**Research Interests**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Health equity and mental health care access | Digital and arts-based mental health interventions  
Peer leadership | Structural discrimination and stigma | Substance use prevention

**Current Position**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2023 – present **Postdoctoral Fellowship**, National Institute on Drug Abuse (NIDA) T32, in Substance Use Prevention  
**Yale University School of Medicine**, Department of Psychiatry,  
Division of Prevention and Community Research

**Education**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2022 – 2023 **Predoctoral Internship** in Clinical and Community Psychology  
**Yale University,** Department of Psychiatry,  
Division of Prevention and Community Research, The Consultation Center

2018 – 2023 **PhD,** Psychology, Clinical-Community emphasis  
**Bowling Green State University**  
*Dissertation*: Can Social Media Contact Reduce Stigma? Promoting Empathy with the Art and Writing of People Experiencing Mental Illness

2011 – 2013  **MS,** Art Therapy, **Florida State University**

2006 – 2010  **BA,** StudioArt, Education (Minor), **Vassar College**

**Awards and Grants**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2023 – present **T32 Training Grant in Substance Use Prevention**, $65,000/yr. *for two years* National Institute on Drug Abuse (NIDA)

2024 **Citation Award**, Conference Abstract  
Society for Behavioral Medicine (SBM)

2023 **Propelus Innovation Corps (I-Corps) Grant**, $3,000 *for customer discovery for minimum viable product (MVP) development*  
National Science Foundation (NSF), I-Corps Hub Northeast Region  
*Role*: Co-Entrepreneurial Lead

2023 **Conference Presenter Grant,** $900 *for the 2023 SCRA Biennial*  
Department of Psychology, Bowling Green State University

2022 **Charles E. Shanklin Award,** $1,250 *for research excellence*The Graduate School, Bowling Green State University

2021 **Larry and Lorraine Nulton Clinical Research Award,** $900   
**Donald and Zella Leventhal Memorial Award,** $500**Letter of Commendation** *in recognition of outstanding achievement*Department of Psychology, Bowling Green State University

2020 **Local Community Giving Grant,** $1,000 *for The Connection Center mural*Walmart Community Foundation, Bowling Green, OH

2019 **Conference Presenter Grant,** $900 *for the 2019 SCRA Biennial*  
Department of Psychology, Bowling Green State University

2018 – 2022 **Doctoral** **Research Assistantship**, $16,000/yr. *for four years*  
Bowling Green State University

2017 **Peggy Ross Grant,** $600 *for the Oregon State Hospital mural series*  
Oregon State Hospital

2016 **Teacher Mini-Grant,** $500 *for the ArtSmart school outreach program*  
Junior League of High Point, NC

2016 **Local Community Giving Grant,** $1,000 *for the Art for Health mural series*  
Walmart Community Foundation, High Point, NC

2015 **The Pollination Project Grant,** $1,000 *for consultation at Kilimanjaro Christian Medical Center, Moshi, TZ*The Pollination Project

2014 **Eliza Buffington Alumni Research Fellowship,** $5,000 *for arts-based ethnography in Kondoa, TZ*  
Vassar College

2013 – 2014 **AmeriCorps Partnership to End Homelessness Grant Stipend**, $12,000   
*for peer-led arts-based program development and evaluation in Greensboro, NC*Corporation for National and Community Service

2013 **Summa Cum Laude**  
**Conference Presenter Grant,** $300 *for AATA 2013*Florida State University

2010 – 2011 **AmeriCorps VISTA Grant Stipend**, $12,000 *for mentorship program development and capacity-building in Charleston, SC*Corporation for National and Community Service

2010 **General, Departmental Honors  
Lewis Rubenstein Award** *for excellence in art*Vassar College

**Peer-Reviewed Publications**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Stein, C. H., **Griffith, F. J.,** Rudd, M. F., & Kalantzis, M. A. (2023). What should I say? Online dating and disclosure experiences of adults with mental illness in long-term romantic relationships. *Journal of Community & Applied Social Psychology, 33*(6). DOI: 10.1002/casp.2739
2. Crouch, M. C., Miller-Roenigk, B. D., Schrader, S. W., **Griffith, F. J.,** Simmons, S., & Gordon, D. M. (2023). Potentially traumatic events of women of color in an urban adult basic education program. *Journal of Aggression, Maltreatment & Trauma*, 1-19.   
   DOI: 10.1080/10926771.2023.2231384
3. **Griffith, F. J.,** Redondo, R. A., & Diggins, E. (2022). Size, food, and sensuality: Predictors of network engagement in weight-inclusive Instagram communities. *The Journal of Social Media and Society*, *11*(2)*.*

† Denotes undergraduate, postgraduate, or graduate student co-author and research mentee

