

Curriculum Vitae

Pieter Joost van Wattum, M.D., M.A

Education: R.N. Zuster Engelberts School of Nursing, Rotterdam, The Netherlands, 1981
M.A. Psychology, Rijks Universiteit Leiden, The Netherlands, 1992
M.D. Erasmus Universiteit, Rotterdam, The Netherlands, 1994

Career/Academic Appointments:

The Netherlands:

1981 Staff Nurse, Red Cross Hospital, The Hague
1982 Head Nurse, Steenvoorde Hospital for the Elderly, Rijswijk
1983 Addiction Therapist, Bouman Alcohol and Drug Rehabilitation Center, Rotterdam
1983 Addiction Therapist, De Keet Drug Rehabilitation Unit, Delta Psychiatric Hospital, Poortugaal
1984 Staff Nurse, Karl Hormann Center Methadone Project, Rotterdam
1984-94 Staff Nurse, Delta Psychiatric Hospital, Poortugaal
1986 District Nurse, Roelofarendsveen
1987 Head Nurse, Beatrix-Irene Institute for Developmentally and Physically Disabled Children, Rotterdam
1991-94 Staff Nurse, Rokkeveen Group Home for Developmentally and Physically Disabled Young Adults, Zoetermeer
1994-95 Postdoctoral Training in Child and Adolescent Psychiatry, Erasmus University, Rotterdam

United States:

1995-96 Postdoctoral Research Associate in Child and Adolescent Psychiatry, Child Study Center (CSC), Yale School of Medicine (YSM), New Haven, CT
1996-00 Resident, Psychiatry, YSM, New Haven, CT
1998-00 Psychiatrist on Duty, Silver Hill Hospital, New Canaan, CT
1998-02 Psychiatrist on Duty, Institute of Living, Hartford, CT
1998-02 Psychiatrist on Duty, Emergency Room and Evening Chemical Dependency Program, Hospital of Saint Raphael, New Haven, CT

1999-00 Chief Resident, Post-traumatic Stress Disorder Firm, Veterans Administration Connecticut Healthcare System (VACHS), YSM, West Haven, CT

2000-02 Consultant, New Haven Clinic of Court Evaluations, 2000-2002

2000-02 Child and Adolescent Psychiatry Fellowship, Child Study Center, YSM, New Haven, CT

2001-02 Chief Resident, Child Study Center, YSM, New Haven, CT

2001-03 Attending, Psychiatry Consultation-Liaison Service, VACHS, West Haven, CT

2002 Instructor in Child Psychiatry, Child Study Center, YSM, New Haven, CT (Jan-Jun)

2002-09 Assistant Clinical Professor of Child Psychiatry, Child Study Center, YSM, New Haven, CT

2002-05 Attending Physician, Adolescent Intensive Outpatient Program and Dual Diagnosis Unit, Yale-New Haven Psychiatric Hospital, New Haven, CT

2002-03 Consultant, Boys and Girls Village Youth and Family Services, Milford, CT

2002-05 Consultant, Saint Francis Home for Children, New Haven, CT

2002-05 Consultant, Court Based Assessment Services, Superior Court for Juvenile Matters, New Haven, CT

2002-07 Consultant, Area Cooperative Educational Services (ACES), Hamden, CT

2003-05 Consultant, Clifford Beers Guidance Clinic, New Haven, CT

2005-present Consultant, Youth Continuum, New Haven, CT,

2006-09 Assistant Clinical Professor of Psychiatry, Dept of Psychiatry, YSM, New Haven, CT

2007-present Consultant, The Children's Center of Hamden, Hamden, CT

2009-present Associate Clinical Professor of Child Psychiatry and Psychiatry, YSM, New Haven, CT

Administrative Positions:

2005-present Medical Director, Clifford Beers Guidance Clinic, New Haven, CT

2009-present Medical Director Residential Services, The Children's Center of Hamden, Hamden, CT

Board Certification:

American Board of Psychiatry and Neurology, Psychiatry, 2003

American Board of Psychiatry and Neurology, Certification in Child and Adolescent Psychiatry, 2004

Hospital Affiliations:

2000-present Yale-New Haven Hospital
2000-present West Haven Veterans Administration Medical Center
2000-2012 Hospital of Saint Raphael

Professional Honors and Recognition:

A) International/National/Regional

2001: Presidential Scholar Award, American Academy of Child and Adolescent Psychiatry
2001: Collaboration Essentials Outstanding Resident Award, American Academy of Child and Adolescent Psychiatry
2003: Young Investigator Award, National Alliance for Research in Schizophrenia and Depression
2011: Distinguished Fellow, American Academy of Child and Adolescent Psychiatry
2013: Fellow, American College of Psychiatrists

