

CURRICULUM VITAE
Terence H. W. Ching, Ph.D.
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PERSONAL INFORMATION

Current Affiliation: Yale School of Medicine
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Webpages: [Yale](#) / [ResearchGate](#) / [Google Scholar](#) / [Source Research Foundation](#) / [ABCT Oppression & Resilience SIG](#) / [Equity in Psychedelic Therapy Initiative](#) / [Asian Psychedelic Collective](#) / [Center for Psychedelic Drug Research and Education](#)

EDUCATION & PROFESSIONAL ROLES

B.Soc.Sci. (Honors, First Class; Psychology) August 2009 – May 2013
National University of Singapore, Singapore
Co-Advisors: Winston D. Goh, Ph.D.; Gabriel Tan, Ph.D., ABPP

M.Soc.Sci. (Psychology) August 2013 – May 2015
National University of Singapore, Singapore
Advisor: Catherine S. Tang, Ph.D.

Doctoral Studies (Clinical Psychology) – Transferred w/ advisor July 2015 – June 2016
University of Louisville, KY, USA
Advisor: Monnica T. Williams, Ph.D., ABPP

M.S. (Clinical Psychology) August 2016 – May 2019
University of Connecticut, CT, USA
Advisor: Monnica T. Williams, Ph.D., ABPP

Ph.D. (Clinical Psychology) May 2019 – May 2021
University of Connecticut, CT, USA
Advisor: Monnica T. Williams, Ph.D., ABPP

Clinical Psychology Internship July 2020 – June 2021
Dartmouth-Hitchcock Medical Center, Lebanon, NH, USA

Postdoctoral Associate July 2021 – June 2023
Yale OCD Research Clinic, Department of Psychiatry, Yale School of Medicine
Mentors: Ben Kelmendi, M.D.; Christopher Pittenger, M.D., Ph.D.

Associate Research Scientist July 2023 – Present
Yale OCD Research Clinic/Emerging and Novel Applications for Consciousness-Altering Therapeutics (ENACT) Lab, Department of Psychiatry, Yale School of Medicine
Mentors: Ben Kelmendi, M.D.; Christopher Pittenger, M.D., Ph.D.

Instructor July 2024 – Present
Yale OCD Research Clinic/Emerging and Novel Applications for Consciousness-Altering Therapeutics (ENACT) Lab, Department of Psychiatry, Yale School of Medicine
Mentors: Ben Kelmendi, M.D.; Christopher Pittenger, M.D., Ph.D.

SCHOLARSHIPS

National University of Singapore Graduate Research Scholarship	August 2013 – May 2015
University of Louisville Graduate Fellowship	July 2015 – June 2016
University of Connecticut Graduate Assistantship	August 2016 – May 2021
University of Connecticut Maurice J. Farber Graduate Fellowship	June 2017 – May 2021
Connecticut Psychological Association Ethnic Diversity Task Force Conference Scholarship	October 2018; October 2019; October 2020
University of Connecticut Doctoral Dissertation Fellowship	January 2020 – May 2020
University of Connecticut Doctoral Student Travel Fellowship	February 2020
Anxiety and Depression Association of America Diversity Membership Scholarship	October 2020
National Register of Health Service Psychologists Associate Credentialing Scholarship	April 2021
Beck Institute Student and Early Career Professional Workshop Scholarship	May 2021

HONORS AND AWARDS

National University of Singapore Faculty of Arts and Social Sciences Dean's List	2009/2010, Semesters 1 and 2; 2010/2011, Semester 1
National University of Singapore Jazmyn Chelliah Medal and Prize for Best B.Soc.Sci. (Honors) Graduate for Psychology	June 2013
National University of Singapore Valedictorian for Class of 2012/2013	June 2013
Association for Behavioral and Cognitive Therapies African Americans in Behavior Therapy & Tic and Obsessive-Compulsive Related Disorders Special Interest Groups Best Poster Award	November 2015; November 2021
International OCD Foundation Student/Trainee Research Poster Scholarship Award	July 2016; July 2019

GRANT

Source Research Foundation Graduate Student Research Grant – Inspiration Award	September 2019
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PROFESSIONAL MEMBERSHIPS

Anxiety and Depression Association of America	- Member
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Association for Behavioral and Cognitive Therapies	- Member - Special Interest Group abstract reviewer
Association for Psychological Science	- Member
Association of Psychologists in Academic Health Centers	- Member
Connecticut Psychological Association	- Member
International OCD Foundation	- Annual Conference Planning Committee member - Diversity, Equity, Inclusion, and Action Council Nominating Committee member - Research Grant Review Committee member
International Society for Research on Psychedelics	- Full Member
International Society for Traumatic Stress Studies	- Member

RESEARCH INTERESTS

Fear-/trauma-based disorders (OCD, anxiety disorders, PTSD); cultural diversity; exposure-based cognitive-behavior therapies; psychedelic-assisted psychotherapy

CURRENT STUDIES

1. Co-I: Efficacy of psilocybin in OCD: A double-blind, placebo-controlled study (NCT03356483)
2. Co-PI: Effects of repeated psilocybin dosing in OCD (NCT05370911)
3. PI: Integrating psilocybin with ACT and ERP for OCD: A treatment development study (HIC#2000037487)
4. Sub-I (Yale School of Medicine): A phase 3, randomized, double-blind, multicenter study to evaluate the efficacy, safety, and tolerability of psilocybin in adults with MDD (uAspire; NCT06308653)
5. Co-I: Open-label psilocybin study in transdiagnostic population (NCT06442423)

PEER-REVIEWED PUBLICATIONS

1. So, W. C., **Ching, T. H. W.**, Lim, P. E., Chen, X. Q., & Ip, K. Y. (2014). Producing gestures facilitates route learning. *PLoS ONE*, 9(11): e112543. DOI:[10.1371/journal.pone.0112543](https://doi.org/10.1371/journal.pone.0112543)
2. **Ching, T. H. W.**, Goh, W. D., & Tan, G. (2015). Exploring dimensionality in the contamination-relevant semantic network with simulated obsessions and association splitting. *Journal of Obsessive Compulsive and Related Disorders*, 6, 39-48. DOI:[10.1016/j.jocrd.2015.06.003](https://doi.org/10.1016/j.jocrd.2015.06.003)
3. **Ching, T. H. W.**, & Tang, C. S. (2016). Gender differences in pathways to compulsive buying in Chinese college students in Hong Kong and Macau. *Journal of Behavioral Addictions*, 5, 342-350. DOI:[10.1556/2006.5.2016.025](https://doi.org/10.1556/2006.5.2016.025)
4. Williams, M., & **Ching, T. H. W.** (2016). Transgender anxiety, cultural issues, and cannabis in obsessive compulsive disorder. *AACE Clinical Case Reports*, 2, e276-e277. DOI:[10.4158/EP161356.CO](https://doi.org/10.4158/EP161356.CO)
5. **Ching, T. H. W.**, & Tang, C. S. (2016). Cognitive dissonance about TAF beliefs improves and maintains the effects of TAF-specific psychoeducation. *Journal of Cognitive Psychotherapy*, 30, 235-252. DOI:[10.1891/0889-8391.30.4.235](https://doi.org/10.1891/0889-8391.30.4.235)
6. **Ching, T. H. W.**, Williams, M., & Siev, J. (2017). Violent obsessions are associated with suicidality in an OCD analog sample of college students. *Cognitive Behaviour Therapy*, 46, 129-140. DOI:[10.1080/16506073.2016.1228084](https://doi.org/10.1080/16506073.2016.1228084)