1. **Griffith, F. J.,** †Dietrich, K. M., Wong, S., Exline, J.J., & Pargament, K. I. (2022). ‘The music was speaking to me’: Using narrative inquiry to describe sacred moments with music. *The Arts in Psychotherapy 79.* DOI: 10.1016/j.aip.2022.101911
2. Russin, S., Tilstra-Ferrell, E., & **Griffith, F. J.** (2022). Dating in the wake of trauma and abuse: Relationship experiences of individuals with posttraumatic stress disorder. *Journal of Aggression, Maltreatment, & Trauma.* DOI: 10.1080/10926771.2022.2112338
3. **Griffith, F. J.**, †Hoag, J., †Gay, K., & Stein, C. H.(2021). #MentalHealthArt: How Instagram artists promote mental health awareness online. *Public Health, 194,* 67-74*.*DOI: 10.1016/j.puhe.2021.02.006
4. **Griffith, F. J.,** & Stein, C. H.(2021). Behind the hashtag: Online self-identification of mental illness and community response on Tumblr. *American Journal of Community Psychology* *67*(3-4), 419-432*.* DOI: 10.1002/ajcp.12483
5. Dulek, E. B., Russin, S., Rudd, M. F., **Griffith, F. J.,** & Stein, C. H. (2021). Personal loss, parental relationships, and caregiving intentions among adult siblings of individuals with mental illness. *Journal of Child and Family Studies, 30,* 1607–1618.DOI: 10.1007/s10826-021-01960-0
6. **Griffith, F. J.**, & Bingman, V.E.(2020). Drawing on the brain: An activation likelihood estimate (ALE) meta-analysis of functional neural activation while drawing. *The Arts in Psychotherapy, 71.* DOI: 10.1016/j.aip.2020.101690
7. **Griffith, F.J.** & Bauer-Leffler, S. (2018). What is a healthy mind? Art informs recovery at a state psychiatric hospital. *Art Therapy 35*(1), 42-47*.* DOI: 10.1080/07421656.2018.1459117
8. **Griffith, F. J.**, Seymour, L., &. Goldberg, M. (2015). Reframing art therapy to meet psychosocial and financial needs in homelessness. *The Arts in Psychotherapy,* *46*, 33-40. DOI: 10.1016/j.aip.2015.09.007
9. **Morris** **(Griffith), F. J.** (2014a). Considerations in art e-therapy for anxiety disorders. *Journal of Depression and Anxiety, 4*(170), 1-6. DOI: 10.4172/2167-1044.1000170
10. **Morris (Griffith), F. J.** (2014b). Should art be integrated into cognitive behavioral therapy for anxiety disorders? *The Arts in Psychotherapy, 41*, 343-352. DOI: 10.1016/j.aip.2014.07.002
11. **Morris (Griffith), F. J.**, & Willis-Rauch, M. (2014). Join the art club: Exploring social empowerment in art therapy. *Art Therapy, 31*(1), 28-36. DOI: 10.1080/07421656.2014.873694

**Manuscripts in Revision and Review**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Griffith, F. J.,** & Stein, C. H. (**In revision**). Online arts-based interventions from peer influencers to reduce mental health stigma: A randomized-controlled trial. *Health Communication.*
2. **Griffith, F. J.,** Simmons, S., Schrader, S., Miller-Roenigk, B. D., Crouch, M., & Gordon, D. M. (**In revision**). Crisis, conserving resources, and confidence: Examining how adult education students navigate stressors and marginalization. *Adult Learning.*
3. **Griffith, F. J.,** Ash, G. I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N. S., O’Malley, S. S., DeMartini, K. S., & Fucito, L. M. (In review). Leveraging natural language processing to evaluate user experiences with a digital sleep intervention for alcohol use. *NPJ Digital Medicine*
4. **Griffith, F. J.**, †Kirklewski, S., †Takenaka, B. P., Nicholson, E., Lauckner, C. K., Gibbs, J., Hansen, N. B., & Kershaw, T. (In review). ‘This is fine’: Using social media imagery to understand the experiences, stress, and resilience of men who have sex with men during the COVID-19 pandemic. *American Journal of Community Psychology*.
5. **Griffith, F. J.,** †Henry, A., †Wells III, M., Hunter, B., White, D., & Gordon, D. M. (In review). Relatable, relevant, and representative: Strategies for online community organizing and health promotion. *Community Organizing: Inaugural Issue No. 3, Innovations in Community Organizing.*
6. Schrader, S. W., Gordon, D. M., Miller-Roenigk, B. D., Crouch, M., Simmons, S. C., & **Griffith, F. J.** (In review). An examination of the difficulties in emotion regulation scale (DERS) factor structure in adult education learners. *Urban Education.*

**Published Chapters**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Griffith, F. J.,** & Simmons, S. (In press). Affinity and advocacy: Online communities for people experiencing mental illness. In M. Yzer and J. Siegel (Eds.), *The Handbook of Mental Health Communication: Volume 1.* Wiley.

