CURRICULUM VITAE

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School: Yale School of Public Health, Yale University School of Medicine, and the

Graduate School

EDUCATION: B.S. Commerce, University of Virginia, 1991

M.A. Psychology, James Madison University, 1998 Ph.D. Psychology, Louisiana State University, 2003

M.S. Chronic Disease Epidemiology, Yale School of Public Health, 2009

CAREER: July 2002 – June 2003. Psychology Intern, Medical University of South Carolina,

Charleston, South Carolina

September 2003 – June 2005. Postdoctoral Associate, Eating Disorders Research Program, Department of Psychiatry, Yale University School of Medicine, New Haven, Connecticut

Connecticut

July 2005 – June 2013. Assistant Professor of Psychiatry, Yale University School of Medicine, New Haven, Connecticut

January 2011 – June 2012. Lecturer, Department of Epidemiology and Public Health, Yale University, New Haven, Connecticut

September 2011 – June 2015. Research Scientist, Department of Psychology, Yale University, New Haven, Connecticut

September 2011 – June 2015. Associate Director, Yale Center for Anxiety and Mood Disorders, Yale University, New Haven, Connecticut

July 2012 – June 2013. Assistant Professor of Chronic Disease Epidemiology, Department of Epidemiology and Public Health, Yale University, New Haven, Connecticut

July 2013 - 2020. Associate Professor of Psychiatry, Yale University School of Medicine, New Haven, Connecticut

July 2013 – 2020. Associate Professor of Social and Behavioral Sciences (formerly Chronic Disease Epidemiology), Yale School of Public Health, New Haven, Connecticut

January 2020 – present. Director of Online Education, Social and Behavioral Sciences, Yale School of Public Health, New Haven, Connecticut

July 2020 – present. Core faculty, National Clinician Scholars Program, Yale School of Medicine, New Haven, Connecticut

October 2020 – present. Track Director, Critical Topics in Public Health, Online Executive MPH Program, Yale School of Public Health.

July 2021 – present. Professor of Social and Behavioral Sciences, Yale School of Public Health, New Haven, Connecticut

LICENSURE: State of Connecticut Psychologist License No: 002731, 09/26/2006

State of New York Psychologist License No: 016340, 05/16/2005

PROFESSIONAL HONORS OR RECOGNITION:

International

- 2007 Early Career Investigator Award Eating Disorders Research Society
- 2021 Ranked #3 Top Expert in Binge Eating Disorder (worldwide) Expertscape

National

- 2004 NIH Clinical Research Loan Repayment Program Competitive Award
- 2005 NIH/NIDDK K23 Mentored Patient-Oriented Research Career Development Award
- 2006 NIH Clinical Research Loan Repayment Program Competitive Award
- 2008 NIH Clinical Research Loan Repayment Program Competitive Award
- 2010 NIH Clinical Research Loan Repayment Program Competitive Award
- 2013 Top 25 Reviewer Surgery for Obesity and Related Diseases

University

- 2014 Teacher of the Year / Distinguished Teaching Award Yale School of Public Health
- 2015 Inspiring Yale YSPH representative
- 2015 Yale Public Voices Fellow
- 2020 Teacher of the Year / Distinguished Teaching Award Yale School of Public Health

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- 4. Stewart, T.M., Williamson, D.A., & *White, M.A.* (2002). Rigid vs. flexible dieting: association with eating disorder symptoms in women who are not obese. <u>Appetite, 38,</u> 39-44.
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- 7. *White, M.A.*, O'Neil, P.M., Kolotkin, R.L., & Byrne, T.K. (2004). Gender, race, and obesity-related quality of life at extreme levels of obesity. Obesity Research, 12, 949-955.

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- 11. O'hea, E.L., Grothe, K.B., Bodenlos, J.S., Boudreaux, E.D., *White, M.A.*, & Brantley, P.J. (2005). Predicting medical regimen adherence: The interactions of health locus of control beliefs. <u>Journal of Health Psychology</u>, 10, 705-717.
- 12. Pawlow, L., O'Neil, P.M., *White, M.A.*, & Byrne, T.K. (2005) Findings and outcomes of psychological evaluations of gastric bypass applicants. <u>Surgery for Obesity and Related Diseases</u>, 1, 523-529.
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- 14. *White, M.A.*, & Grilo, C.M. (2005) Ethnic differences in the prediction of eating and body image disturbances among female adolescent psychiatric inpatients. <u>International Journal of Eating Disorders</u>, 38, 78-84.
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- 20. Reas, D.L., *White, M.A.*, & Grilo, C.M. (2006). Body checking questionnaire: psychometric properties and clinical correlates in obese men and women with binge eating disorder. <u>International Journal of Eating Disorders</u>, 39, 326-31.
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- 155. Grilo, C.M., *White, M.A.*, Ivezaj, V., & Gueorguieva, R. (2020). Randomized controlled trial of behavioral weight loss and stepped care for binge-eating disorder: 12-month follow-up. <u>Obesity</u>, 28(11), 2116-2114.
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- 164. *White, M.A.*, Venkataraman, A., Roehrig, A., & Whelan, H.S. (2021). Evaluation of a behavioral self-care intervention administered through a massive open online course. <u>American Journal of Health Education, 1-8.</u> https://doi.org/10.1080/19325037.2021.1930616

Editorials, Reviews, Chapters, Books

- 1. Williamson, D.A., Stewart, T.M., *White, M.A.*, & York-Crowe, E. (2002). Information processing perspective on body image. In T. Cash & T. Pruzinsky (Eds.), <u>Body Images: A Handbook of Theory, Research, and Clinical Practice</u> (pp. 57-44). New York: Guilford Press.
- 2. Williamson, D.A., Kohlmaier, J.R., & *White, M.A.*(2002). Behavioral weight control therapies. In M. Hersen & W. Sledge (Eds.), <u>Encyclopedia of Psychotherapy</u> (pp. 243-251). San Diego, Academic Press.
- 3. Williamson, D.A., *White, M.A.*, York-Crowe, E., & Stewart, T.M. (2004). Conceptual model of the treatment and prevention of eating disorders. <u>Behavior Modification</u>, 28, 711-738.
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- 5. *White, M.A.* & O'Malley, S.S. (2012). Interactions between smoking, eating and body weight. In K.D. Brownell & M.S. Gold (Eds.) <u>Handbook of Food and Addiction</u> (pp: 244-248). Oxford University Press.
- 6. *White, M. A.,* & Gianini, L. M. (2013). Binge eating disorder and obesity. <u>A Clinician's Guide to Binge Eating Disorder</u>, 3.
- 7. White, M.A. (2020). COVID-19: When teaching public health became personal. <u>American Journal of Public Health</u>. https://doi.org/10.2105/AJPH.2020.305932

GRANT HISTORY:

CURRENT GRANTS

Agency: NIH/NIDDK

Title: "Targeting the gut-brain axis to facilitate weight loss in high fat diet consumers"

Principal Investigator: Dana Small

Role: Co-Investigator Percent effort: 15%

Project period: 1/1/21 - 12/31/24

Agency: The Macy Foundation

Title: "The Promoting Diversity, Group Inclusion, and Equity (ProDiGIE) study in medical education"

Principal Investigator: Dowin Boatright

Role: Co-Investigator

Percent effort: 20%

Project period: 07/01/2020 – 06/30/2022

Agency: NIH/NIGMS I.D.#: R01GM137411

Title: "Developing an Evidence-Based Toolkit to Improve Diversity in the Physician-Scientist Workforce"

Principal Investigator: Dowin Boatright

Role: Co-investigator Percent effort: 20%

Project period: 01/01/2020 – 11/30/2023

Agency: NIH/NIDA I.D.#: P50 DA036151

Title: "Yale Tobacco Center of Regulatory Science"

Principal Investigators: Suchitra Krishnan-Sarin and Stephanie O'Malley

Role: Co-investigator Percent effort: 5-10%

Project period: 9/01/18 - 8/31/23

Agency: VA HSR&D

I.D.#: Investigator Initiated Research (IIR) (I01 HX002563)

Title: "Eating Disorder Screening and Diagnostic Tools for the Veterans Healthcare System"

Principal Investigator: Robin Masheb, PhD and Shira Maguen, PhD

Role: Consultant Percent effort: 5%

Project period: 12/01/2018-11/30/2022

Agency: NIH/NIDAA ID#: K12 DA000167

Title: "Clinician Scientist Training Program"

Principal Investigator: Marc Potenza

Role: Mentor Percent effort: N/A

Project period: 08/01/17 - 07/31/22

Agency: NIH/NIDDK ID#: R01 DK049587

Title: "Behavioral and Pharmacologic Treatment of Binge Eating and Obesity"

Principal Investigator: Carlos Grilo

Role: Co-Investigator Percent effort: 5%

Project period: 09/20/16 - 08/31/21

Agency: NIH/NIDDK ID#: R01 DK098492-01A1

Title: "Treatment of Loss of Control Eating Following Bariatric Surgery"

Principal Investigator: Carlos Grilo

Role: Co-Investigator Percent effort: 5%

Project period: 03/15/14 – 02/28/21

PENDING GRANTS

Agency: NIH/Agency for Healthcare Research and Quality

ID #: 1R03HS027545-01

Title: "Development of a parent-reported outcome measure for febrile infants"

Principal Investigator: Paul Aronson

Role: Co-Investigator

Agency: NPCRC/ Kornfeld Scholars Program Award

Title: "Appraising care quality for children with advanced cancer"

Principal Investigator: Prasanna Ananth

Role: Consultant

COMPLETED GRANTS

Agency: Society of Family Planning Research

I.D.#: SFPRF18-08

Title: "The Impact of Shouting Your Abortion on Community-Level Abortion Stigma"

Principal Investigator: Abigail Cutler Project period: 2/1/18 - 6/30/19

Percent effort: 5% Role: Consultant

Agency: NIH/NIDA I.D.#: P50 DA036151

Title: "Yale Tobacco Center of Regulatory Science"

Principal Investigators: Suchitra Krishnan-Sarin and Stephanie O'Malley

Percent effort: 20%

Role: Co-investigator, Education Coordinator

Project period: 9/30/13 - 8/31/18

Agency: NIH/NIAAA I.D.#: K23 AA020000-01

Title: "New Approaches to Smoking Cessation in Heavy Drinkers"

P.I.: Lisa Fucito

Role on Project: Consultant Project period: 8/5/11 - 7/31/16

Agency: NIH/ NIA I.D.: # K01 AA019694-01

Title: "Difficulties with Self-Control and High-Risk Alcohol Use in Young Adults"

P.I.: Robert Leeman

Role on Project: Consultant

Project period: 09/01/10 - 08/31/15

Agency: NIH/ NIDDK I.D.#: R01 DK49587

Title: "Treatment of Obesity and Binge Eating: Behavioral Weight Loss Versus Stepped Care"

P.I.: Carlos M. Grilo

Role on Project: Co-investigator

Percent effort: 10%

Project period: 06/01/08-5/31/14

Agency: American Heart Association I.D.#: Grant-in-Aid 10GRNT3440041

Title: "Internet-Administered Smoking Cessation Treatment for Overweight and Obese Smokers"

Principal Investigator: Marney A. White

Percent effort: 25%

Project period: 07/01/10-12/31/13

Agency: NIH/ NIA I.D. #: K01 AG031324

Title: "Depression and disability in older persons: Untangling complexities"

P.I.: Lisa C. Barry

Role on Project: Consultant

Percent effort: n/a

Project period: 09/30/08 - 06/30/13

Agency: NIH/NIDDK I.D.#: R03 DK081404

Title: "Placebo Controlled RCT of Bupropion for Binge Eating"

P.I.: Marney A. White Percent effort: 25%

Project period: 03/15/09 – 02/28/11

Agency: NIH/NIDDK I.D.#: K23 DK071646

Title: "Craving, Binge Eating, and Obesity"

P.I.: Marney A. White Percent effort: 90%

Project period: 08/01/05-07/31/10

Agency: Donaghue Medical Research Foundation I.D.#: Clinical and Community Health Issues Award

Title: "Randomized Controlled Trial for Obesity and Binge Eating in Monolingual Hispanic Persons"

P.I.: Carlos M. Grilo

Role on Project: Co-investigator

Percent effort: 10%

Project period: 01/01/07-12/31/09

Agency: NIH/ NIAAA I.D.#: P50 AA15632

Title: "Targeted Interventions for Weight Concerned Smokers"

P.I.: Stephanie O'Malley Role: Co-Investigator Percent effort: 5%

Project period: 09/01/04-08/31/09

LECTURES AND COURSES:

Date/ semester	<u>Lecture/course</u>	<u>Title</u>
Summer 2021	Course	Biostatistics and Biostatistics Lab. National Clinician Scholars Program/YSM
Summer 2021	Course	Foundations of Behavior Change/ Executive MPH program. YSPH
Spring 2021	Course	Questionnaire Development. Yale School of Public Health.
Spring 2021	Invited lecture	"Methods: Survey Design." Seminar series; National Clinician Scholars
		Program.
Fall 2020	Course	Foundations of Behavior Change. Yale School of Public Health.
	Course	Epidemiology and Public Health. Yale College.
Summer 2020	Course	Biostatistics and Biostatistics Lab. National Clinician Scholars Program.

