

CURRICULUM VITAE

Stephanie Jane Towns, PsyD, ABPP

Version Date: 11/9/2025

Contact Information:

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School: Yale School of Medicine

Education:

08/2000 - 05/2004 BS, Miami University of Ohio, Psychology, Oxford, OH
08/2006 - 05/2008 MS, Loyola University of Maryland, Clinical Psychology, Baltimore, MD
08/2008 - 07/2014 PsyD, Antioch University New England, Clinical Psychology, Keene, NH

Career/Academic Appointments:

07/2013 - 06/2014 Neuropsychology Intern, Psychology, James A Haley VA Medical Center, Tampa, FL
08/2014 - 07/2016 Postdoctoral fellow, Psychiatry, Geisel School of Medicine at Dartmouth, Lebanon, NH
08/2016 - 10/2018 Assistant Professor, Neurology and Neurosurgery, Case Western Reserve School of Medicine, Cleveland, OH
11/2018 - 06/2024 Assistant Professor, Neurology (Department), Yale School of Medicine, New Haven, CT
07/2023 - 06/2028 Associate Professor on Term, Neurology (Department), Yale School of Medicine, New Haven, CT

Administrative Positions:

2017 - 2018 Associate Training Director, Neuropsychology, University Hospitals, Cleveland, OH
2021 - Present Training Director, Neuropsychology, Yale School of Medicine, Greenwich, CT

Board Certification:

2017 - 2025 AB of Professional Psychology, Clinical Neuropsychology

Professional Honors & Recognition:

International/National/Regional

2008	Jonathan Daniels Scholarship
2010	Melanie Merola O'Donnell Memorial Scholarship
2014	Student Representative to the Board of Directors, American Academy of Clinical Neuropsychology

Grants/Clinical Trials History:

Current Grants

Agency:	NIH/NIMH
I.D.#:	R01 MH138347
Title:	Understanding Circuit Dysfunction in Post-Acute Sequelae of SARS-CoV-2 Infection
P.I.:	Todd Constable
Role:	Co-Investigator
Percent effort:	10%
Total costs:	\$3,985,785.00 (of which \$1,574,770.00 indirects)
Project period:	11/27/2024 - 10/31/2029

Invited Speaking Engagements, Presentations & Workshops Not Affiliated With Yale:

International/National

1. "Sleep's role in cognitive and psychiatric symptoms". New Hampshire Hospital, Sleep's role in cognitive and psychiatric symptoms, Lebanon, NH, January 2016. (Lecture)
2. "Sleep and Cognition". University Hospitals, Sleep and Cognition, Cleveland, OH, January 2017. (Lecture)
3. "Neuropsychological Evaluation of Patients with Epilepsy". University Hospitals, Neuropsychological Evaluation of Patients with Epilepsy, Cleveland, OH, January 2017. (Lecture)

Regional

1. "Brain health basics". Lifted, Lunch and Learn, Norwalk, CT, June 2024. (Oral Presentation)
2. "Brain health basics". Greenwich Commission on Aging, Greenwich Commission on Aging, Greenwich, CT, September 2024. (Oral Presentation)
3. "Brain health and Alzheimer's disease". For the people podcast, <https://podcasts.apple.com/us/podcast/alzheimers-foundation-of-america/id666908981?i=1000672271369>, October 2024. (Oral Presentation)
4. "Tips for preventing and delaying dementia". WTNH television, <https://www.wtnh.com/news/health/tips-for-preventing-or-delaying-dementia/>, October 2024. (Other)
5. "The role of cognitive assessment in the diagnosis and treatment of Alzheimer's Disease". Alzheimer's Foundation of America, Alzheimer's Foundation of America, New Haven, CT, October 2024. (Lecture)

Peer-Reviewed Presentations Given at Meetings Not Affiliated With Yale:

International/National

1. Older adults with epilepsy exhibit significantly greater executive dysfunction than their matched peers with cortically-based neurodegenerative disease. Cognitive Neuroscience Society annual meeting, Older adults with epilepsy exhibit significantly greater executive dysfunction than their matched peers with cortically-based neurodegenerative disease, San Francisco, CA, January 2013. (Other)
2. Neuropsychological testing identified patients with pathologic levels of B-amyloid in the living brain as demonstrated by florbetapir F18 positron emission tomography. American Academy of Neurology annual meeting, Neuropsychological testing identified patients with pathologic levels of B-amyloid in the living brain as demonstrated by florbetapir F18 positron emission tomography, San Diego, CA, January 2013. (Other)
3. The neuropsychological and adaptive functioning of children with cobalamin C (cblC) disease. International Neuropsychological Society annual meeting, The neuropsychological and adaptive functioning of children with cobalamin C (cblC) disease, Waikoloa Village, HI, January 2013. (Other)
4. Does severity of sleep disturbance predict cognitive recovery during acute TBI?. Rehabilitation Psychology Conference, Does severity of sleep disturbance predict cognitive recovery during acute TBI?, San Antonio, TX, January 2014. (Other)
5. Subjective sleep quality and postconcussion symptoms in mild TBI. International Neuropsychological Society annual meeting, Subjective sleep quality and postconcussion symptoms in mild TBI, Seattle, WA, January 2014. (Other)
6. Mild TBI and chronic pain associations with post-deployment mental health outcomes. International Neuropsychological Society annual meeting, Mild TBI and chronic pain associations with post-deployment mental health outcomes, Seattle, WA, January 2014. (Other)
7. Military deployment and the development of chronic pain: Mild traumatic brain injury, blast, psychological trauma, and combat associations in the Florida national guard. International Neuropsychological Society annual meeting, Military deployment and the development of chronic pain: Mild traumatic brain injury, blast, psychological trauma, and combat associations in the Florida national guard, Seattle, WA, January 2014. (Other)
8. Psychopathic personality traits and executive functions in daily life. National Academy of Neuropsychology Annual Meeting, Psychopathic personality traits and executive functions in daily life, Austin, TX, January 2016. (Other)
9. Future directions of neuropsychology from a training perspective: Factors affecting training satisfaction from the AACN student affairs committee survey of neuropsychology trainees. International Neuropsychological Society Annual Meeting, