depression, Psychosis, and Obsessive Compulsive Behavior in a 29 Year Old Woman Successfully Treated with Rituximab: The Many Faces of Neuropsychiatric Lupus. Robinson L., M.D. and **PODELL, D.N., M.D., Ph.D.**,
CT. Chapter ACP meeting 2014, Southington, CT.

Shin, B., **PODELL, D.N, M.D., Ph.D.**, Abdominal Pain as the Initial Presenting Feature of Systemic Lupus Erythematosus, Abstract Submission, Research Day 2006, Waterbury, CT.

Kapil, S., **PODELL, D.N., M.D., Ph.D.**, Infiltrative Neurosarcoidosis or Tuberculous Meningitis: An Unusual Case of Amenorrhea and Galactorrhea. Abstract Submission, Research Day 2006, Waterbury CT.

D'Avirro, J., Smith, D., Mastrangelo, A., Brienza, R. and **PODELL, D.N., M.D., Ph.D.** Thoughts on the Wilby High School Club Mentoring Program. ACP-ASIM 2001 Associates Oral & Poster Competition, Waterbury, CT.

Ta, K, Cai, J., Hill, P., **PODELL, D.N., M.D., Ph.D.**, and Ellis, P. Health Problems Among Homeless People in Waterbury, CT., ACP-ASIM 2001 Associates Oral & Poster Competition, Waterbury, CT.

Saran, A., Renda, J. and **PODELL, D., M.D., Ph.D.** Successful treatment of lupus glomerulonephritis with mycophenolate mofetil. ACP 1999 Associates Poster Competition, Trumbull, CT.

Kim, L., Aronin, S., **PODELL, D., M.D., Ph.D.**, Recalcitrant Erythematous Desquamating Disorder in an HIV Negative Woman after an Endometrial Biopsy. ACP 1999 Associates Poster Competition, Trumbull, CT.
Selig, Charles, M.D., **PODELL, D., M.D., Ph.D.**, and Radford, Martha, M.D.

Stroke Prevention in Atrial Fibrillation; Translation of Clinical Trial into Practice:
7th Annual Cardiovascular Symposium. Atrial Fibrillation: The Arrhythmia of the Elderly.
Yale University School of Med. August 11-13, 1997.

Sohn, W., M.D., and **PODELL, D., M.D., Ph.D.**, Milwaukee Shoulder, Chronic pyrophosphate arthropathy, or gout as differential diagnosis of unstable shoulder joint;
American College of Physicians 1995 Associates Poster Competition, Trumbull, CT.

Ong, Janus, M.D., and **PODELL, D., M.D., Ph.D.** Use of MRI in diagnosing inflammatory muscle disease; American College of Physicians 1995 Associates Poster Competition, Trumbull, CT.

"Utility of a brief assessment instrument in acute stroke care: a preliminary study", Littman, E.B., DuHamel, K., Stacy, J., Fitzgibbons, L., and **PODELL, D.**
National Academy of Neuropsychology, Poster Presentation, Nov. 3, 1994.

"The value of fetal blood sampling in the prenatal diagnosis of severe combined immunodeficiency syndrome"
M. Mahoney, A. Scioscia, P. Gaimun, **D. PODELL**, J. Hobbins. American Society of Human Genetics, Annual Meeting 1987, San Diego, CA.

"The spectrum of antinuclear antibodies in primary biliary cirrhosis"
American Federation of Clin. Res., Washington, D.C. May 3-6, 1985.

"Structural Analysis of an IgG1-lambda Cryoglobulin"
62nd. Annual Meeting of the American Association of Immunologists. Atlanta, Georgia, June 4-18, 1978.

"Characterization of IgG-4 rheumatoid factor": American Rheumatism Association at the national scientific meeting, Miami, Florida, Dec. 10-11, 1976.

"Characterization of monoclonal IgM rheumatoid factors"
Second International Congress of Immunology. Brighton, England. 1974.

Chapters:

PODELL, David N. and Schoen, Robert "Arthritis and Fever, Weight Loss or Fatigue" in Rheumatology. Eds Klippel, J.H. and Dieppe, P.A. 1994 Mosby Publishing, London, U.K.

Professional Services:

Waterbury Hospital:

Staff Executive Committee
Institutional Review Board, Co-Chair
Education Committee

Peer Review Committee
Quality and Safety Committee
Research Day Planning Committee

Yale University:

Intern Selection Committee
Residency Restructuring Committee

State Committees:

- 1995-present Governor's Council,
American College of Physicians
- 1989-present Member of Program Committee, American College of Physicians,
Connecticut Chapter; Chairman 1989-1993, 1997-2001
- 1994-present Health and Public Policy Committee
Connecticut Chapter - American College of Physicians
- 1999-2000 Qualidigm (Connecticut QIO) Advisory Expert Panel for Primary Care
- 1999-2003 Area Health Education Center (AHEC)
Advisory Board
- 2000-2002 Qualidigm (Connecticut QIO) Hospital Collaborators Panel

National Committees:

- 2000-2002 National Stakeholders Committee
Doctors Office Quality (DOQ) Project
Center for Medicare and Medicaid Services
- 2002-2005 Medical Services Committee
American College of Physicians
- 2003-2004 Planning Committee for Multiple Small Feedings of the Mind Program
American College of Physicians
- 2004-2006 Volunteerism Committee
American College of Physicians
- 2005-2006 Chairman, Volunteerism Committee
American College of Physicians

Programs Developed at Waterbury Hospital:

Nurse Shadowing:

Exchange program between medical students and nursing students. Allows each discipline to experience each other's role by shadowing each other for one day.

Stroke Team:

Multidiscipline team developed to enhance care of patients admitted with Stroke (DRG 14). Improved LOS, clinical outcomes and decreased utilization.

Afib/Anticoagulation Program

Qualidigm (Connecticut CIO) project, which greatly improved anticoagulation of all patients admitted with atrial fibrillation.

Homeless Shelter Clinic – Yale Primary Care Internal Medicine Residents

Medical residents rotate ½ day per week at medical clinic at St. Vincent DePaul Shelter, largest shelter in Connecticut.

Rural Elderly Practicum:

Medical residents work with VNA in outreach to patients in Bethlehem, Connecticut.

Wilby High School Mentoring Program:

Developed mentoring program between students at Wilby High School (drop out rate 40%) and Yale Primary Care residents to encourage careers in allied health areas as well as introduction to health issues.

Development of Clinical Pathways

Developed and implemented pathways within the department of medicine including community acquired pneumonia, asthma, acute coronary syndrome, CHF, stroke, cellulitis, COPD, asthma and alcohol withdrawal.

Make Waterbury Hospital a Thrombus Free Hospital Program

Developed a protocol, pathway and educational programs to identify, stratify and treat patients on the medical service who fulfill criteria for anticoagulation.

Academic Hospitalist Program:

Director of six-member hospitalist program resulting in decreased length of stay, decrease utilization of resources and improved quality measures on the acute medical service of Waterbury Hospital Health Center.

Pursuit of Perfection Program:

Developed Multidisciplinary rounds to improve quality measures for patients admitted to Waterbury Hospital Health Center with diagnosis of community acquired pneumonia.

Clinical Research Center (CRC) (in development)

Creation of a CRC within the department to provide opportunity for faculty, housestaff and medical students to conduct clinical research in the inpatient and outpatient settings. Provide instruction and experience in creating research protocols, conducting research and development of work into presentations and publications.