Date/ semester	<u>Lecture/course</u>	<u>Title</u>
Spring 2020	MOOC course	Health Behavior Change: From Evidence to Action. YSPH course on
(launch)		coursera.org.
,		https://www.coursera.org/learn/health-behavior-change
Spring 2020	Course	Questionnaire Development. Yale School of Public Health.
1 &	Course	Epidemiology and Public Health. Yale College.
Spring 2020	Invited lecture	"Methods: Survey Design." Seminar series; National Clinician Scholars
5pmg 2020	minima rectare	Program.
Fall 2019	Course	Foundations of Behavior Change, Yale School of Public Health.
October 9,	Invited lectures	Emory Radiology Grand Rounds and Research In Progress Seminar:
2019	miviled lectures	"Questionnaire Design: Selecting and Designing Reliable and Valid Self-report
2019		
		Instruments." "Constructing Valid Questionnaires for Medical Research and
1 10 2010	T '4 11 4	Practice" Atlanta, GA.
June 18, 2019	Invited lecture	Children's National Hospital/ Diagnostic Imaging and Radiology Grand
		Rounds: "Questionnaire Design: Selecting and Designing Reliable and Valid
		Self-report Instruments." Washington, D.C.
Spring 2019	Course	Questionnaire Development. Yale School of Public Health.
	Course	Epidemiology and Public Health. Yale College.
Spring 2019	Invited lecture	"Methods: Survey Design." Seminar series; National Clinician Scholars
		Program.
Spring 2018	Course	Questionnaire Development. Yale School of Public Health.
	Course	Epidemiology and Public Health. Yale College.
Fall 2017	Course	Social and Behavioral Foundations of Health. Yale School of Public Health.
	Invited lecture	"Questionnaire Design." National Clinician Scholars Program.
Spring 2017	Course	Questionnaire Development. Yale School of Public Health.
1 &	Course	Epidemiology and Public Health. Yale College.
Fall 2016	Course	Social and Behavioral Foundations of Health. Yale School of Public Health.
1 441 2010	Course	Regulatory and Scientific Issues Relating to Tobacco Use. Yale School of
	Course	Public Health.
Spring 2016	Course	Questionnaire Development. Yale School of Public Health.
Spring 2010	Course	Epidemiology and Public Health. Yale College.
Spring 2016	Guest lectures	"Questionnaire Development." Measurement Issues in Chronic Disease
Spring 2010	Guest lectures	Epidemiology. Yale School of Public Health.
Spring 2015	Course	
Spring 2015	Course	Measurement Issues in Chronic Disease Epidemiology. Yale School of Public
	Course	Health.
	Course	Introduction to Psychotherapy II. Yale Department of Psychology.
E-11 001 4	C	Mood Disorders Practicum. Yale Department of Psychology.
Fall 2014	Course	Social and Behavioral Foundations of Health. Yale School of Public Health.
	Course	Regulatory and Scientific Issues Relating to Tobacco Use. YSPH
	Course	Introduction to Psychotherapy – I. Yale Department of Psychology.
a . a	Course	Mood Disorders Practicum. Yale Department of Psychology.
Spring 2014	Course	Questionnaire Development. Yale School of Public Health.
	Course	Introduction to Psychotherapy II. Yale Department of Psychology.
	Course	Mood Disorders Practicum. Yale Department of Psychology
Jan/Feb 2014	Guest lectures	"Questionnaire Development." Measurement Issues in CDE. YSPH.
	Invited lectures	"Questionnaires and Survey Methodology in Medical Research." Seminar
		series; Robert Wood Johnson Clinical Scholars Program.
Fall 2013	Course	Social and Behavioral Foundations of Health. Yale School of Public Health.
	Course	Introduction to Psychotherapy – I. Yale Department of Psychology.
	Course	Mood Disorders Practicum. Yale Department of Psychology.
Spring 2013	Course	Questionnaire Development. Yale School of Public Health.
Spring 2013	Course	Introduction to Psychotherapy II. Yale Department of Psychology.
	Course	Mood Disorders Practicum. Yale Department of Psychology.
	Course	whood Disorders Fracticum. I are Department of Esychology.

Date/ semester	Lecture/course	<u>Title</u>
Jan/Feb 2013	Guest lectures	"Questionnaire Development." Measurement Issues in CDE. YSPH
	Invited lectures	"Questionnaires and Survey Methodology in Medical Research." Seminar
		series; Robert Wood Johnson Clinical Scholars Program.
Fall 2012	Course	Social and Behavioral Foundations of Health. Yale School of Public Health.
	Course	Introduction to Psychotherapy – I. Yale Department of Psychology.
	Course	Mood Disorders Practicum. Yale Department of Psychology.
Spring 2012	Course	Measurement Issues in Chronic Disease Epidemiology, Yale School of Public
	Course	Health.
	Course	Introduction to Psychotherapy II. Yale Department of Psychology.
		Mood Disorders Practicum. Yale Department of Psychology.
Fall 2011	Course	Introduction to Psychotherapy – I. Yale Department of Psychology.
	Course	Mood Disorders Practicum. Yale Department of Psychology.
	Course	Statistics (undergraduate). Yale Department of Psychology.
Spring 2011	Course	Questionnaire Development. Yale School of Public Health.
	Course	Eating Disorders Practicum. Yale Department of Psychology.
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INVITED SPEAKING ENGAGEMENTS, PRESENTATIONS, SYMPOSIA & WORKSHOPS NOT AFFILIATED WITH YALE:

International

March 2021. Invited workshop: "Promoting Health Behavior Change." Canadian Mental Health Association annual meeting.

December 2020. Invited talk: "Self-care during COVID-19." Healthline Media/ Red Ventures.