B) University:

1999 Chief Resident, Post-traumatic Stress Disorder Firm, Veterans Administration Connecticut Healthcare System (VACHS), YSM, West Haven, CT
2001: Chief Resident, Yale Child Study Center

Grant History:

Past Grants

Agency: Yale Diabetes and Endocrinology Research Center, NIDDK

I.D. # Pilot Project Grant

Title: *Treatment of Depression in Children with Type I Diabetes Mellitus*

P.I. Pieter Joost van Wattum, M.D., M.A.

Project Period: 01/01/02-12/31/04

Agency: National Alliance for Research in Schizophrenia and Depression

I.D. # Young Investigator Award

Title: *Treatment of Depression in Children with Type I Diabetes Mellitus*

P.I. Pieter Joost van Wattum, M.D., M.A.

Project Period: 07/01/03-12/31/05

Lectures, Courses, Presentations, Web-based Education:

- 2014 Web-based Education: Schizophrenia. First Consult. Elsevier
- 2013 Web-based lecture: The use of Antipsychotics in Child and Adolescent Psychiatry: An Update. APPNA Merit Program, 2013 for Pakistani Medical Schools. Association of Physicians of Pakistani Descent of North America
- 2013 Web-based Education: Attention Deficit Hyperactivity Disorder. First Consult. Elsevier
- 2012 Polypharmacy Reduction: Effects on treatment Outcome and Healthcare Cost: Analyses from a Residential Treatment Center. Albert J Solnit Children's Center, Middletown, Connecticut
- 2012 Psychopharmacology in Children and Adolescents. Southern Connecticut State University, New Haven, CT
- 2011 Polypharmacy Reduction: Effects on treatment Outcome and Healthcare Cost: Analyses from a Residential Treatment Center. Ethics Symposium: Polypharmacy in vulnerable Populations. Joint American and Canadian Academy of Child and Adolescent Psychiatry annual meeting, Toronto, Canada
- 2010 "Polypharmacy Reduction Leads to Positive Effects on both Treatment Outcome and Healthcare Cost: Analyses from a Residential Treatment Center". New Research Poster: Institute on Psychiatric Services, Boston
- 2010 "Polypharmacy Reduction Leads to Positive Effects on both Treatment Outcome and Healthcare Cost: Analyses from a Residential Treatment Center". New Research Poster: American Psychiatric Association annual meeting, New Orleans
- 2009 "Placement in a Residential Treatment Center Reduces Polypharmacy in Children and Adolescents". New Research Poster: European Association of Child and Adolescent Psychiatry annual meeting, Budapest, Hungary.
- 2009: "Diagnosis and Treatment of Mood Disorders" and "Diagnosis and Treatment of Psychotic Disorders", Connecticut Department of Children and Families Symposium "Children and Psychotropic Medication: The Interface between Primary Care and Psychiatry", Middletown, CT
- 2006: "Assessment of Childhood Depression in the Primary Care Clinic; Diagnostic Challenges", University Of South Carolina School of Medicine Behavioral Health Update for Primary Care Physicians, Hilton Head, SC
- 2005: "Childhood Trauma: Consequences of Natural and Man Made Disasters". Rotary International, Singapore

- 2005: "Psychopharmacology Update". Connecticut Council of Child and Adolescent Psychiatry, Hartford, CT
- 2003: "Childhood Depression: Diagnosis and Treatment". Siriraj Hospital, Mahidol University School of Medicine, Bangkok, Thailand

Professional Service:

- 2009-2010 Member, Sustinet (Connecticut Universal Health Care Plan) Health Care Quality and Provider Advisory Committee
- 2008-present Chair, HIC committee, Clifford Beers Guidance Clinic
- 2005-2006 Interim-Chair, Psychotropic Medication Advisory Committee, DCF
- 2004-present Member, Psychotropic Medication Advisory Committee, Connecticut Department of Children and Families (DCF)
- 2005-2008 Site Investigator, Child and Adolescent Psychiatry Trials Network (CAPTN)

Journal Service

- 2003-2009 Reader Responder Board, *Current Psychiatry*
- 2009 Reviewer, *British Medical Journal*
- 2013 Reviewer, *Therapeutic Advances in Psychopharmacology*

Professional Organizations:

Association for Academic Psychiatry

2013-present General member

American Society of Clinical Psychopharmacology

2008-2010 General member

American College of Psychiatrists

2013-present Fellow

2010-present Member, Psychiatrists In Practice Examination Editorial Board

2008-2013 General member

American Board of Psychiatry and Neurology

2005-present National Examiner, adult section (to date, 30 exams)

2006-present National Examiner, child and adolescent section (to date, 8 exams)
2008-present Senior Examiner, adult section

Connecticut Council of Child and Adolescent Psychiatry

2008-09 President
2006-2010 Member, Joint Executive Team, Connecticut Council of Child and Adolescent Psychiatry and Connecticut Chapter of the American Academy of Pediatrics
2006-07 President-elect
2004-present Member Executive team
2000-present General Member

American Academy of Child & Adolescent Psychiatry

2012-2013 Member, Committee on Life-Long Learning
2011-present Distinguished Fellow
2011 Member, Assembly Subcommittee on Maintenance of Certification
2010-present Assembly member
2007-2009 Assembly member, alternate
2000-2011 General member

Meeting/Planning/Participation:

2013 “Career Development”, discussant, Yale Medical Student Psychiatry Association
2011 “Advocacy in Psychiatry”, discussant, Yale Medical Student Psychiatry Association
2010 “Sexual abuse in Children”, discussant, Yale Medical Student Psychiatry Association
2008 Member organizing committee, Conference: The Obesity Crisis: Psychiatry Weighs In, YSM, New Haven, CT.
2006 Member organizing committee, Conference: Facing Stress: Implications for Psychiatric Practice and Research, YSM, New Haven, CT
2006 “Kids on Meds”, discussant, Yale Medical Student Psychiatry Association

Yale University Service:

Departmental Committees:

Child Study Center

2000-2007 Member, Fellow Selection Committee, Child Study Center

Department of Psychiatry

- 2012-present Dean's committee: HIP Psychiatry. Hospital Immersion Program, YSM-I
- 2009-2010 PGYIII Child and Adolescent Psychiatry Curriculum Committee
- 2008-present Medical Student Education Committee
- 2004-2009 Secretary/Treasurer, Department of Psychiatry Alumni Association

Teaching:

Child Study Center

- 2012-present Course Director: Developmental Psychopathology, Substance Use Disorders, Personality Disorders, Gay, Lesbian, Bisexual and Transgender issues
- 2012 Psychotic Disorders in Children and Adolescents
- 2009-2010 Mentor, Child and Adolescent Fellow
- 2008-2010 Course Director: Developmental Psychopathology; Psychotic and Mood Disorders
- 2006-present Site Director, Child Psychiatry Fellowship Rotation, Clifford Beers
- 2004-2011 Examiner, Child Study Center Mock boards
- 2006-2008 Medical Student (YMS-V) Research Mentor
- 2003 Mentor, Donald J. Cohen Medical Student Fellowship Program

Department of Psychiatry

- 2014 Faculty, Instructional Video "Psychiatry: What Every Doc Needs to Know" , Clinical Science of Psychiatry Module, YSM2, Yale Medical School
- 2013 Lecturer, Medical-Psychiatric Co-Morbidity, Clinical Science of Psychiatry Module, YSM2, Yale School of Medicine
- 2007-present Site Director, PGYIII Core Curriculum Child Psychiatry Rotation, Clifford Beers
- 2007-2011 Lecturer, Psychosomatics Fellowship Program
- 2005-2010 Lecturer, Psychiatry PGY-III Advanced Psychopharmacology Course
- 2005-present Site Director, Medical Student Psychiatry Clerkship, Clifford Beers
- 2006. Interview and Write-up Tutor, Medical Student Psychiatry Clerkship
- 2005-2006 Mentor, PGY-II Case rotation
- 2004-2006 Examiner, Department of Psychiatry Mock boards
- 2004-2006 Lecturer, Psychiatry PGY-II Introductory Curriculum, Psychosomatic Medicine
- 2003-present Preceptor, Yale University School of Medicine Society of Clinical Preceptors
- 2000-2003 Supervisor, PGYII-V, Psychiatry Consultation Liaison Service, Primary Care Clinic, VACHS

Bibliography:

1. Peer Reviewed Manuscripts

Verhulst FC, **van Wattum PJ** (1993): Two-Year Stability of Self-Reported Problem Behavior in an Epidemiological Sample of Adolescents. *Acta Psychiatrica Scandinavica* 87(5):322-8

van Wattum PJ, Verhulst FC (1994): Two-Year Stability of Problem Behavior in Adolescence. *Kind en Adolescent* 15 (4):191-203

van Wattum PJ, Anderson GM, Chappell PB, Goodman WK, Riddle MA, Leckman, JF (1999): Cerebrospinal Fluid Dynorphin A [1-8] and β -Endorphin Levels in Tourette's Syndrome Are Unaltered. *Biol Psychiatry* 45 (11): 1527-8

van Wattum PJ, Chappell PB, Zelterman D, Scahill LD, Leckman JF (2000): Patterns of Response to Acute Naloxone Infusion in Tourette's Disorder. *Movement Disorders* 15 (6): 1252-54

Scahill LD, Lombroso PJ, Mack G, **van Wattum PJ**, Vitale A, Leckman JF (2001): Thermal Sensitivity in Tourette's Syndrome: Preliminary Report. *Perceptual and Motor Skills* 92: 419-32

Joksovic P, **van Wattum PJ**, Chiles C (2011): A Curious Case of Depression. *Current Psychiatry* 10 (10): 61-73

van Wattum, PJ, Fabius, C, Roos C, Johnson T, Smith, C (2013): Polypharmacy Reduction in a Residential Treatment Center Leads to Positive Treatment Outcomes and Significant Cost Savings. *J Child Adolesc Psychopharmacology* 23 (10): 620-27

2. Case Reports, Technical Notes, Letters

van Wattum PJ, Chiles C (2001): Rapid Response to Low Dose Citalopram in Pathological Crying. *Gen. Hospital Psychiatry* 23:167-68

van Wattum PJ (2001): Valproic Acid and Risperidone. *J Am Acad Child Adolesc Psychiatry* 40 (8): 866-7

Chiles C, **van Wattum PJ** (2003): Pleural Fluid Eosinophilia in Combined Pharmacotherapy, *Psychosomatics* 44:437-38

van Wattum, PJ, (2006) Stuttering improved with Risperidone. *J Am Acad Child Adolesc Psychiatry* 45 (2): 133

Joksovic P, **van Wattum PJ**, Chiles C (2012): Bath Salts induced Psychosis and Serotonin Toxicity. *J Clin Psychiatry* 73(8): 1125

3. Reviews, Chapters, Books

Szydlo D, **van Wattum PJ**, Woolston J (2003) [Chapter]: Psychological Aspects of Diabetes Mellitus. In: Psychological Aspects of Chronic Disease. *Child Adolesc Psychiatric Clin N Am* 12. Vitulano LA, Lewis M, Eds. Philadelphia, PA: 439-58

van Wattum, PJ (2006) [Book Review]: Clinical Handbook of Psychotropic Drugs for Children and Adolescents. *J Clin Psychiatry* 66 (12): 1617

van Wattum PJ, Leckman JF (2007) [Chapter]: Tourette's Syndrome and Pharmacotherapy. In: Handbook of Contemporary Neuropharmacology. Sibley D, Hamin I, Kuhar M, Skolnick P, Eds. John Wiley & Sons, Inc. Hoboken, NJ: 263-90

van Wattum PJ (2007) [Book Review]: Child and Adolescent Psychiatry: The Essentials. *J Clin Psychiatry* 68 (8): 1312

van Wattum, PJ (2009) [Book Review]: Clinical Handbook of Psychotropic Drugs for Children and Adolescents, 2nd ed. *J Clin Psychiatry* 70 (2): 301

Mao AR, Treadwell-Deering D, Brams MN, **van Wattum PJ** (2009) [Chapter]: Impact on Parents of Raising a Child with a Psychiatric Illness and/or Developmental Disability. In: Kaplan and Sadock's Comprehensive Textbook of Psychiatry, 9th Ed. Sadock BJ, Sadock VA, Ruiz P, Eds. Lippincott, Williams & Wilkins, Baltimore, MD: 3895-3903

van Wattum, PJ (2010) [Book Review]: Practical Child and Adolescent Psychiatry for Pediatrics and Primary Care. *J Clin Psychiatry* 71 (7): 963

van Wattum, PJ (2012) [Book Review]: Manual of Adolescent Substance Abuse. *J Clin Psychiatry* 72(12): 1700-01

van Wattum, PJ (2013) [Chapter] Tuberos Sclerosis Mistaken for Attention Deficit Hyperactivity Disorder. Casebook of Neuropsychiatry. Hurwitz, TA, Lee, WT, Eds. APPI.

van Wattum, PJ (2014) [Book Review]: Brain Stimulation in Psychiatry: ECT, DBS, TMS and Other Modalities. *J Clin Psychiatry* 75(1): e94