7. **Ching, T. H. W.**, & Williams, M. (2018). Association splitting of the sexual orientation-OCD-relevant semantic network. *Cognitive Behaviour Therapy*, *47*, 229-245. DOI:[10.1080/16506073.2017.1343380](https://doi.org/10.1080/16506073.2017.1343380)
8. Leavell Bruce, S., **Ching, T. H. W.**, & Williams, M. (2018). Pedophilia-themed obsessive-compulsive disorder: Assessment, differential diagnosis, and treatment with exposure and response prevention. *Archives of Sexual Behavior*, *47*, 389-402. DOI:[10.1007/s10508-017-1031-4](https://doi.org/10.1007/s10508-017-1031-4)
9. **Ching, T. H. W.**, Williams, M. T., Siev, J., & Olatunji, B. O. (2018). Responsibility/threat overestimation moderates the relationship between contamination-based disgust and obsessive-compulsive concerns about sexual orientation. *Archives of Sexual Behavior*, *47*, 1109-1117. DOI:[10.1007/s10508-018-1165-z](https://doi.org/10.1007/s10508-018-1165-z)
10. Williams, M. T., Kanter, J. W., & **Ching, T. H. W.** (2018). Anxiety, stress, and trauma symptoms in African Americans: Negative affectivity does not explain the relationship between microaggressions and psychopathology. *Journal of Racial and Ethnic Health Disparities*, *5*, 919-927. DOI:[10.1007/s40615-017-0440-3](https://doi.org/10.1007/s40615-017-0440-3).
11. Williams, M. T., **Ching, T. H. W.**, Tellawi, G., Siev, J., Dowell, J., Schlaudt, V., Slimowicz, J., & Wetterneck, C. T. (2018). Assessing sexual orientation symptoms in obsessive-compulsive disorder: Development and validation of the Sexual Orientation Obsessions and Reactions Test (SORT). *Behavior Therapy*, *49*, 715-729. DOI:[10.1016/j.beth.2017.12.005](https://doi.org/10.1016/j.beth.2017.12.005)
12. **Ching, T. H. W.**, Lee, S. Y., Chen, J., So, R. P., & Williams, M. T. (2018). A model of intersectional stress and trauma in Asian American sexual and gender minorities. *Psychology of Violence*, *8*, 657-668. DOI:[10.1037/vio0000204](https://doi.org/10.1037/vio0000204)
13. Williams, M. T., **Ching, T. H. W.**, Printz, D. M. B., & Wetterneck, C. T. (2018). Assessing PTSD in ethnic and racial minorities: Trauma and racial trauma. *Directions in Psychiatry*, *38*, 179-196.
14. **Ching, T. H. W.**, & Williams, M. T. (2019). The role of ethnic identity in OC symptom dimensions among Asian Americans. *Journal of Obsessive-Compulsive and Related Disorders*, *21*, 112-120. DOI:[10.1016/j.jocrd.2019.03.005](https://doi.org/10.1016/j.jocrd.2019.03.005)
15. **Ching, T. H. W.**, Williams, M. T., Russell, S., & Chasson, G. S. (2019). Should OCD be recognized as a differential diagnosis for separation anxiety disorder? *The Behavior Therapist*, *42*, 423-428.
16. **Ching, T. H. W.**, Jelinek, L., Hauschildt, M., & Williams, M. T. (2019). Association splitting for obsessive-compulsive disorder: A systematic review. *Current Psychiatry Research and Reviews*, *15*, 248-260. DOI:[10.2174/2352096512666190912143311](https://doi.org/10.2174/2352096512666190912143311)
17. **Ching, T. H. W.** (2020). Intersectional insights from an MDMA-assisted psychotherapy training trial: An open letter to racial/ethnic and sexual/gender minorities. *Journal of Psychedelic Studies*, *4*, 61-68. DOI:[10.1556/2054.2019.017](https://doi.org/10.1556/2054.2019.017)
18. Williams, M. T., Kanter, J. W., Peña, A., **Ching, T. H. W.**, & Oshin, L. (2020). Reducing microaggressions and promoting interracial connection: The racial harmony workshop. *Journal of Contextual Behavioral Science*, *16*, 153-161. DOI:[10.1016/j.jcbs.2020.04.008](https://doi.org/10.1016/j.jcbs.2020.04.008)
19. **Ching, T. H. W.**, Wetterneck, C. T., Williams, M. T., & Chase, T. (2020). Sexual trauma, cognitive appraisals, and sexual intrusive thoughts and their subtypes: A moderated mediation analysis. *Archives of Sexual Behavior*, *49*, 2907-2917. DOI:[10.1007/s10508-020-01809-5](https://doi.org/10.1007/s10508-020-01809-5)
20. **Ching, T. H. W.**, Rouleau, T., Turner, E., & Williams, M. T. (2021). Disgust sensitivity mediates the link between homophobia and sexual orientation obsessive-compulsive symptoms. *Cognitive Behaviour Therapy*, *50*, 452-465. DOI:[10.1080/16506073.2020.1861083](https://doi.org/10.1080/16506073.2020.1861083)
21. Levy, H. C., Jean, A., **Ching, T. H. W.**, Nett, A., Mullins, J., & Tolin, D. F. (2021). Low estradiol may not impede cognitive restructuring in women with anxiety disorders. *Journal of Cognitive Psychotherapy*, *35*, 212-220. DOI:[10.1891/JCPSY-D-20-00038](https://doi.org/10.1891/JCPSY-D-20-00038)
22. **Ching, T. H. W.** (2021). Culturally attuned behavior therapy for anxiety and depression in Asian Americans: Addressing racial microaggressions and deconstructing the model minority myth. *Cognitive and Behavioral Practice*, *29*, 723-737. DOI:[10.1016/j.cbpra.2021.04.006](https://doi.org/10.1016/j.cbpra.2021.04.006)
23. Williams, M. T., **Ching, T. H. W.**, & Gallo, J. (2021). Understanding aggression and microaggressions by and against people of color. *The Cognitive Behaviour Therapist*, *14*, E25. DOI:[10.1017/S1754470X21000234](https://doi.org/10.1017/S1754470X21000234)
24. Williams, M., Faber, S., Nepton, A., & **Ching, T. H. W.** (2022). Racial justice allyship requires civil courage: A behavioral prescription for moral growth and change. *American Psychologist*, *78*, 1-19. DOI:[10.1037/amp0000940](https://doi.org/10.1037/amp0000940)

25. **Ching, T. H. W.**, Williams, M. T., Reed, S. J., Kisicki, M. D., Wang, J. B., Yazar-Klosinski, B., Emerson, A., & Doblin, R. (2024). MDMA-assisted therapy for posttraumatic stress disorder: A mixed-methods case study of a participant of color from an open-label trial. *Journal of Humanistic Psychology*, 64, 692-722. DOI:[10.1177/00221678221076993](https://doi.org/10.1177/00221678221076993)
26. Bradley, D. F., **Ching, T. H. W.**, Languido, L., & Brady, R. E. (2023). Application of a quality improvement process to evaluate self-directed therapy for patients on a waitlist in an outpatient anxiety disorders specialty clinic. *Cognitive and Behavioral Practice*, 30, 229-237. DOI:[10.1016/j.cbpra.2021.11.006](https://doi.org/10.1016/j.cbpra.2021.11.006)
27. **Ching, T. H. W.**, Gitajn, I. L., Rotenberg, S., Lyons, K. D., & Brady, R. E. (2023). Behavioral activation for orthopedic trauma patients after discharge: A case series report of an open-label, prospective observational pilot study. *Cognitive and Behavioral Practice*, 30, 597-609. DOI:[10.1016/j.cbpra.2022.06.001](https://doi.org/10.1016/j.cbpra.2022.06.001)
28. **Ching, T. H. W.**, Williams, M. T., Wang, J. B., Jerome, I., Yazar-Klosinski, B., Emerson, A., & Doblin, R. (2022). MDMA-assisted therapy for severe posttraumatic stress disorder: A pooled analysis of ethnoracial differences in efficacy and safety from a phase 2 open-label lead-in trial and phase 3 randomized placebo-controlled trial. *Journal of Psychopharmacology*, 36, 974-986. DOI:[10.1177/02698811221104052](https://doi.org/10.1177/02698811221104052)
29. Kelmendi, B., Pittenger, C., **Ching, T. H. W.**, Farré, M., Mandell, B., Stogniew, M., Seelig, M., & Averill, L. A. (2022). Clinical evidence for the use of methylone in the treatment of PTSD: A case series with long-term follow-up. *Annals of Clinical Case Reports*, 7: 2209.
30. **Ching, T. H. W.**, Finkelstein-Fox, L., Lee, S. Y., & Watson, R. J. (2022). Sexual and gender minority stress among adolescents of color in the United States. *Cultural Diversity & Ethnic Minority Psychology* (advance online publication). DOI:[10.1037/cdp0000562](https://doi.org/10.1037/cdp0000562)
31. *Mattera, E., **Ching, T. H. W.**, Zaboski, B. A., & Kichuk, S. A. (2022). Suicidal obsessions or suicidal ideation? A practical guide for differential assessment. *Cognitive and Behavioral Practice* (advance online publication). DOI:[10.1016/j.cbpra.2022.09.002](https://doi.org/10.1016/j.cbpra.2022.09.002) **EM and THWC are co-first authors.**
32. Kelmendi, B., Kichuk, S. A., DePalmer, G., Maloney, G., **Ching, T. H. W.**, Belser, A., & Pittenger, C. (2022). Single-dose psilocybin for treatment-resistant obsessive-compulsive disorder: A case report. *Heliyon*, 8: e12135. DOI:[10.1016/j.heliyon.2022.e12135](https://doi.org/10.1016/j.heliyon.2022.e12135)
33. **Ching, T. H. W.**, Pinciotti, C. M., & Farrell, N. R. (2023). Causal attributions and OCD treatment response: A linguistic analysis of OCD patients' self-reported etiological explanations in intensive residential treatment. *Scandinavian Journal of Psychology*, 64, 385-389. DOI:[10.1111/sjop.12896](https://doi.org/10.1111/sjop.12896)
34. **Ching, T. H. W.**, Davis, A. K., Xin, Y., & Williams, M. T. (2023). Effects of psychedelic use on racial trauma symptoms and ethnic identity among Asians in North America. *Journal of Psychoactive Drugs*, 55, 19-29. DOI:[10.1080/02791072.2022.2025960](https://doi.org/10.1080/02791072.2022.2025960)
35. Snapp, S., **Ching, T. H. W.**, Miranda Rameriz, M., Gallik, C., Duenaz, U., & Watson, R. J. (2024). Queering hookup motives in a diverse sample of LGBTQ+ young adults. *The Journal of Sex Research*, 61, 133-143. DOI:[10.1080/00224499.2023.2183175](https://doi.org/10.1080/00224499.2023.2183175)
36. **Ching, T. H. W.**, Grazioplene, R., Bohner, C., Kichuk, S. A., Depalmer, G., D'amico, E., Eilbott, J., Jankovsky, A., Burke, M., Hokanson, J., Martins, B., Witherow, C., Patel, P., Amoroso, L., Schaer, H., Pittenger, C., & Kelmendi, B. (2023). Safety, tolerability, and clinical and neural effects of single-dose psilocybin in obsessive-compulsive disorder: Protocol for a randomized, double-blind, placebo-controlled, non-crossover trial. *Frontiers in Psychiatry*, 14: 1178529. DOI:[10.3389/fpsy.2023.1178529](https://doi.org/10.3389/fpsy.2023.1178529)
37. Averill, L. A., Perelman, M., **Ching, T. H. W.**, Farré, M., Mandell, B., Stogniew, M., Seelig, M., & Kelmendi, B. (2023). A case series providing clinical evidence that methylone produces rapid and robust improvements in major depressive disorder. *Annals of Clinical Case Reports*, 8: 2519.
38. O'Donnell, K. C., Roberts, D. E., **Ching, T. H. W.**, Glick, G., Goldway, N., Gukasyan, N., Hokanson, J., Kelmendi, B., Ross, S., Yaden, M. E., & Pittenger, C. (2023). Letter to the editor: What's in a name? The many meanings of "psychedelic." *Psychedelic Medicine*, 1, 187-189. DOI:[10.1089/psymed.2023.0011](https://doi.org/10.1089/psymed.2023.0011)
39. Miegel, F., Rubel, J., **Ching, T. H. W.**, Yassari, A.-H., Bohnsack, F., Duwe, M., & Jelinek, L. (2023). How to assess and analyze session-specific effects and predictors: An example with the Metacognitive Training for Obsessive-Compulsive Disorder (MCT-OCD) intervention. *Clinical Psychology & Psychotherapy*, 30, 1158-1169. DOI:[10.1002/cpp.2876](https://doi.org/10.1002/cpp.2876)

40. *Feng, R., **Ching, T. H. W.**, Bartlett, A. C., La Torre, J., & Williams, M. T. (2024). Healing words: The impact of different psychoeducation modes on seeking and referring psychedelic-assisted psychotherapy among a BIPOC sample. *Journal of Psychoactive Drugs*, 56, 603-615. DOI:[10.1080/02791072.2023.2253535](https://doi.org/10.1080/02791072.2023.2253535)
RF and THWC are co-first authors.
41. Carter, S., Packard, G., Coghlan, C., George, J. R., Brown, A. J., **Ching, T. H. W.**, Julian, J., Maples-Keller, J. L. (2023). Perceptions of psychedelic-assisted therapy among Black Americans. *Journal of Mood and Anxiety Disorders*, 4: 100023. DOI: [10.1016/j.xjmad.2023.100023](https://doi.org/10.1016/j.xjmad.2023.100023)
42. Le, T. P., Ali, S. H., Atkin, A. L., **Ching, T. H. W.**, Csizmadia, A., Tran, N. K., & DiClemente, R. J. (2023). Family connectedness and sexual minority Asian Americans' eating behavior regulation. *Eating Behaviors* (advance online publication). DOI:[10.1016/j.eatbeh.2023.101817](https://doi.org/10.1016/j.eatbeh.2023.101817)
43. **Ching, T. H. W.**, & *Shnayder, S. (2024). Letter to editor: Capturing synergy holistically in psychedelic clinical trials: Assessing processes in addition to outcomes. *Clinical Pharmacology & Therapeutics*, 115, 400. DOI: [10.1002/cpt.3129](https://doi.org/10.1002/cpt.3129)
44. **Ching, T. H. W.**, Amoroso, L., Bohner, C., D'Amico, E., Eilbott, J., Entezar, T., Fitzpatrick, M., Fram, G., Grazioplene, R., Hokanson, J., Kichuk, S. A., Martins, B., Patel, P., Schaer, H., Shnayder, S., Witherow, C., Pittenger, C., & Kelmendi, B. (2024). Safety, feasibility, tolerability, and clinical effects of repeated psilocybin dosing combined with non-directive support in the treatment of obsessive-compulsive disorder: Protocol for a randomized, waitlist-controlled trial with blinded ratings. *Frontiers in Psychiatry*, 14: 1278823. DOI: [10.3389/fpsyt.2023.1278823](https://doi.org/10.3389/fpsyt.2023.1278823)
45. *Schild, S. M., Moore, A. S., Mattera, E., Fitzpatrick, M., Entezar, T., Fram, G., & **Ching, T. H. W.** (2024). Sexual orientation-themed obsessive-compulsive disorder in a lesbian woman: Phenomenology and implications for affirmative assessment and treatment. *Psychiatry Research Case Reports*, 1: 100211. DOI: [10.1016/j.psycr.2024.100211](https://doi.org/10.1016/j.psycr.2024.100211)
46. Le, T. P., Iwamoto, D. K., & **Ching, T. H. W.** (2024). Associations between gendered racism, racial identity, and nicotine use among Asian American men. *Journal of Clinical Psychology*, 80, 1582-1595. DOI:[10.1002/jclp.23681](https://doi.org/10.1002/jclp.23681)
47. Maloney, G., **Ching, T. H. W.**, Kichuk, S. A., Pittenger, C., & Kelmendi, B. (2024). Mechanisms of therapeutic change after psychedelic treatment in OCD. *Psychiatry Research*, 336: 115907. DOI: [10.1016/j.psychres.2024.115907](https://doi.org/10.1016/j.psychres.2024.115907)
48. Yaden, M., **Ching, T. H. W.**, Goldway, N., Roberts, D., Hokanson, J., Gukasyan, N., Pittenger, C., Kelmendi, B., Ross, S., & O'Donnell, K. (2024). Psychedelic medicine in psychiatry residency training: A survey of psychiatric residency program directors. *International Review of Psychiatry*, 36, 902-907. DOI: [10.1080/09540261.2024.2397039](https://doi.org/10.1080/09540261.2024.2397039)
49. Yaden, D. B., Graziosi, M., Owen, A. M., Agin-Liebes, G., Aaronson, S. T., Allen, K. E., Barrett, F. S., Bogenschutz, M. P., Carhart-Harris, R., **Ching, T. H. W.**, Cosimano, M. P., Danforth, A., Davis, A. K., Garcia-Romeu, A., Griffiths, R., Grob, C. S., Gründer, G., Gukasyan, N., Heinzerling, K. G., Hendricks, P. S., Holze, F., Horton, D. M., Johnson, M. W., Kelmendi, B., Peck, S. K., Koslowski, M., Liechti, M. E., Mertens, L. J., Moreno, F. A., Nayak, S. M., Nicholas, C. R., Preller, K. H., Rieser, N. M., Ross, S., Sergi, K., Sloshower, J., Smigielski, L., Stenbæk, D. S., Vollenweider, F. X., Weiss, B., Wolff, M., & Yaden, M. E. (2025). A field-wide review and analysis of study materials used in psilocybin trials: Assessment of two decades of research. *Psychedelic Medicine* (advance online publication). DOI: [10.1089/psymed.2024.0019](https://doi.org/10.1089/psymed.2024.0019)
50. Bartlett, A., Christ, C., Martins, B., Saxberg, K., & **Ching, T. H. W.** (2024). The library is open: A scoping review on queer representation in psychedelic research. *Frontiers in Public Health*, 12: 1472559. DOI: [10.3389/fpubh.2024.1472559](https://doi.org/10.3389/fpubh.2024.1472559)
51. **Ching, T. H. W.** & Kelmendi, B. (2025). A primer for culturally attuned psychedelic clinical trials. *Journal of Psychedelic Studies* (advance online publication). DOI: [10.1556/2054.2025.00394](https://doi.org/10.1556/2054.2025.00394).
52. Shnayder, S., & **Ching, T. H. W.** (accepted). The role of mental health clinicians in psychedelic therapy: OCD as a case example. *The Behavior Therapist*.