- April 2011. Invited paper: "The Clinical Significance of Depressive Features on Weight Loss and Eating Disorder Psychopathology in Bariatric Surgery Patients." Academy for Eating Disorders International Conference. Miami, FL.
- April 2009. Invited paper: "Psychological and Behavioral Correlates of Excess Weight: Misperception of Obese Status among Class II Obese Persons." Academy for Eating Disorders International Conference. Cancun, Mexico. (Conference cancelled due to hurricane.)
- October 2005: Invited paper: "Psychiatric comorbidity in binge eating disorder as a function of smoking history." NAASO The Obesity Society Annual Scientific Meeting, Vancouver, Canada.
- October 2005: Invited paper: "Symptom Severity in Women with Binge Eating Disorder as a Function of Smoking History." NAASO The Obesity Society Annual Scientific Meeting, Vancouver, Canada.
- April, 2005. Invited paper: "Smoking, food craving, and emotional overeating among obese females with binge eating disorder." Academy for Eating Disorders International Conference, Montreal, Quebec, Canada.

National

- May 21, 2020. Invited lecture. "Self-care for medical professionals." The Ohio State University College of Medicine, Medical Scientist Training Program. (virtual talk due to COVID-19)
- May 2020: Invited keynote. "Constructing valid questionnaires for medical research and practice." Society for Pediatric Radiology Annual Meeting and Postgraduate Course. (conference cancelled due to COVID-19)

- October 9, 2019: Invited lecture: "Questionnaires in Medical Research and Practice: Selecting Valid Instruments." Emory School of Medicine, Radiology Grand Rounds: Atlanta, GA.
- October 9, 2019: Invited lecture: "Constructing Valid Questionnaires for Medical Research and Practice." Emory School of Medicine, Research In Progress Seminar: Atlanta, GA.
- June 18, 2019: Invited lecture. "Questionnaire Design: Selecting and Designing Reliable and Valid Self-report Instruments." Children's National Hospital/ Diagnostic Imaging and Radiology Grand Rounds: Washington, D.C.
- September 2017. Invited lecture. "Eating Disorders: Diagnostic Differentiation, Prevalence, and Assessment." New York University, Department of Psychology.
- July 2012. Invited Discussant, New York City Epi Grand Rounds. "The Effectiveness of Using Global Measures of General Health, Overall Diet Quality and Activity Level." New York City Department of Health and Mental Hygiene.
- October 2010. Invited paper: "Diagnostic Utility of the Behavioral Features of Binge Eating Episodes." Eating Disorders Research Society Annual Meeting. Boston, MA.
- April 10, 2010. Invited Panelist, Ask the Experts (Obesity and Eating Disorders Expert Panel). Neuroscience 2010: Risk Prevention, Treatment and Recovery. Yale University School of Medicine.
- December 10, 2009. Invited talk: "The Influence of Cigarette Smoking on Binge Eating, and 'Vice' Versa." Clinical Lecture Series, Department of Psychology, Yale University.
- February 13, 2008. Invited talk: "What Women Crave: Interrelationships of Food Craving, Overeating, and Smoking." Invited workshop for the Women's Health Research at Yale and the Women's Behavioral Health Research Division, Department of Psychiatry, Yale University School of Medicine.
- October 2007: Plenary Session: "Prognostic Significance of Loss of Control Over Eating on Bariatric Surgery Outcomes." Eating Disorders Research Society Annual Meeting. Pittsburgh, PA.
- November 1999: Invited paper: "The Food Craving Inventory and implications for weight loss treatment." North American Association for the Study of Obesity Annual Scientific Meeting, Charleston, SC.

Peer-Reviewed Presentations & Symposia Given at Meetings Not Affiliated With Yale:

International:

- September 2015: Randomized controlled trial of an internet-administered cognitive behavioral smoking cessation treatment for weight-concerned smokers. Eating Disorders Research Society International Conference, Taormina, Sicily.
- September 2015: Smoking status and psychosocial factors in binge eating disorder and bulimia nervosa. Eating Disorders Research Society International Conference, Taormina, Sicily.
- April 2011: "The Clinical Significance of Depressive Features on Weight Loss and Eating Disorder Psychopathology in Bariatric Surgery Patients." International Conference on Eating Disorders (ICED).
- June 2010: "Examining the Interpersonal Model of Binge Eating and Loss of Control Over Eating in Women." International Conference on Eating Disorders (ICED), Salzburg Austria.

- April 2009: Self-reported weight gain following smoking cessation: a function of binge eating behavior. International Conference on Eating Disorders (ICED), Cancun, Mexico. (Conference cancelled due to hurricane.)
- April 2009: Binge eating, purging, or both: eating disorder psychopathology findings from an internet community survey. International Conference on Eating Disorders (ICED), Cancun, Mexico. (Conference cancelled due to hurricane.)
- September 2008: DSM-IV Psychiatric Disorder Co-morbidity in Binge Eating Disorder. Eating Disorders Research Society International Conference. Montreal QC Canada.
- October 2005: Accuracy of self-reported weight among gastric bypass surgery candidates. NAASO The Obesity Society Annual Scientific Meeting, Vancouver, Canada.
- April, 2005. Psychometric properties of the Food Craving Inventory among obese patients with binge eating disorder. Academy for Eating Disorders International Conference, Montreal, Quebec, Canada.

PROFESSIONAL SERVICE:

Peer Review Groups/Grant Study Sections:

October 2019: Reviewer, Diabetes UK Grant Foundation

August 2012: Reviewer, CORE Programme, Luxembourg National Research Fund. June 2009: Ad hoc member, Risk, Prevention and Health Behavior Study Section, NIH.

Journal Service:

Editorial	Roards
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2010 - 2016	Editorial Board, Surgery for Obesity and Related Diseases
2009 - 2014	Associate Editor, BMC Psychiatry
2010 - 2013	Editorial Board, Journal of Addiction Research and Therapy
2012 - 2013	Editorial Board, ISRN Obesity

Adhoc/External Reviewer

Journal of Abnormal Psychology

Journal of Clinical and Consulting Psychology

Behaviour Research and Therapy

Psychological Assessment

Obesity

International Journal of Obesity

Journal of the American College of Nutrition

Appetite

Eating Behaviors

Journal of Rural Health

Journal of Women's Health

Nutrition Reviews

Nutrition Research Reviews

Addictive Behaviors

Psychology of Addictive Behaviors

Journal of the National Medical Association

Journal of Adolescence

Journal of Adolescent Health

Health Psychology

Journal of Applied Social Psychology

International Journal of Eating Disorders Australian Psychologist Journal of Behavioral Medicine Journal of the American Medical Association

Data Safety Monitoring Board:

2010 – 2013. External Member, NIH grant # RC1DK087126: ENGAGED: E-Networks Guiding Adherence Goals for Exercise (PI: Bonnie Spring, Northwestern University).

PROFESSIONAL ORGANIZATIONS:

American Public Health Association - Member Eating Disorders Research Society – Member Academy of Eating Disorders – Member The Obesity Society – Fellow

Committee Memberships:

Connecticut Public Health Association – Public Health Schools and Programs Advisory Council (Appointed YSPH representative, 2020-present)

The Obesity Society - Food Industry Outreach Task Force (Invited Member, 2012 – 2014)

The Obesity Society – Development Committee (2013 – 2014)

Tobacco Centers of Regulatory Science – Training Working Group (2013-2018)

YALE UNIVERSITY SERVICE:

2017 – present	YSPH Online Education Advisory Group
2016 – present	YSPH MPH Admissions Committee (Social and Behavioral Sciences Committee Chair)
2014-present	Fellow, Branford Residential College
2014 - 2015	Freshman Advisor, Branford Residential College
2019 – present	Sophomore Academic Advisor
2020 – present	Director of Online Education, Social and Behavioral Sciences
2021 – present	Yale University – 1stGenYale Student Research Internship Mentor

MEDIA APPEARANCES AND OP-EDS

June 25, 2021. Researchers at Yale School of Public Health offer free course for users to set self-care goals. News 12 Connecticut. https://connecticut.news12.com/researchers-at-yale-school-of-public-health-offer-free-course-for-users-to-set-self-care-goals

June 25, 2021. The importance of self-care in stressful aftermath of COVID pandemic. WTNH. https://www.wtnh.com/news/health/health-headlines-the-importance-of-self-care-in-stressful-aftermath-of-covid-pandemic/

June 3, 2021. Ask the Expert: Mental Self-Care While Living with Ankylosing Spondylitis. https://www.healthline.com/health/ankylosing-spondylitis/mental-self-care

May 31, 2021. "How to Stop Eating at Night: Easy ways to break the habit once and for all (and maybe lose some weight." Consumer Reports. https://www.consumerreports.org/healthy-eating/how-to-stop-eating-at-night-a1040149435/

May 18, 2021. "5 Worries People are Having About Returning to The Office." Huffington Post. https://www.huffpost.com/entry/going-back-to-work-worries-1-60996a69e4b0ae3c6881cca6

May 3, 2021. US News & World Report. "AHA News: As pre-pandemic activities return, so does anxiety." https://www.usnews.com/news/health-news/articles/2021-05-03/aha-news-as-pre-pandemic-activities-return-so-does-anxiety

April 21, 2021. "Let's talk about it: The triumphs and failures of public health messaging during COVID-19." Yale Daily News. http://features.yaledailynews.com/blog/2021/04/21/up-close-lets-talk-about-it-the-triumphs-and-failures-of-public-health-messaging-during-covid-19/

April 17, 2021. "Vaccinated but feeling unsafe? Your feelings are valid." Republican American. https://www.rep-am.com/life-arts/health/2021/04/18/vaccinated-but-feeling-unsafe-your-feelings-are-valid/#comments

March 29, 2021. "Yale clinical psychologist gives tips on overcoming fear of needles as we reach for herd immunity with COVID vaccine." WTNH. https://www.wtnh.com/news/connecticut/yale-psychiatrist-gives-tips-on-overcoming-fear-of-needles-as-we-reach-for-herd-immunity-with-covid-vaccine/