**Manuscripts in Preparation**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Lauckner, C.K., **Griffith, F. J.,**…(In preparation). Resilience and community-building on social media for people in recovery from substance use disorders.
2. Kershaw, T., Takenaka, B. P., **Griffith, F. J.,** Barbour, R., Kirklewski, S., Tengatenga, C., Nicholson, E., Lauckner, C. K., Gibbs, J., & Hansen, N. B. (In preparation). Using smartphones and GPS technology in public health and HIV/AIDS prevention research for men who have sex with men (MSM).
3. Takenaka, B. P., **Griffith, F. J.,** Kirklewski, S. J., Gibbs, J. J., Tengatenga, C., Lauckner, C. K., Nicholson, E., Hansen, N. B., & Kershaw, T. (In preparation). “It’s another gay disease”: Contextualizing the intersectional lived experiences of the monkeypox (mpox) outbreak among young gay, bisexual, and men who have sex with men (GBMSM) in the United States.
4. **Griffith, F. J.,** & Stein, C. H. (In preparation, a). Compelling or confusing? The role of aesthetic evaluations of online art and writing about mental illness and substance use in promoting empathy in viewers.
5. **Griffith, F. J.,** & Stein, C. H. (In preparation, b). Artist, influencer, advocate: Motivations and perceived risks and benefits for online disclosure and advocacy about mental health and substance use among Instagram peer influencers.
6. Simmons, S., **Griffith, F. J.,** DeCroce-Movson, E., †Kruger, M., Funaro, M., & Childs, A. (In preparation). Scoping review and call to action: Leveraging digital interventions to reduce length of stay for youth in emergency and inpatient psychiatric settings.
7. Barnhardt, W., Jordan, A., **Griffith, F. J.,** & Angoff, H. A. (In preparation). Health promotion, body image, and gendered identity in LGB Instagram communities.

**Technical Reports and Manuals**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Fucito, L., DeMartini, K., **Griffith, F. J.**, Augustine, M., & Maltz, C. (2023). *Manual of procedures: Deep phenotyping of heavy drinking in young adults with behavioral scales, neuropsychological tasks, and smartphone sensing technology.*
2. **Griffith, F. J.**, Simmons, S. C., & Gordon, D. M. (2023). *New Haven Adult & Continuing Education Center focus group and survey report.*
3. Byrd, R., Forlano, R., Meza-Gonzales, E., O’Connor, I., Olsen, S., Papa, A., **Griffith, F. J.**, Fulara, D., & Kaufman, J. (2023). *Consumer perspectives of the current environment and service programs at Connecticut Mental Health Center: Focus group report.*
4. Gordon, D. M., **Griffith, F. J.**, Henry, A., Hunter, B., Wells, M., & White, D., (2023). *Data summary of the New Haven Health Education and Literature (HEaL) initiative: A community driven effort.*
5. Gordon, D. M., Henry, A., White, D., **Griffith, F. J.**, & Wells, M. (2023). *New Haven* *Health Education and Literature (HEaL) policies and procedures manual.*
6. **Griffith, F. J.**, Angoff, H. D., Zoleta, C., & Sims, T. E. (2022). *Thomas M. Wernert Center needs assessment report.*

**Other Publications**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Griffith, F. J.** (2023). *Can Social Media Contact Reduce Stigma? Promoting Empathy with the Art and Writing of People Experiencing Mental Illness* [Doctoral dissertation, Bowling Green State University]. OhioLINK Electronic Theses and Dissertations Center. http://rave.ohiolink.edu/etdc/view?acc\_num=bgsu1682346083696689
2. **Griffith, F.J.**, & Stein, C. H. (2021). Coping with mental illness on Tumblr. *Community Psychology.* https://www.communitypsychology.com/coping-with-mental-illness-on-tumblr/
3. **Morris (Griffith), F.J.** (2014). 4 simple ways you can integrate art and anxiety therapy. *Anxiety.org.* https://www.anxiety.org/experts/4-simpleways-integrate-art-anxiety-therapy
4. **Morris (Griffith), F. J.** (2013). *Brief cognitive behavioral art therapy for anxiety disorders* (Paper 7518). [Master’s thesis, Florida State University]. Electronic Theses, Treatises and Dissertations. http://diginole.lib.fsu.edu/etd/7518