*denotes mentored student publication

BOOK CHAPTERS

53. Williams, M. T., & **Ching, T. H. W.** (2017). Obsessive-compulsive disorder in ethnoracial minorities: Symptoms, barriers to, and considerations for treatment. In C. Pittenger (Ed.), *Obsessive-compulsive disorder: Phenomenology, pathophysiology, and treatment* (pp. 703-714). New York: Oxford University Press. ISBN: 9780190228163
54. **Ching, T. H. W.**, Moritz, S., & Jelinek, L. (2019). Association splitting – A cognitive technique for reducing obsessions. In M. T. Williams & C. T. Wetterneck (Eds.), *Sexual obsessions in obsessive-compulsive disorder: A step-by-step, definitive guide to understanding, diagnosis, and treatment* (pp. 137-161). New York: Oxford University Press. ISBN: 9780190624798
55. Oshin, L. A., **Ching, T. H. W.**, & West, L. M. (2019). Supervising trainees of color. In M. T. Williams, D. C. Rosen, & J. W. Kanter (Eds.), *Eliminating race-based mental health disparities: Promoting equity and culturally responsive care across settings* (pp. 187-201). Oakland, CA: New Harbinger. ISBN: 9781684031962.
56. **Ching, T. H. W.** (2022). 火 + 木: An intersectional experience of MDMA-assisted psychotherapy. In A Belser, C Cavnar, & B Labate (Eds.), *Queering psychedelics: From oppression to liberation in psychedelic medicine* (pp. 143-148). Santa Fe, NM: Synergistic Press.
57. Bartlett, A. C., Christ, C., Manoni-Millar, S., & **Ching, T. H. W.** (2022). Where is the love? Queerness and the state of psychedelic research. In A Belser, C Cavnar, & B Labate (Eds.), *Queering psychedelics: From oppression to liberation in psychedelic medicine* (pp. 13-19). Santa Fe, NM: Synergistic Press.

TECHNICAL REPORTS

58. Csizmadia, A., Shoreman-Ouimet, E., Heumann, M. D., & **Ching, T. H. W.** (2020). *The UConn racial microaggressions survey*. Storrs, CT: University of Connecticut. DOI:[10.13140/RG.2.2.36719.15527](https://doi.org/10.13140/RG.2.2.36719.15527)

TREATMENT MANUALS

59. Miegel, F., Hottenrott, B., Moritz, S., **Ching, T. H. W.**, & Jelinek, L. (2021). Metacognitive training for obsessive-compulsive disorder (MCT-OCD): Manual. University Medical Center Hamburg-Eppendorf.
60. **Ching, T. H. W.**, Kichuk, S., DePalmer, G., Pittenger, C., & Kelmendi, B. (2022, October 5). *Yale Program for Psychedelic Science (YPPS) manual for psilocybin-OCD session monitors for protocol HIC: 2000020355*. PsyArXiv. DOI:[10.31234/osf.io/85s9p](https://doi.org/10.31234/osf.io/85s9p)
61. **Ching, T. H. W.**, Grazioplene, R., Pittenger, C., & Kelmendi, B. (2023, March 17). *Yale Program for Psychedelic Science (YPPS) manual for psilocybin combined with non-directive support in the treatment of OCD*. PsyArXiv. DOI:[10.31234/osf.io/ba42z](https://doi.org/10.31234/osf.io/ba42z)

PREPRINTS

62. **Ching, T. H. W.** (2024, June 3). *A primer for culturally attuned psychedelic research*. PsyArXiv. DOI:[10.31234/osf.io/q8npu](https://doi.org/10.31234/osf.io/q8npu)

OTHER PUBLICATIONS

63. Chen, X., Bullard, M., Duan, C., George, J. R., **Ching, T. H. W.**, Kilpatrick, S., Slosower, J., & Williams, M. T. (2020). The cost of exclusion in psychedelic research. *Bill of Health*. <https://blog.petrieflom.law.harvard.edu/2020/11/06/exclusion-psychedelic-research-diversity/>
64. Christ, C., Bartlett, A. C., Manoni-Millar, S., & **Ching, T. H. W.** (2021). The future is queer: Imagining queer-affirming MDMA-assisted therapy. *MAPS Bulletin*, 31(3), 35-38.

MANUSCRIPTS UNDER REVIEW

1. La Torre, J. & **Ching, T. H. W.**, Bartlett, A., Kryskow, P., & Williams, M. T. (under review). Examining the experiential components of psychedelics and the role of psychedelics' acute subjective effects in therapeutic outcomes.
2. *Sun, N., Pittenger, C., & **Ching, T. H. W.** (under review). Investigating the usage of an online peer support forum for obsessive-compulsive disorder: Thematic analysis.

*denotes mentored student publication

INVITED PRESENTATIONS

1. **Ching, T. H. W.** (2019, May). Anxiety-related disorders: A National Alliance on Mental Illness (NAMI) presentation. Invited talk presented at Prosser Public Library, Bloomfield, CT.
2. **Ching, T. H. W.** (2019, June). Intersectional insights from an MDMA-assisted psychotherapy training trial. Invited talk presented at the *2019 Queering Psychedelics Conference*, San Francisco, CA.
3. **Ching, T. H. W.**, Cassity, M., & Doblin, R. (2019, August). Medicine and lived experience: Community sharing and storytelling. Invited panel presented at the *Psychedelic Medicine & Cultural Trauma Community Workshop*, Louisville, KY.
4. **Ching, T. H. W.** (2019, August). MDMA-assisted psychotherapy for participants of color with PTSD: Does it work? Invited talk presented at the *MDMA-Assisted Psychotherapy Training for Therapists of Color*, Louisville, KY.
5. Williams, M. T., & **Ching, T. H. W.** (2019, August). Functional analytical psychotherapy for people of color. Invited talk presented at the *MDMA-Assisted Psychotherapy Training for Therapists of Color*, Louisville, KY.
6. **Ching, T. H. W.** (2020, March). MDMA-assisted psychotherapy for PTSD: A case study on a participant of color from the MP-16 trial. Invited talk presented to the *MAPS-MPBC Journal Club*, Santa Cruz, CA (online).
7. **Ching, T. H. W.** (2020, April). Continuing insights from an MDMA-assisted psychotherapy training trial. Invited talk presented at the *First Annual Cascadia Psychedelic Community Conference*, Seattle, WA (canceled due to COVID-19).
8. **Ching, T. H. W.** (2020, June). Insights from an MDMA-assisted psychotherapy training trial. Invited talk presented at the *Illinois Psychology Association of Graduate Students Diversity Symposium* (online).
9. Yip, J., Motivala, S., **Ching, T. H. W.**, & Krishnan, V. (2020, July). Mental health stigma in minority communities. Invited panel presented as part of the *IOCDF Minority Mental Health Month Virtual Town Hall Series* (online).
10. George, J. R., Watson, T., **Ching, T. H. W.**, Davis, D., Daniel, J. (2020, July). Trauma/racial trauma, PTSD, and OCD. Invited panel presented as part of the *IOCDF Minority Mental Health Month Virtual Town Hall Series* (online).
11. **Ching, T. H. W.** (2020, October). Attuning to culture in MDMA-assisted psychotherapy. Invited talk presented at the *Underrepresented: Diversity in Psychedelic Research Event for the King's College NHS Foundation Trust*, London, UK (online).
12. **Ching, T. H. W.** (2020, October). MDMA-assisted psychotherapy for posttraumatic stress disorder: Examining ethnoracial differences in efficacy and safety in a phase 2 open-label trial. Invited talk presented at the *Psychedelic Psychotherapy Forum*, Nanaimo, BC, Canada (online).
13. **Ching, T. H. W.**, & George, J. R. (2020, November). Attuning to culture in psychedelic-assisted psychotherapy. Invited talk presented to the *Quinnipiac University Students for Sensible Drug Policy Chapter* (online).
14. Smith, E., **Ching, T. H. W.**, Trondsen, C., & Kotnour, J. (2021, February). LGBTQ in the OCD community. Invited panel presented as part of the *IOCDF Virtual Town Hall Series* (online).
15. **Ching, T. H. W.**, Halstead, M., Lopez, J., Caplash, K., & Jahn, Z. (2021, March). MDMA-assisted psychotherapy and humanism. Invited presentation to the *Humanist Association of Connecticut* (online).
16. **Ching, T. H. W.** (2021, May). Intersectional experiences of Asian American sexual and gender minorities. Invited AAPI Heritage Month guest lecture to the *California State University – Channel Islands Broome Library Monthly Recognition Lecture Series* (online).
17. Davis, D., **Ching, T. H. W.**, Yip, J. C., Willis, H. A., & Krishnan, V. (2021, May). Representation in the OCD community. Invited panel presented as part of the *IOCDF Diversity Roundtable Series* (online).

18. **Ching, T. H. W.**, George, J. R., & Printz, D. M. B. (2021, May). What is racial trauma? Invited panel presented to the *Pacifica Psychology and Comprehensive Health Clinic* (online).
19. **Ching, T. H. W.** (2021, September). Cultural considerations in psychedelic therapy and research. Invited lecture presented to the *University of Ottawa Psychedelics: An Interdisciplinary Survey of Psychedelic Studies 2021 summer course* (online).
20. **Ching, T. H. W.** (2021, September). Cultural considerations for psychedelic therapy. Invited talk presented to the *Portland Psychotherapy Clinic Therapy and Research in Psychedelic Science (TRIPS) Seminar Series* (online).
21. Sevelius, J., **Ching, T. H. W.**, Anderson-Carpenter, A., & Warren, B. (2021, September). Psychedelic therapy: Toward equity and justice for QTBIPOC communities. Invited plenary presented to the *GLMA 39th Annual Conference on LGBTQ Health* (online).
22. **Ching, T. H. W.**, Conour, K., Senter, A. E., & Michelle, K. (2021, October). Diversity, equity, and access. Invited panel presented as part of the *Pacifica Graduate Institute Psychedelia: The History and Science of Mystical Experience Conference* (online).
23. Williams, M. T., Harvey, I., **Ching, T. H. W.**, & Labate, B. (2021, October). Ensuring safety for all in psychedelic medicine. Invited panel presented as part of the *EENet Webinar Series* in support of the *Research to Reality Global Summit* (online).
24. **Ching, T. H. W.** (2021, December). Understanding obsessive-compulsive disorder. Invited interview presented as part of the *Trauma Super Conference* (online).
25. **Ching, T. H. W.** (2022, March). Effects of psychedelic use on racial trauma symptoms and ethnic identity among Asians in North America. Invited talk presented as part of the *MAPS Canada Journal Club* (online).
26. **Ching, T. H. W.** (2022, April). Culturally attuned recruitment & assessment for psychedelic therapy. Invited lecture presented as part of the *Integrative Psychiatry Institute's Psychedelic-Assisted Therapy Training Program* (online).
27. **Ching, T. H. W.** (2022, April). Psychedelics for racial trauma. Invited lecture presented as part of the *UMass-Dartmouth Psychology Research Conference* (online).
28. Simpson, K., Cavnar, C., Bartlett, A. C., & **Ching, T. H. W.** (2022, May). Liminal spaces: Exploring identity, community, and psychedelics. Invited panel presented as part of the *Soltara Retreat Maloca Seminar Series* (online).
29. **Ching, T. H. W.** (2022, May). Psychedelic-assisted therapy: A basic primer. Invited workshop presented as part of the *Western University Spring 2022 Psychology Retreat* (online).
30. **Ching, T. H. W.**, Cavnar, C., Bartlett, A. C., & Huang, S. (2022, August). Psychedelics and queer identity. Invited panel presented as part of the *Psychedelics Today Let's Talk Webinar Series* (online).
31. **Ching, T. H. W.** (2022, October). Culturally attuned recruitment & assessment for psychedelic therapy. Invited lecture presented as part of the *Integrative Psychiatry Institute's Psychedelic-Assisted Therapy Training Program* (online).
32. **Ching, T. H. W.** (2022, November). Cultural considerations in psychedelic therapy and research. Invited lecture presented to the *University of Ottawa Psychedelics: An Interdisciplinary Survey of Psychedelic Studies 2022 fall course* (online).
33. **Ching, T. H. W.** (2023, April). Culturally attuned recruitment in psychedelic trials. Invited lecture presented as part of the *Johns Hopkins Center for Psychedelic and Consciousness Research Journal Club* (online).
34. **Ching, T. H. W.** (2023, April). Culturally attuned recruitment & assessment for psychedelic therapy. Invited lecture presented as part of the *Integrative Psychiatry Institute's Psychedelic-Assisted Therapy Training Program* (online).
35. Kelmendi, B., & **Ching, T. H. W.** (2023, June). Efficacy of psilocybin in OCD: A double-blind, placebo-controlled study. Invited talk presented as part of the *Psychedelic Science 2023 Conference*, Denver, CO.
36. Davis, A. K., **Ching, T. H. W.**, Adusei, K., Sevelius, J., Quinn, D., & Estrada, Y. (2023, June). Increasing safety and participation in psychedelic research and communities among people of the global majority and gender/sexually expansive people. Invited panel presented as part of the *Psychedelic Science 2023 Conference*, Denver, CO.
37. Ching, **T. H. W.**, & Hokanson, J. (2023, July). Emerging directions in psilocybin research in obsessive-compulsive disorder. Invited talk presented as part of the *PhilaDelic 2023 Conference*, University of Pennsylvania, Philadelphia, PA.

38. Calabrese, L., **Ching, T. H. W.**, Pittenger, C., Waters, K., White, C. M. (2023, October). Clinical panel on current and future directions in psychedelic medicine. Invited panel presented as part of the *26th Annual Neuroscience at Storrs Symposium*, University of Connecticut, Storrs, CT.
39. **Ching, T. H. W.** (2024, April). Psychedelics and the body: Impact of somatic psychedelic effects on mental health. Invited talk presented as part of the *International Symposium on Embodied Cognition*, Yale Center for Brain and Mind Health, New Haven, CT.
40. **Ching, T. H. W.** (2024, April). A primer for culturally attuned psychedelic research. Invited talk presented as part of the *Yale Psychedelic Medicine Seminar Series*, Yale School of Medicine, New Haven, CT.
41. **Ching, T. H. W.**, Hokanson, J., & Kelmendi, B. (2024, May). Effects of psilocybin in obsessive-compulsive disorder: A double-blind, placebo-controlled study. Invited talk presented at the *16th Horizons: Perspectives on Psychedelic Science Conference*, New York, NY.
42. Hokanson, J., **Ching, T. H. W.**, & Kelmendi, B. (2024, May). Designing a state-funded, open-label psilocybin trial for diverse populations in the United States. Invited talk presented at the *16th Horizons: Perspectives on Psychedelic Science Conference*, New York, NY.
43. **Ching, T. H. W.** (2024, May). Psychedelics and the body: Somatic psychedelic effects and mental health. Invited lecture presented to the *University of Ottawa Psychedelics: An Interdisciplinary Survey of Psychedelic Studies 2024 summer course* (online).
44. **Ching, T. H. W.** (2024, September). A primer for culturally attuned psychedelic research and therapy. Invited talk presented at the *2024 Yale Psychology Education Day*, Orange, CT.
45. **Ching, T. H. W.** (2025, January). A primer for culturally attuned psychedelic research. Invited talk presented at the *2025 NYU Psychedelic Medicine Review*, New York, NY.

ORAL PRESENTATIONS

46. So, W. C., Vong, Q. T., & **Ching, T. H. W.** (2012, July). The role of action in learning spatial sequence: Relative effectiveness of gesturing vs. drawing. Panel presented at the *5th Conference of the International Society for Gesture Studies*, Lund, Sweden.
47. **Ching, T. H. W.**, Williams, M. T., Taylor, R. J., Mouzon, D. M., Oshin, L. A., Himle, J. A., & Chatters, L. M. (2017, November). Discrimination and symptoms of obsessive-compulsive disorder among African Americans. Symposium talk presented at the *51st Association for Behavioral and Cognitive Therapies Annual Convention*, San Diego, CA.
48. **Ching, T. H. W.**, & Williams, M. T. (2018, July). Does ethnic group identification influence differences in OCD symptoms between Asian and White Americans? Research symposium talk presented at the *25th International OCD Foundation Annual Conference*, Washington, DC.
49. **Ching, T. H. W.**, & Williams, M. T. (2018, July). Responsibility/threat overestimation moderates the relationship between contamination-based disgust and obsessive-compulsive concerns about sexual orientation. Research symposium talk presented at the *25th International OCD Foundation Annual Conference*, Washington, DC.
50. Williams, M. T., Reed, S. J., **Ching, T. H. W.**, George, J. R., & Wetterneck, C. T. (2018, November). Psychedelic therapy for people of color. Panel presented at the *34th Annual Meeting of the International Society for Traumatic Stress Studies*, Washington, DC.
51. Nghe, E., Hansbai, S., Salvador, C., & **Ching, T. H. W.** (2019, July). OCD has many (more) faces. Panel presented at the *26th International OCD Foundation Annual Conference*, Austin, TX.
52. Wetterneck, C. T., & **Ching, T. H. W.** (2019, July). Increasing understanding of race, culture, religion, spirituality, sexuality and other areas. Panel/support group presented at the *26th International OCD Foundation Annual Conference*, Austin, TX.
53. **Ching, T. H. W.**, Colon-Grigas, P., Singh, S., & Skinta, M. (2019, September). Examining factors influencing well-being across gender and sexual minority subgroups. Symposium presented at *1st International Conference for Advances in Evidence-Based Psychotherapy for Working with Gender and Sexual Minorities*, Budapest, Hungary.
54. George, J. R., **Ching, T. H. W.**, & Williams, M. T. (2019, November). Implicit anti-Black bias predicts Black mortality rates. Panel presented at *53rd Association for Behavioral and Cognitive Therapies Annual Convention*, Atlanta, GA.