March 25, 2021. "Have anxiety about return to work? You're not alone." Scripps News Media affiliates: WFTS Tampa, WPTV West Palm, WFTX Ft. Myers, FL, WXYZ Detroit,, KMGH Denver, WEWS Cleveland, KHSB Kansas City, WCPO Cincinnati, KNXV Phoenix, KGTV San Diego, WTMJ4 Milwaukee, WFLX West Palm, WKBW Buffalo, RTV6 Indianapolis, WGBA Green Bay, KERO Bakersville, CA, KMTV Omaha, NE. https://www.newschannel5.com/rebound/have-anxiety-about-in-person-return-to-work-youre-not-alone

March 20, 2021. "As the pandemic fades, some Americans are anxious about a return to normal." CNBC. https://www.cnbc.com/2021/03/20/why-some-are-averse-to-return-to-normal-post-covid.html

March 15, 2021. "5 Covid Classroom Mistakes and How to Avoid Them." Tech & Learning. https://www.techlearning.com/news/5-covid-classroom-mistakes-and-how-to-avoid-them

January 28, 2021. "Behavior Change One Evidence-based Step at a Time with Dr. Marney White." The Healthy Project Podcast. [Audio podcast]. https://podcasts.apple.com/us/podcast/the-healthy-project-podcast/id1511576357

January 11, 2021. "Does Shaming People for Their Indiscretion Actually Work? San Francisco nurse who barely survived COVID-19 sparks backlash for allegedly partying in Mexico." SF Gate. https://www.sfgate.com/news/editorspicks/article/San-Francisco-nurse-Mike-Schultz-COVID-shame-party-15856593.php?IPID=SFGate-HP-CP-Spotlight

January 1, 2021. "Making your New Year's Resolutions stick from a Yale Psychologist." | Dr. Marney White, PhD. The Future is Healthy Podcast. [Audio podcast]. https://podcasts.google.com/feed/aHR0cHM6Ly9hbmNob3IuZm0vcy8zZDFjYTkzNC9wb2RjYXN0L3Jzcw/episode/ZmU1MGI2ZmMtNTM1Ny00OGJkLWFlZGQtMDJkNWI0MWM3OTE2?hl=en&ved=2ahUKEwjL3Mr1u4XuAhVvhOAKHfdTAFAQjrkEegQIDRAF&ep=6

December 28, 2020. "Epidemiologists see little evidence of classroom spread of COVID in Connecticut." CT Examiner. https://ctexaminer.com/2020/12/27/epidemiologists-see-little-evidence-of-classroom-spread-of-covid-for-connecticut/

December 23, 2020. "Find the keys to forming healthy routines and dropping ones that hurt." Connecticut Magazine. https://www.connecticutmag.com/home-garden/find-the-keys-to-forming-healthy-routines-and-dropping-ones-that-hurt/article 15d24682-4491-11eb-a0e5-a3d2682aa4ea.html

October, 2020. "COVID-19 and Colleges." The Petrie Dish [Audio podcast]. National Public Radio/ Texas Public Radio. https://www.npr.org/podcasts/829174682/petrie-dish

September 27, 2021. "Viruses Don't Just 'Go Away.' The Toll of Reaching Herd Immunity Without a COVID-19 Vaccine. https://www.healthline.com/health-news/viruses-dont-just-go-away-the-toll-of-reaching-herd-immunity-without-a-covid-19-vaccine

September 23, 2020. "Those who social distance have a fraction of COVID-19 risk compared to those who don't." Healthline. https://www.healthline.com/health-news/those-who-social-distance-have-fraction-of-covid-19-risk-compared-to-those-who-dont#Lowering-your-risk

September 19, 2020. "Airports drop COVID-19 screenings for international passengers: How to stay safe. Verywell Health. https://www.verywellhealth.com/airlines-end-covid-19-screenings-international-passengers-5078346

May 20, 2020. "What have I done for me lately? Self-care with Dr. Marney White." Attorney Dana Jonson, host. *Need to Know Podcast: Your source for special education support and inspiration*. http://ntkwdj.libsyn.com/what-have-i-done-for-me-lately

May 7, 2020. "Mental health, stress, and resilience during the COVID-19 pandemic." *YSPH: COVID-19 Right Now* webinar series. https://medicine.yale.edu/news-article/24553/

May 6, 2020. "Health behavior change: Self-care during COVID-19." *Coursera Webinar/Live Q&A*. https://youtu.be/l6GAetiIolk

April 29, 2020. "New York voices: Virus-wracked city split on safety versus liberty." *Nikkei Asian Review*. https://asia.nikkei.com/Spotlight/Coronavirus/New-York-voices-Virus-wracked-city-split-on-safety-versus-liberty

April 22, 2020. "Why drive-in movie theaters are the slice of nostalgia we need right now: Drive in movie theaters are a nostalgic choice during the coronavirus." *Today.com* https://www.today.com/popculture/drive-movie-theaters-are-nostalgic-choice-during-coronavirus-t179350