**Peer-Reviewed Presentations and Posters**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Griffith, F. J.,** Ash, G. I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N. S., O’Malley, S. S., DeMartini, K. S., & Fucito, L. M. (2024). Call it a Night: An evaluation of the feasibility and acceptability of a digital sleep intervention for alcohol use in young adults. [Poster]. Society for Behavioral Medicine 2024, Philadelphia, PA.
2. **Griffith, F. J.,** Ash, G. I., †Augustine, M., †Latimer, L., Verne, N., Redeker, N. S., O’Malley, S. S., DeMartini, K. S., & Fucito, L. M. (2024). Call it a Night: Leveraging natural language processing   
   to evaluate user experiences with a digital sleep intervention to deduce drinking. [Lightning talk]. Yale AI in Medicine Inaugural Symposium, New Haven, CT.
3. **Griffith, F. J.,** & Stein, C. H. (2023). *Reducing stigma towards mental illness through an online art and writing intervention: A randomized controlled trial.* [Poster]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Atlanta, GA.
4. Grant, N., Arora, I., **Griffith, F. J.,** Fulara, D., Kaufman, J., and The Consumer Research Team. (2023). *Consumers’ experiences of community mental health during COVID-19: A community-based participatory investigation.* [Symposium]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Atlanta, GA.
5. **Griffith, F. J.,** Sims, T. E., Simon, S. L., & Stein, C. H. (2022). *Working mother’s accounts of everyday life while sheltering in place during COVID-19* [Paper]. Association of Women in Psychology, Chicago, IL.
6. **Griffith, F. J.,** Dietrich, K. M., Wong, S., Pargament, K. I., Exline, J.J., Wong, S., Pargament, K. I., & Exline, J. J. (2020). ‘The song spoke to me:’ Describing sacred moments in music. In K. Pargament (Chair), *An ear for the extraordinary: Descriptives, predictors, and consequences of sacred moments in ordinary musical experience* [Symposium]. American Psychological Association Conference, Virtual Conference.
7. **Griffith, F.J.**, Hoag, J., Gay, K., Hartl-Majcher, J., Rudd, M. & Stein, C. (2019). *#MentalIllnessArt: Creative expression on social media and the response of online community audiences* [Poster]. APA Division 27, Society for Community Research and Action (SCRA) Biennial, Chicago, IL.
8. **Griffith, F. J.**, & Stein, C. H. (2019). #MentalHealth: Expression, disclosure, and community response on social media. In. J. Hartl-Majcher (Chair), *Social media: Empowering marginalized individuals to build community and advocate for positive social change* [Symposium]. APA Division 27, SCRA Biennial, Chicago, IL.
9. Dulek, E., Russin, S., Rudd, M. F., Walker, K., **Griffith, F. J.**, & Stein, C. H. (2019). Family matters: Parental relationships and siblings’ intentions to provide care for adults coping with mental illness. In C. Stein (Chair), *Understanding experiences of well siblings of adults coping with serious mental illness* [Symposium]*.* APA Division 27, SCRA Biennial, Chicago, IL.
10. Dulek, E., Russin, S., **Griffith F. J.**, & Stein, C. H. (2019). *A scoping review of identity, quality of life, and community integration among older adults living with serious mental illness* [Poster]. APA Division 27, SCRA Biennial, Chicago, IL.
11. Russin, S. E., Dulek, E. B., **Griffith, F. J.**, & Stein, C. H. (2019). *Socioeconomic status and perceived parental interactions in young adults’ reports of self-compassion and belonging in college.* [Poster]. APA Division 27, Society for Community Research and Action Biennial Conference, Chicago, IL.
12. **Griffith, F. J.,** Redondo, R. A., & Diggins, E. (2019). *#Fatspiration: A mixed-methods content analysis of body positive posts on Instagram* [Poster]. UT-BGSU-UMD Research Symposium, University of Toledo, Toledo, OH.
13. **Morris (Griffith), F. J.** (2014). *Cognitive behavioral art therapy for anxiety disorders* [Paper]. American Art Therapy Association 45th Annual Conference, San Antonio, TX.
14. **Morris (Griffith), F.J.**, & Willis-Rauch, M. (2013). *Join the art club: Exploring social empowerment art therapy* [Paper]. American Art Therapy Association 44th Annual Conference, Seattle, WA.
15. **Morris (Griffith), F.J**., & Rojas, M. (2013). *Art therapy and trauma: A therapeutic approach with children* [Workshop]*.* Instilling Hope II: Trauma Informed Care Conference, Tallahassee, FL.
16. **Morris (Griffith), F**. **J.** (2012). *Art therapy in hospice care* [Invited in-service presentation]. Big Bend Hospice. Tallahassee, FL.