55. Sawyer, B., **Ching, T. H. W.**, Printz, D. M. B., & Winer, J. (2019, November). Oppressed identities and healing: Streamlining intervention targets and coping. Symposium presented at *53rd Association for Behavioral and Cognitive Therapies Annual Convention*, Atlanta, GA.
56. Buchanan, N., Anderson-Carpenter, K. D., Sevelius, J., **Ching, T. H. W.**, & Wiklund, L. (2020, April). Translating research into practice to close the health disparity gap in the LGBTQIA+ community. Panel presented at the *41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, San Francisco, CA (canceled due to COVID-19).
57. Rouleau, T. M., **Ching, T. H. W.**, Turner, E., & Williams, M. T. (2020, July). Disgust proneness moderates the link between homophobia and sexual orientation obsessive-compulsive symptoms. Research symposium talk presented at the *27th International OCD Foundation Annual Conference*, Seattle, WA (postponed to 2021).
58. Bhambhani, Y., **Ching, T. H. W.**, Jendrusina, A., Noyola, N., Sawyer, B. A., Singh, S., & Vallant, A. H. (2020, November). Intersectional experiences of marginalization in academia: Enhancing the accessibility and effectiveness of interventions through inclusivity and systemic change in doctoral training. Panel presented at *54th Association for Behavioral and Cognitive Therapies Annual Convention* (online).
59. Csizmadia, A., **Ching, T. H. W.**, Shoreman-Ouimet, E., & Heumann, M. (2021, July). Racial microaggressions and trauma symptoms among college students of color. Symposium talk presented at the *6th Biennial APA Division 45 Research Conference* (online).
60. **Ching, T. H. W.** (2021, September). Homophobia, disgust sensitivity, and sexual orientation obsessions. Symposium talk presented at the *2021 Annual Congress of the European Association for Behavioural and Cognitive Therapies*, Belfast, Northern Ireland.
61. Levy, H. C., Jean, A., **Ching, T. H. W.**, Nett, A., Mullins, J., & Tolin, D. F. (2021, November). Low estradiol may not impede cognitive restructuring in women with anxiety disorders. Symposium talk presented at the *55th Association for Behavioral and Cognitive Therapies Annual Convention* (online).
62. **Ching, T. H. W.**, Gitajn, I. L., Rotenberg, S., Lyons, K., & Brady, R. E. (2021, November). Behavioral activation for orthopedic trauma patients after discharge: An open-label, prospective observational pilot study. Symposium talk presented at the *55th Association for Behavioral and Cognitive Therapies Annual Convention* (online).
63. **Ching, T. H. W.**, Davis, A. K., Xin, Y., & Williams, M. T. (2021, November). Effects of psychedelic use on racial trauma symptoms and ethnic identity among Asians in North America. Symposium talk presented as part of the *Psychedelic Research SIG* at the *55th Association for Behavioral and Cognitive Therapies Annual Convention* (online).
64. Wiklund, L. O., Buchanan, N. T., Anderson-Carpenter, K. A., Sevelius, J. M., **Ching, T. H. W.**, & Puckett, J. (2022, April). Adapting behavioral health research and practice during COVID-19 to improve LGBTQIA+ health. Panel presented at the *43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine*, Baltimore, MD (canceled due to COVID-19).
65. **Ching, T. H. W.** (2022, July). Effects of psilocybin therapy on OCD: Preliminary qualitative findings. Research symposium talk presented at the *27th International OCD Foundation Annual Conference*, Denver, CO.
66. Chatterjee, U., **Ching, T. H. W.**, Hokanson, J., Pittenger, C., & Rodriguez, C. (2023, July). Psychedelics and OCD: Discussing the current state of psychedelic research as potential treatments. Panel presented as part of the *28th International OCD Foundation Annual Conference*, San Francisco, CA.
67. **Ching, T. H. W.**, Adams, T., Amoroso, L., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Fram, G., Grazioplene, R., Hokanson, J., Jankovsky, A., Kichuk, S. A., Martins, B., Purohit, P., Schaer, H., Shnayder, S., Witherow, C., Pittenger, C., & Kelmendi, B. (2024, February). Safety, tolerability, and clinical effects of single-dose psilocybin with non-directive support in the treatment of obsessive-compulsive disorder: Results from a randomized, double-blind, placebo-controlled trial. Talk presented at the *2nd International Society for Research on Psychedelics Conference*, New Orleans, LA.
68. Kelmendi, B., **Ching, T. H. W.**, Swift, T. C., Adams, T., Stahnke, B., Agin-Liebes, G., Amoroso, L., Belser, A., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Fram, G., Grazioplene, R., Hokanson, J., Jankovsky, A., Kichuk, S. A., Martins, B., Purohit, P., Schaer, H., Shnayder, S., Witherow, C., & Pittenger, C. (2024, June). Effects of single-dose psilocybin with non-directive support in the treatment of obsessive-compulsive disorder: A mixed-methods analysis of a randomized, double-blind, placebo-controlled trial. Talk

- presented at the 6th *Interdisciplinary Conference on Psychedelic Research*, Amsterdam, the Netherlands.
69. Hokanson, J., Jankovsky, A., Agin-Lieb, G., Amoroso, L., **Ching, T. H. W.**, Eilbott, J., Fram, G., Grazioplene, R., Kichuk, S. A., Martins, B., Patel, P., Shnayder, S., Pittenger, C., & Kelmendi, B. (2024, June). Effects of single-dose psilocybin with non-directive support in the treatment of obsessive-compulsive disorder: A case series analysis of non-responders in a randomized, double-blind, placebo-controlled trial. Talk presented at the 6th *Interdisciplinary Conference on Psychedelic Research*, Amsterdam, the Netherlands.
70. **Ching, T. H. W.** (2024, June). From insights to action: Queer, diverse, and culturally attuned psychedelic research. Symposium talk presented at the 6th *Interdisciplinary Conference on Psychedelic Research*, Amsterdam, the Netherlands.
71. Rabinowits, M., **Ching, T. H. W.**, & Mier, J. (2024, July). IOCDF DEIAC: Who we are, what we do, and where we're headed. Panel presented as part of the 29th *International OCD Foundation Annual Conference*, Orlando, FL.
72. Chatterjee, U., **Ching, T. H. W.**, Hokanson, J., Pittenger, C., & Rodriguez, C. (2024, July). Psychedelics and OCD: Discussing the current state of psychedelic research as potential treatments. Panel presented as part of the 29th *International OCD Foundation Annual Conference*, Orlando, FL.
73. *Sun, N. Y., Guerra, S. E., Pittenger, C., & **Ching, T. H. W.** (July, 2024). Interpreting heaven's will: The influence of various attitudes towards God on OCD symptoms. Oral presentation at the 29th *International OCD Foundation Research Symposium*, Orlando, FL.

*denotes mentored student presentation

POSTER PRESENTATIONS

74. **Ching, T. H. W.**, Goh, W. D., & Tan, G. (2014, July). Exploring dimensionality in the obsessive-compulsive-relevant semantic network with simulated obsessions and association splitting. Poster presented at the 21st *International OCD Foundation Annual Conference*, Los Angeles, CA.
75. Mason, I. A., **Ching, T. H. W.**, Switzer, C., & Williams, M. T. (2015, November). Black-White differences in relationships between nutrition knowledge, healthy eating, and stigma of eating disorders. Poster presented at the 49th *Association for Behavioral and Cognitive Therapies Annual Convention*, Chicago, IL.
76. DeLapp, R. C. T., **Ching, T. H. W.**, Cloudy, J., Sawyer, B. S., & Williams, M. T. (2015, November). Discriminatory attribution styles and psychological outcomes among ethnoracial minority college students. Poster presented at the 49th *Association for Behavioral and Cognitive Therapies Annual Convention*, Chicago, IL.
77. **Ching, T. H. W.**, Johnson, W., Ford, R., Srinivasan, K., Davis, D., Williams, M. T., Carrico, R., Coty, M., Batscha, C., Ramirez, J., & Bosson, R. (2015, November). Global health center: Refugees at risk for mental health problems. Poster presented at the 49th *Association for Behavioral and Cognitive Therapies Annual Convention*, Chicago, IL.
78. **Ching, T. H. W.**, & Tang, C. S. (2016, July). Cognitive dissonance about TAF beliefs improves and maintains the effects of TAF-specific psychoeducation. Poster presented at the 23rd *International OCD Foundation Annual Conference*, Chicago, IL.
79. **Ching, T. H. W.**, Williams, M., Olatunji, B. O., Siev, J., Davis, D., Tellawi, G., & Ellsworth, M. (2016, July). Importance/control of thoughts moderates the relationship between contamination disgust and sexual orientation-OCD Symptoms: Avoiding sexual orientation transformation? Poster presented at the 23rd *International OCD Foundation Annual Conference*, Chicago, IL.
80. Tellawi, G., Ellsworth, M., Dowell, J., **Ching, T. H. W.**, Slimowicz, J., Davis, D., & Williams, M. (2016, October). Anxiety, self-compassion, identity, and social support in sexual minority individuals. Poster presented at the 50th *Association for Behavioral and Cognitive Therapies Annual Convention*, New York City, NY.
81. **Ching, T. H. W.**, & Williams, M. T. (2016, October). Association splitting of the sexual orientation obsessive-compulsive disorder-relevant semantic network. Poster presented at the 50th *Association for Behavioral and Cognitive Therapies Annual Convention*, New York City, NY.
82. **Ching, T. H. W.**, Williams, M., Wetterneck, C., Sawyer, B., Mier-Chairez, O., Chase, T., & Smith, A. (2017, July). Relationships between sexual trauma history, interpretations of sexual intrusions, sexual harm content