April 15, 2020. "Will people return to movie theaters after the coronavirus?" *Today.com* https://www.today.com/popculture/will-people-return-movie-theaters-after-coronavirus-t178611

April 6, 2020. "COVID-19: A teachable moment." Yale News. https://medicine.yale.edu/news-article/23741/

April 1, 2020. "White's online self-care course now publicly available." *Yale News*. https://medicine.yale.edu/news-article/23577/

February 6, 2020. Rate the plates: serving up info on the environmental impact of food. *Yale News*. https://news.yale.edu/2020/02/06/rate-plates-serving-info-environmental-impact-food

January 13, 2020. "Knowing your audience." (Authored OpEd) *Yale Daily News*. https://yaledailynews.com/blog/2020/01/13/white-knowing-your-audience/

January 2, 2020. "Chew and Spit' is the surprisingly common eating disorder you've probably never heard of." Interview for *Health Magazine*. https://www.health.com/mind-body/chew-and-spit-eating-disorder

February 13, 2019. "PTA President: Why we shut down a public elementary school's 'father-daughter dance'." (Authored OpEd) *Washington Post*. https://www.washingtonpost.com/education/2019/02/13/pta-president-whywe-shut-down-public-elementary-schools-father-daughter-dance/?utm term=.c5f0655732b5

December 11, 2018. "Drinking, smoking, carousing: Why 'Baby, It's Cold Outside' is actually a feminist anthem." (Authored OpEd) *USA Today*. https://www.usatoday.com/story/opinion/2018/12/11/baby-its-cold-outside-christmas-song-feminist-anthem-column/2242568002/

Spring 2018. "Case based learning: Teaching excellence at Yale." (Featured Professor) Yale Center for Teaching and Learning. https://poorvucenter.yale.edu/sites/default/files/basic-page-supplementary-materials-files/teaching excellence at yale white.pdf

March 2018. "Interview: Dr. Marney White on the intersection of public health and mental health." (Featured interview) *The Yale Layer*. https://theyalelayer.com/edition3/2018/3/1/interview-dr-marney-white

November 1, 2017. "Fairfield MOMBies thrill with flash-mob performance: Video" (Community volunteer) Fairfield Patch. https://patch.com/connecticut/fairfield/fairfield-mombies-thrill-flash-mob-performance-video

April 25, 2017. "Speak out: Mental health at Yale." Interview for *Yale TV*, *Yale Daily News*. https://youtu.be/q-IL-azIWCk

September 15, 2016. "Eating disorders and smoking." (Featured interview) *Public Health Minute with William Latimer*. Bridging the gap between researchers and communities. http://wp.lehman.edu/public-health-minute-with-william-latimer/eating-disorders-and-smoking-marney-a-white-phd-yale-university/

September 15, 2016: "Let's can recommendation letters." (Authored OpEd) *Inside Higher Ed.* https://www.insidehighered.com/advice/2016/09/15/recommendation-letters-essay

June 13, 2016: "Mean girls with Ph.D.s. What it's like to have fellow academics make fun of your family photo." (Authored OpEd) *Chronicle of Higher Education*. http://chronicle.com/article/When-Fellow-Academics-Make-Fun/236774

April 27, 2016. "Academia and motherhood: We can have both." (Authored OpEd) *Washington Post*. https://www.washingtonpost.com/news/grade-point/wp/2016/04/27/academia-and-motherhood-we-can-have-both/

December 21, 2015. "To prevent suicide in college, make mental health screening mandatory." (Authored OpEd) *Washington Post.* https://www.washingtonpost.com/news/grade-point/wp/2015/12/21/to-prevent-suicide-in-college-make-mental-health-screening-mandatory/

April 16, 2015. "A public health approach to mental health." (Featured Speaker) *Inspiring Yale*. Inspiring Yale. Com

March 2014. "Press release: Drinking soda can be associated with eating disorder pathology." (Featured research – lead author) *Routledge Taylor & Francis Group*. https://magic.piktochart.com/pdf/1394114507-e0a9.pdf

January 2014. "6 proven ways to lose the weight for good: See a cognitive behavioral therapist." Interview for *Health Magazine*. http://www.health.com/health/article/0,.20767261.00.html

October 2013. "Bloomberg v. pop culture: NYC's campaign to boost girls' self esteem." Interview for *Time Magazine*. http://healthland.time.com/2013/10/02/bloombergs-quixotic-campaign-to-boost-girls-self-esteem/

October 2013. "A New York State of Self Esteem: The city's program to improve girls' body image could actually work." Interview for *The American Prospect*. http://prospect.org/article/new-york-state-self-esteem

January 2007. "Binge eating does not increase bypass surgery risk." Interview for *Reuters Health*. http://www.reuters.com/article/2007/01/16/us-binge-eating-idUSCOL66691120070116