**Research and Evaluation Experience**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Funded Research and Evaluation Experience*

2023 – present **ENRICH Research Group**  
Yale University, School of Public Health   
*Mentor*: Trace Kershaw, PhD  
 **R01AA030487**, National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
*Topic*: Evaluation of a combined motivational interviewing and ecological momentary intervention to reduce risky alcohol use among sexual minority males and transgender individuals *PIs*: Carolyn Laukner, PhD, Trace Kershaw, PhD  
*Role*: Postdoctoral fellow   
*Contributions*: Consultation, data analysis, manuscript conceptualization and writing  
  
**R01AA025954**, National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
*Topic*: Understanding relapse and the impact of social networks and geographic settings during treatment for alcohol-related problems *PIs*: Trace Kershaw, PhD, Jessica Muilenburg, PhD  
*Role*: Postdoctoral fellow   
*Contributions*: Data analysis, manuscript conceptualization and writing

2023 – present **Digital INSIGHTs Lab**Yale University, Department of Psychiatry  
*Mentors*: Lisa Fucito, PhD, Kelly DeMartini, PhD **R01AA030136**, National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
*Topic*: Deep phenotyping of heavy drinking in young adults with behavioral scales, neuropsychological tasks, and smartphone sensing technology *PIs*: Lisa Fucito, PhD, Kelly DeMartini, PhD  
*Role*: Postdoctoral fellow   
*Contributions*: Consultation, data analysis, manuscript conceptualization and writing, study manual writing  
 **R21AA028886**, National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
*Topic*: A photoplethysmography sensor-based personalized feedback intervention for heavy-drinking young adults targeting heart rate variability, resting heart rate, and sleep *PIs*: Lisa Fucito, PhD  
*Role*: Postdoctoral fellow   
*Contributions*: Data analysis, manuscript conceptualization and writing

2022 – 2023 **Yale*EVAL*** **Research Group**Yale University, The Consultation Center  
*Mentors*: Derrick Gordon, PhD, Bronwyn Hunter, PhD **CPIMP211299-01-00**, Department of Health and Human Services, Office of Minority Health (OMH)  
*Topic*: New Haven Health Education and Literacy (HEaL), Community Program to Improve Minority Health  
*PI*: Brooke Logan (Evaluation Team Lead: Derrick Gordon, PhD)  
*Role*: Program evaluator, predoctoral fellow

*Contributions*: Data collection and analysis, manuscript conceptualization and writing, policy and procedure manual writing, evaluation report writing

2022 – 2023 **The Consumer Research Team**, Connecticut Mental Health Center (CMHC)Yale University, The Consultation Center  
*Mentor*: Joy Kaufman, PhD  
*Topic*: Community-Based Participatory Research for Program Evaluation with Consumer Researchers at Connecticut Mental Health Center  
*Role*: Co-investigator, predoctoral fellow  
*Contributions*: Coaching consumer researchers, data analysis, manuscript conceptualization and writing, evaluation report writing

2022 – 2023 **New Haven Adult Education Research and Writing Group**Yale University, The Consultation Center  
*Mentor*: Derrick Gordon, PhD, Bronwyn Hunter, PhD, Amy Cheng, PhD  
*Topic*: New Haven Adult Education Center Needs Assessment and Program Evaluation  
Role: Co-investigator, predoctoral fellow  
*Contributions*: Data collection and analysis, manuscript conceptualization and writing, evaluation report writing, mentorship of undergraduate researchers

2021 – 2023  **Dissertation**: **Can Social Media Contact Reduce Stigma? Promoting Empathy with the Art and Writing of People Experiencing Mental Illness**  
Bowling Green State University (BGSU)  
*Committee*: Catherine H. Stein, PhD (chair), Dale Klopfer, PhD, Dryw Dworsky, PhD, Brooks Vostal, PhD  
  
**Larry and Lorraine Nulton Clinical Research Award**, BGSU*Role*: Principal Investigator  
*Study 1 Description:* Qualitative interviews examining advocacy from the perspectives of Instagram peer influencers (artists coping with mental illness and substance misuse.   
*Study 2 Description:* Randomized controlled trial testing the efficacy of an online, asynchronous social contact intervention to reduce mental health and substance use stigma.

2018 – 2023  **Clinical-Community Psychology Research Group**Bowling Green State University  
*Mentor*: Catherine Stein, PhD

**Doctoral** **Research Assistantship**  
*Role*: Co-Investigator  
*Study 1 Description:* Qualitative examination of the in-person and online dating experiences of adults with mental illness.  
*Study 2 Description:* Mixed-methods examination of the experiences of adult siblings of individuals with mental illness, including their familial relationships, personal loss, and intentions to provide care to their siblings.

2014 – 2015 **Study:** **Arts-Based Ethnography with Women Entrepreneurs in Kondoa, TZ**Rock Art Conservation Centre   
 **Eliza Buffington Postgraduate Fellowship**, Vassar College  
*Role*: Principal Investigator

*Study Description*: Mixed-methods examination of Tanzanian women’s perspectives on entrepreneurship, tourism, and culture using focus groups and arts-based research.