- in intrusions, and sexual obsessions: A moderated mediation analysis. Poster presented at the 24th *International OCD Foundation Annual Conference*, San Francisco, CA.
83. **Ching, T. H. W.**, & Williams, M. (2017, July). Does ethnic group identification influence differences in OCD symptoms between Asian and White Americans? A brief report. Poster presented at the 24th *International OCD Foundation Annual Conference*, San Francisco, CA.
 84. **Ching, T. H. W.**, Williams, M., Siev, J., Tellawi, G., Dowell, J., Schauldt, V., Slimowicz, J., Davis, D., & Wetterneck, C. (2017, July). Assessing sexual orientation-obsessive compulsive disorder symptoms: Development and validation of the sexual orientation worries and cognitions scale (SOWACS). Poster presented at the 24th *International OCD Foundation Annual Conference*, San Francisco, CA.
 85. **Ching, T. H. W.**, Williams, M. T., Kisicki, M. D., Reed, S. J., & George, J. R. (2017, November). MDMA-assisted psychotherapy for treatment-resistant PTSD: MAPS-sponsored Phase 2 findings & cultural considerations for Phase 3 trials. Poster presented at the 51st *Association for Behavioral and Cognitive Therapies Annual Convention*, San Diego, CA.
 86. Heumann, M., Shoreman-Ouimet, E., Williams, M. T., **Ching, T. H. W.**, Cooper, M. S., Miller, E., & Printz, D. M. B. (2018, February). Racial microaggressions on university campuses: Preparing a survey study of UConn. Poster presented at the 2018 *UConn CLAS Faculty Poster Session on Diversity and Inclusion*, Storrs, CT.
 87. Williams, M. T., Kanter, J. K., Oshin, L., Pena, A., **Ching, T. H. W.**, Kuczynski, A., & Printz, D. M. B. (2018, February). Reducing microaggressions and promoting interracial connection: The Racial Harmony Workshop. Poster presented at the 2018 *UConn CLAS Faculty Poster Session on Diversity and Inclusion*, Storrs, CT.
 88. Turner, E., Collins, A., **Ching, T. H. W.**, & Williams, M. T. (2018, July). Validation of the Pedophilophobia Scale in English. Poster presented at the 25th *International OCD Foundation Annual Conference*, Washington, DC.
 89. **Ching, T. H. W.**, Williams, M. T., & Taylor, R. J. (2018, November). Gender differences in lifetime trauma exposure among African Americans and Black Caribbeans. Poster presented at 52nd *Association for Behavioral and Cognitive Therapies Annual Convention*, Washington, DC.
 90. Turner, E., **Ching, T. H. W.**, & Williams, M. T. (2019, July). The impact of multiple stigma on obsessive-compulsive symptom dimensions: The compounding effects of minority racial/ethnic and sexual/gender status. Poster presented at the 26th *International OCD Foundation Annual Conference*, Austin, TX.
 91. Williams, M. T., Muir, R. O., George, J. R., & **Ching, T. H. W.** (2019, November). Racial microaggressions are socially unacceptable and aggressive: Examining the relationships between microaggressions and established measures of aggression. Poster presented at 53rd *Association for Behavioral and Cognitive Therapies Annual Convention*, Atlanta, GA.
 92. Bradley, D., Languido, L., **Ching, T. H. W.**, & Brady, R. E. (2021, November). Application of a quality improvement process to evaluate self-directed therapy for patients on a waitlist in an outpatient anxiety disorders specialty clinic. Poster presented at the 55th *Association for Behavioral and Cognitive Therapies Annual Convention* (online).
 93. Mattera, E. F., **Ching, T. H. W.**, Zabolski, B. A., & Kichuk, S. A. (2021, November). Suicidal ideation or suicidal obsessions? An evidence-based guide for accurate assessment. Poster presented as part of the *OCD SIG* at the 55th *Association for Behavioral and Cognitive Therapies Annual Convention* (online).
 94. Feliciano, J., Gran-Ruaz, S., Bartlett, A., George, J., **Ching, T. H. W.**, & Williams, M. (2021, November). Implicit racial bias across ethnoracial groups in Canada and the United States and its impact on Black Americans' mental health. Poster presented as part of the *Black American Research & Behavioral Therapy SIG* at the 55th *Association for Behavioral and Cognitive Therapies Annual Convention* (online).
 95. Strauss, D., **Ching, T. H. W.**, & Williams, M. T. (2021, November). The impact of racism on Black, Indigenous, and People of Color in Canada. Poster presented as part of the *Black American Research & Behavioral Therapy SIG* at the 55th *Association for Behavioral and Cognitive Therapies Annual Convention* (online).
 96. Jones, A., Warner-Schmidt, J., Stogniew, M., Mandell, B., Kwak, H., Miller, P. W., **Ching, T. H. W.**, Averill, L., & Kelmendi, B. (2023, December). Methylone for the treatment of PTSD: Initial results from an open-label study (IMPACT-1). Poster presented at the *American College of Neuropsychopharmacology 2023 Annual Meeting*, Tampa, FL.

97. Yaden, M. E., **Ching, T. H. W.**, Goldway, N., Roberts, D. E., Hokanson, J., Gukasyan, N., Glick, G., Pittenger, C., Kelmendi, B., Ross, S., & O'Donnell, K. C. (2024, February). Psychedelic medicine in psychiatry education. Poster presented at the *International Society for Research on Psychedelics 2024 Conference*, New Orleans, LA.
98. Stahnke, B., **Ching, T. H. W.**, Agin-Liebes, G., Swift, T. C., Amoroso, L., Belser, A., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Fram, G., Grazioplene, R., Hokanson, J., Jankovsky, A., Kichuk, S. A., Martins, B., Purohit, P., Schaer, H., Shnayder, S., Witherow, C., Pittenger, C., & Kelmendi, B. (2024, April). The effects of psilocybin on the experience of OCD: An interpretative phenomenological analysis. Poster presented at the *Anxiety and Depression Association of America 2024 Annual Conference*, Boston, MA.
99. *Sun, N. Y., Pittenger, C., & **Ching, T. H. W.** (July, 2024). Content analysis of online peer support forum for obsessive-compulsive disorder. Poster presented at the *International OCD Foundation 2024 Research Symposium*, Orlando, FL.
100. *Sun, N. Y., Guerra, S. E., Pittenger, C., & **Ching, T. H. W.** (July, 2024). Interpreting heaven's will: The influence of various attitudes towards God on OCD symptoms. Poster presented at the *International OCD Foundation 2024 Research Symposium*, Orlando, FL.
101. Fram, G., Shnayder, S., **Ching, T. H. W.**, Adams, T., Agin-Liebes, G., Amoroso, L., Baiz, O., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Grazioplene, R., Hokanson, J., Jankovsky, A., Martins, B., Purohit, P., Schaer, H., Witherow, C., Pittenger, C., & Kelmendi, B. (November, 2024). Psilocybin with non-directive support in the treatment of obsessive-compulsive disorder: A world-first randomized double-blind placebo-controlled trial. Poster presented as part of the *Psychedelic SIG at the 58th Association for Behavioral and Cognitive Therapies Annual Convention*, Philadelphia, PA.
102. Shnayder, S., Fram, G., **Ching, T. H. W.**, Adams, T., Agin-Liebes, G., Amoroso, L., Baiz, O., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Grazioplene, R., Hokanson, J., Jankovsky, A., Martins, B., Purohit, P., Schaer, H., Witherow, C., Pittenger, C., & Kelmendi, B. (November, 2024). Psilocybin-occasioned change in obsessive-compulsive disorder symptoms: An analysis of underlying psychological mechanisms from a world-first trial. Poster presented as part of the *Psychedelic SIG at the 58th Association for Behavioral and Cognitive Therapies Annual Convention*, Philadelphia, PA.
103. Baiz, O., Shnayder, S., Fram, G., Jankovsky, A., Hokanson, J., **Ching, T. H. W.**, Agin-Liebes, G., Amoroso, L., Bohner, C., Burke, M., D'Amico, E., DePalmer, G., Eilbott, J., Grazioplene, R., Martins, B., Purohit, P., Schaer, H., Witherow, C., Pittenger, C., & Kelmendi, B. "Failure to launch": A case series analysis of non-responders in a world-first randomized double-blind placebo-controlled trial of psilocybin for obsessive-compulsive disorder. Poster presented as part of the *Psychedelic SIG at the 58th Association for Behavioral and Cognitive Therapies Annual Convention*, Philadelphia, PA.
104. Khanna, D., *Sun, N. Y., Guerra, S. E., Vaishnav, A., Pittenger, C., & **Ching, T. H. W.** (2025, February). Sexual themes in obsessive-compulsive disorder: Are anonymous online forums a platform for social support or further stigmatization? Poster presented as part of the *2024 Society for Personality and Social Psychology Annual Convention*, Denver, CO.

*denotes mentored student presentation

CLINICAL POSITIONS

Institute of Mental Health (IMH), Singapore	<i>February 2009 – August 2012</i> Role: Volunteer
Noble Kelly Psychological Services Clinic, University of Louisville, Louisville, KY	<i>August 2015 – June 2016</i> Role: Practicum Student Therapist
Psychological Services Clinic, University of Connecticut, Storrs, CT	<i>August 2016 – July 2018</i> Role: Practicum Student Therapist

University of Connecticut Health
Center, Farmington, CT

December 2017 – November 2018

Roles: Sub-Investigator and Therapist (ClinicalTrials.gov identifier:
[NCT03282123](#))

Anxiety Disorders Center/Center for
Cognitive Behavioral Therapy,
Institute of Living, Hartford, CT

July 2018 – April 2020

Role: Practicum Student Therapist

Behavioral Wellness Clinic/New
England OCD Institute, Tolland,
CT

July 2018 – April 2020

Role: Practicum Student Therapist

The RIGHT Track (LGBTQ
Intensive Outpatient Specialty
Program), Young Adult Services,
Institute of Living, Hartford, CT

January 2019 – April 2020

Roles: Practicum Student Therapist and Support Group Co-Leader

IOCDF Annual Conference

Chicago, IL – July 2016

San Francisco, CA – July 2017

Austin, TX – July 2019

Role: Support Group Co-Leader

Dartmouth-Hitchcock Medical
Center, Lebanon, NH

July 2020 – June 2021

Role: Intern and Study Therapist (ClinicalTrials.gov identifier: [NCT04426981](#))

Hanover Psychiatry, Hanover,
NH

July 2020 – June 2021

Role: Intern

Connecticut Mental Health
Center, New Haven, CT

July 2021 – June 2023

Role: Postdoc Associate

CLINICAL WORKSHOPS

Functional Analytic
Psychotherapy Level 1
Certification Workshop

January 2015 – March 2016

Conducted by Chad Wetterneck, Ph.D.

December 2017 – January 2018

Co-led workshop with Chad Wetterneck, Ph.D.

Functional Analytic
Psychotherapy Level 2
Certification Workshop

May 2019 – June 2019

Conducted by Chad Wetterneck, Ph.D., and Monnica Williams, Ph.D.

Cognitive-Behavior
Therapy Clinician Course

August 2018 – October 2018

Conducted by David Tolin, Ph.D., ABPP

International Online OCD
Training Program

January 2019 – March 2019

Co-facilitated 12-week online training and supervision program led by Monnica Williams, Ph.D., and James DiLoreto, Psy.D., in Ex/RP for OCD for clinicians in Recovery House, a residential rehabilitation institute in Karachi, Pakistan, as sponsored by the Peace of Mind Foundation

UConn Matlen-Anderson Trauma Training Workshop	<i>October 2016</i> Conducted by Laurie Pearlman, Ph.D. and Ervin Staub, Ph.D. <i>March 2018</i> Conducted by Janina Fisher, Ph.D.
UConn-Medical University of South Carolina Trauma-Focused CBT Online Course and Workshop	<i>September 2019</i> Conducted by Jessica Wozniak, Psy.D.
MDMA-Assisted Psychotherapy for PTSD Therapist Training Program	<i>January 2017 – May 2017</i> Conducted by MAPS-MPBC
Ketamine-Assisted Psychotherapy Training	<i>January 2019</i> Conducted by Mark Ligorski, M.D.
Psychedelic Medicine & Cultural Trauma Community Workshop	<i>August 2019</i> Presented at and facilitated two-day MAPS-sponsored workshop in Louisville, KY led by Monnica Williams, Ph.D., ABPP, Sara Reed, LCSW, Shannon Clare-Petit, MS, and Marcela Ot'alora, LPC
MDMA-Assisted Psychotherapy Training for Therapists of Color	<i>August 2019</i> Presented at and facilitated one-week MAPS-sponsored training program in MDMA-assisted psychotherapy for PTSD for therapists of color, led by Monnica Williams, Ph.D., ABPP, Sara Reed, LCSW, Shannon Clare-Petit, MS, and Marcela Ot'alora, LPC
Prolonged Exposure for PTSD Workshop	<i>November 2019</i> Conducted by Hannah Levy, Ph.D.
Cognitive Processing Therapy for PTSD Training	<i>July 2020 – September 2020</i> Conducted by Hannah Levy, Ph.D., and Emily O'Bryan, Ph.D.
Beck Institute CBT for Depression and Suicide Workshop	<i>August 2021</i> Conducted by Robert Hindman, Ph.D., and Francine Broder, Psy.D.

TEACHING POSTIONS

Teaching Assistant	<u>National University of Singapore:</u> <i>2013/2014, Semester 1</i> PL3254 Introduction to Trauma Psychology PL3287 Lab in Clinical/Abnormal Psychology <i>2013/2014, Semester 2</i> PL3233 Cognitive Psychology GEK1059 Investigating Standard English <i>2014/2015, Semester 1</i> PL3257 Introduction to Clinical Psychology <i>2014/2015, Semester 2</i>
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PL3232 Biological Psychology

University of Connecticut:

Fall 2016

PSYC 1100 General Psychology I

Spring 2019

PSYC 1103 General Psychology II

Fall 2019, Spring 2020

PSYC 2100WQ Principles of Research in Psychology

Instructor

University of Connecticut:

Fall 2018

PSYC 2300 Abnormal Psychology

AD-HOC REVIEWING

Guest editor:

BMC Medical Education – “Psychedelic-Assisted Therapy Training” special issue

Review editor:

Frontiers in Psychiatry – Anxiety and Stress Disorders Section

Peer-reviewed journals:

Archives of Sexual Behavior; Assessment; BMC Psychiatry; BMC Supplements; British Journal of Clinical Psychology; Cellular and Molecular Life Sciences; Clinical Psychological Science; Clinical Psychology & Psychotherapy; Frontiers in Psychiatry; Heliyon; International Journal of Psychiatry in Clinical Practice; Journal of Experimental Psychopathology; Journal of Anxiety Disorders; Journal of Cognitive Psychotherapy; Journal of Contextual Behavioral Science; Journal of Homosexuality; Journal of Obsessive-Compulsive and Related Disorders; Journal of Psychedelic Studies; Journal of Psychopathology & Behavioral Assessment; Neuroscience and Biobehavioral Reviews; Personality and Individual Differences; Perspectives on Psychological Science; Psychiatry Research; Psychology, Health & Medicine; Psychotherapy; Scientific Reports; Sex Roles; Transcultural Psychiatry; Translational Psychiatry; Women’s Health

Conference committees:

Poster abstract/proposal submissions to: Special Interest Groups (SIGs) for Association for Behavioral and Cognitive Therapies Annual Convention (2016-2020); International OCD Foundation Annual Conference (2016-2020); From Research to Reality: Global Summit on Psychedelic-Assisted Therapies and Medicine (2022)

Grant committees:

International OCD Foundation Research Grant Review Committee (2021-Present); Source Research Foundation Research Grant Review Committee (2021-Present)

FEATURED MEDIA

1. UConn Today article: [MDMA Opens Door for PTSD Patients to Work Through Trauma](#)
2. Chacruna Institute article: [People of Color Making a Difference in Psychedelic Healing](#)
3. Washington Post Magazine article: [Who will Benefit from Psychedelic Medicine?](#)
4. Chacruna Institute interview: [LGBTQIA Providers and Participants in MDMA Clinical Trials with Terence Ching](#)
5. MAPS Bulletin Spring 2020: [MDMA Therapy Training for Communities of Color](#)
6. UConn Today article: [Survey Details Student Experiences with Racial Microaggressions on UConn Campuses](#)

7. Hartford Courant article: [Many Students of Color Uncomfortable in the Classroom at UConn, Report on Racial Microaggressions Shows](#)
8. Women's Health Magazine article: [What is Sexual Orientation OCD \(SO-OCD\)? Doctors Explain](#)
9. Podcast: [Voices of Esalen - The Psychedelic Moment, Pt. 8: Terence Ching on Intersectionality in MDMA Research Studies](#)
10. Video: [Intersectional Insights from an MDMA-Assisted Psychotherapy Training Trial](#)
11. Video: [Mental Health Stigma in Communities of Color](#)
12. Video: [Trauma, PTSD, and OCD](#)
13. Video: [LGBTQ in the OCD Community](#)
14. Video: [Representation in the OCD Community](#)
15. Video: [Ensuring Safety for All in Psychedelic Medicine](#)
16. Video: [Effects of Psychedelic Use on Racial Trauma Symptoms and Ethnic Identity Among Asians](#)
17. Psychedelics Today article: [Psychedelics and Self-Discovery: A Journey Through the Queer Perspective](#)
18. Double Blind article: [Asians Have Been Largely Excluded from Psychedelics—Here's Why That Needs to Change](#)
19. Chacruna Institute article: [An Intersectional Experience of MDMA-Assisted Psychotherapy](#)