2013 – 2014 **Study: Peer-led, Art-Based Program Development and Evaluation for Adults Experiencing Homelessness**Interactive Resource Center  
 **AmeriCorps Partnership to End Homelessness Grant**, Corporation for National and Community Service  
*Role*: Principal investigator, lead evaluator  
*Study Description*: Program evaluation measuring outcomes (e.g., life achievements) from participation in peer-led psychosocial therapeutic art programs at a day center for people experiencing homelessness.

*Other Research Experience*

2019 – 2022 **LGBTQ+ Graduate Student Research Group**Bowling Green State University *Role*: Co-Investigator  
*Description*: Mixed-method content analysis of Instagram posts to examine the online health promotion and self-presentation of lesbian, gay, and bisexual adults.

2020 – 2022  **Study: Social Ecological Resilience of Mothers Sheltering in Place during the COVID-19 Pandemic**Bowling Green State University *Role*: Principal Investigator  
*Description*:Used a social ecological framework and multidimensional scaling to analyze focus group data from mothers about their changing roles and identities, community supports and resources, and social networks during COVID-19.

2019 – 2020  **Study: Health Promotion and Mental Health Awareness through Art on Instagram**   
Bowling Green State University *Role*: Principal Investigator  
*Description*: Mixed-methods analysis of art posts on Instagram from peer influencers with lived experience of mental illness and substance misuse. Used content analysis and latent semantic analysis.

2018 – 2019  **Preliminary Study for Dissertation: #MentalHealth: Expression, Disclosure, and Community Response on Social Media**  
Bowling Green State University  
*Committee*: Catherine H. Stein, PhD (chair), Dale Klopfer, PhD, Dryw Dworsky, PhD, Brooks Vostal, PhD *Role*: Principal Investigator  
*Description*: Quantitative analysis of posts on Tumblr and Twitter from adults self-identifying with mental illness and substance misuse. Used latent semantic analysis to find themes and predictive modelling to track community responses.

2018 – 2019  **Study: Self-Presentation and Predictors of Community Response in Weight-Inclusive Instagram Communities**Bowling Green State University *Role*: Principal Investigator

*Description*: Mixed-methods analysis of body positive posts on Instagram, including qualitative content analysis of self-presentation in imagery, latent semantic analysis of text themes in posts, and predictive modelling of the popularity of posts online.

2017 – 2018 **Study: Healthy Mind Messages Art Installation and Research**  
Oregon State Hospital  
*Role*: Principal Investigator  
*Description*: Content analysis using n-gram frequency of open-ended definitions of mental health from inpatient consumers and staff at Oregon State Hospital using a collaborative public art installation.

2012 – 2013 **Thesis: Brief Cognitive Behavioral Art Therapy for Anxiety Disorders**  
Florida State University  
*Committee*: Marcia Rosal, PhD (chair), David Gussak, PhD, Tom Anderson, PhD  
*Role*: Principal Investigator  
*Description*: Single-subject experimental designs piloting a brief CBT protocol integrating behavioral art components for an individual with Panic Disorder as well as teletherapy for an individual with Generalized Anxiety Disorder.

**Teaching Experience**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2022 **Instructor,** **Introduction to Psychometric Statistics**  
Invited lecture, Art Therapy Credentials Board (ATCB)  
*Duties*: Led class lectures and discussion with members of the ATCB Certification Committee about psychometrics of test development and job analysis to inform the national exam content outline.

2020 **Teaching Assistant, PSYC 6090 Clinical Interviewing**   
Graduate course (in-person), Bowling Green State University  
*Duties*: Co-developed graduate course materials with instructor of record.

2020 **Teaching Assistant,** **PSYC 4060 Developmental Psychopathology**  
Undergraduate course (hybrid), Bowling Green State University   
*Duties*: Led class lecture and discussions, proctored exams, and graded homework and exams, co-developed undergraduate course materials with instructor of record.

2019 – 2020 **Teaching Assistant,** **PSYC 3080 Clinical Psychology**   
Undergraduate course (in-person), Bowling Green State University  
*Duties*: Co-developed undergraduate course materials with instructor of record.

2019 – 2020 **Teaching Assistant,** **PSYC 1010 Introduction to Psychology**   
Undergraduate course (online), Bowling Green State University  
*Duties*: Co-developed undergraduate course materials with instructor of record.

2019 **Teaching Assistant,** **PSYC 6640 Foundations of Assessment**  
Graduate course (in-person), Bowling Green State University  
*Duties*: Led lectures and discussions, trained students in adult and child assessments, and proctored and graded homework and exams.

2015 – 2016 **Art Education Coordinator/Lead Teacher**, The Art Galleries, High Point, NC  
*Duties*: Developed and facilitated all educational outreach programs and workshops for adults, children, and adolescents. Wrote grants for educational program development. 35-40 hours/week.

2013 – 2014 **Art Teacher**, ArtQuest, Greenhill Center for NC Art, Greensboro, NC  
*Duties*: Facilitated open arts studio for adults, children, and adolescents. 20 hours/week.

2010 – 2011 **Mentor Coordinator**, Youth Empowerment Services, Charleston, SC  
**AmeriCorps VISTA Grant**, Corporation for National and Community Service  
*Duties*: Recruited, screened, trained, matched, and supervised mentors for economically marginalized, African American girls. Planned and facilitated educational and support group meetings for adolescent girls. 20 hours/week.

**Clinical Experience**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2022 – 2023 **Psychology Fellow**, Connecticut Mental Health Center, New Haven, CT  
*Duties*: Provided individual therapy and care coordination to adults experiencing serious mental illness as part of an interdisciplinary treatment team.

2021 – 2022 **Clinician**, Harbor Behavioral Health, Bowling Green, OH  
*Duties*: Provided individual therapy, assessment services, and comprehensive integrated reports to community mental health consumers.

2019 – 2022 **Clinician**,BGSU Psychological Services Center, Bowling Green, OH   
*Duties*: Provided individual and couples therapy, assessment services, and comprehensive integrated reports to undergraduate and graduate students.

2016 – 2018 **Rehabilitation Therapist**, Oregon State Hospital, Salem, OR  
*Duties*: Provided individual therapy, group therapy, assessments, and animal-assisted therapy to adults experiencing serious mental illness in both forensic, civil-commitment, and neuropsychiatric units.

2012 – 2013  **Clinician**, Big Bend Hospice, Tallahassee, FL   
*Duties*: Provided individual, family, and couples therapy to hospice patients and their families. Provided individual and group bereavement counseling to adults, children, and adolescents.

2012 **Clinician**, Florida State Hospital, Chattahoochee, FL  
*Duties*: Provided individual assessments and group therapy to adults experiencing serious mental illness in both civil-commitment and forensic units. Co-facilitated peer-directed arts-based program.

**Consultation Experience**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2022 – present **Consultant,** M-Select, Yale Ventures at Yale University  
New Haven, CT  
*Duties*: Assist with the design, development, and evaluation of a measurement-based care application for teenagers and healthcare professionals. Conduct customer discovery interviews to develop a minimally viable product.

2020 – 2021 **Community Advocate**,The Connection Center  
Bowling Green, OH  
*Duties*: Promoted empowerment among clubhouse members recovering from serious mental illness using the principles of psychosocial rehabilitation. Supported peer-led program development. Coordinated with community organizations to increase clubhouse members’ access to resources.

2020 **Facilitator, Coordinator**, The Connection Center Mural   
The Connection Center, Bowling Green, OH  
*Duties*: Facilitated collaborative mural with committee of clubhouse members.

2017 – 2018 **Facilitator, Coordinator,** Oregon State Hospital Mural Series   
Oregon State Hospital, Salem, OR  
*Duties*: Facilitated series of collaborative murals with clients at Oregon State Hospital.

2016 **Facilitator, Coordinator**, *Art for Health* Mural Series  
YMCA and Boys & Girls Club, High Point, NC  
*Duties*: Facilitated collaborative health promotion mural series with elementary and middle school students in underserved and under-resourced communities.

2015 **Consultant**, **Facilitator, Coordinator,** Kilimanjaro Christian Medical Center  
Moshi, Tanzania   
*Duties*: Facilitated group mural project for support group for teens who were HIV-positive.

2014 – 2015  **Consultant**, Four Seasons Serengeti Safari Lodge  
Seronera, Tanzania  
*Duties*: Facilitated staff team-building activities and stress-reduction workshops.

2012 – 2014 **Designer, Volunteer Coordinator**, Seven Days of Opening Nights Mural Series   
Tallahassee, FL  
*Duties*: Facilitated community painting days with the public and coordinated project volunteers.

**Supervisory Experience**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2021 – 2022 **Peer Supervisor**, **Therapy**, BGSU Psychological Services Center  
Bowling Green, OH  
*Duties*: Conducted weekly peer-supervision for second-year graduate student providing individual therapy services.

2019 **Peer Supervisor, Assessment**, BGSU Psychological Services Center  
Bowling Green, OH  
*Duties*: Supervised six first-year graduate students as they learned, practiced, and conducted cognitive testing for children and adults.

2017 – 2018 **Clinical Supervisor, Art Therapy**Salem, OR  
*Duties*: Provided contracted post-graduate supervision to an art therapist conducting individual and group therapy to earn her Art Therapist-Registered credential through the Art Therapy Credentials Board.

**Certifications**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2016 – present Art Therapist Registered-Board Certified (ATR-BC)  
Art Therapy Credentials Board (ATCB)

**Trainings**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2023 Propelus Innovation Corps Sessions, Customer Discovery  
National Science Foundation (NSF), I-Corps Hub Northeast Region

2023 Timeline Follow-Back Assessment  
Daniel Martin, PhD, Martin Research and Consulting

2023 Quick Structured Clinical Interview for DSM-5 Disorders (SCID)  
Lisa Fucito, PhD, Yale Department of Psychiatry

2023 Family Health Assessment Module, Important People Drug and Alcohol Interview  
Kelly DeMartini, PhD, Yale Department of Psychiatry

2022 Suicide Risk Assessment and Mitigation  
Emily Cooney, PhD, Yale Department of Psychiatry

2022 Person-Centered Recovery Planning Workshop Series  
Janis Tondora, PsyD, Yale Department of Psychiatry

2022 Assessing Race-Related Stress & Trauma  
Angela Haeny, PhD, Yale Department of Psychiatry

2022 Psychopharmacology & Related Issues  
John Cahill, MD, Yale Department of Psychiatry

2022 Screening for Cognitive Impairment  
Lucas Driskell, PsyD, Yale Department of Psychiatry

2019 Motivational Interviewing Workshop  
Joshua Grubbs, PhD, Bowling Green State University

2019 Multicultural Supervision Workshop  
Michelle Stahl, PhD, Bowling Green State University

2019 Expressive Writing Workshop  
Harold Rosenberg, PhD, Bowling Green State University

2018 Radically Open Dialectical Behavior Therapy Workshop  
Kate Hutsen, MA, LPCC-S, Bowling Green State University

2018 Suicide Postvention Workshop  
Amy Braush, PhD, Bowling Green State University

2018 Dialectical Behavior Therapy Skills: Train the Trainers Workshop Series  
Oregon State Hospital

2018 Collaborative Problem Solving (CPS) Workshop Series  
Oregon State Hospital

2013 Intensive Trauma Recovery (ITR), Intensive Weekend Workshop  
Linda Gantt, PhD, ATR-BC, Florida State University

2012 Foundations of Family Art Therapy, Intensive Weekend Workshop  
Janice Hoshino, PhD, ATR-BC, LMFT, ATCS, Florida State University

2012 Family Art Therapy Assessment, Intensive Weekend Workshop  
Paige Asawa, PhD, MFT, ATR-BC, Florida State University

**Editorial and Peer Review Service**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2017 – present **Ad-hoc reviewer**, *American Journal of Community Psychology; Austin Journal of Autism and Related Disabilities; Complimentary Therapies; Cyberpsychology, Behavior, and Social Networking; Journal of Health Psychology; Public Health; The Arts in Psychotherapy*

2012 – 2013 **Copy editor**, *The Wiley-Blackwell Handbook of Art Therapy*

**Leadership & Committee Service**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2022 – present **Committee Member**, Community Engagement and Partnerships Subcommittee,  
Social Equity and Inclusion Workgroup, The Consultation Center  
*Duties*: Facilitate connections between The Consultation Center faculty and staff with community engagement opportunities.

2016 - present **Committee Member**, Art Therapy Credentials Board, Certification Committee  
*Duties*: Evaluate two Art Therapy Credentials Board Exam forms per year, including item quality and exam topic composition.

2020 – 2022 **Committee Member**, Art Therapy Credentials Board, Job Analysis Committee  
*Duties*: Planned and implemented the national art therapy job analysis survey that guided the development of the national Art Therapy Credentials Board Exam that registers and credentials US art therapists.

2017 - 2018 **Public Relations Representative**, Oregon Health Authority Diversity Committee, LGBTQ+ Subcommittee  
*Duties*: Publicized LGBTQ+ trainings and events to Oregon State Hospital staff and clients. Help design staff LGBTQ+ trainings. Evaluate results of surveys of staff knowledge of working with LGBTQ+ populations.

2012 - 2013 **President**, Florida State University Art Therapy Association  
*Duties*: Facilitated executive meetings for the Florida State University Art Therapy Association, invited speakers to the art therapy program, coordinated fundraisers, and facilitated community outreach projects spearheaded by the association.

**References**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **Joy S. Kaufman**, PhD  
   Professor; Executive Director, The Consultation Center  
   Department of Psychiatry, Yale University  
   *Relationship*: Advisor, Project Principal Investigator  
   *Contact*: joy.kaufman@yale.edu
2. **Lisa Fucito**, PhD  
   Associate Professor of Psychiatry; Director, Tobacco Treatment Service  
   Department of Psychiatry, Yale University School of Medicine  
   *Relationship*: Postdoctoral Mentor, Project Principal Investigator  
   *Contact*: lisa.fucito@yale.edu
3. **Catherine H. Stein**, PhD  
   Professor; Vice-Chair of Graduate Training  
   Department of Psychology, Bowling Green State University  
   *Relationship*: Advisor, Dissertation and Preliminary Project Committee Chair, Externship Clinical Supervisor, Professor  
   *Contact*: cstein@bgsu.edu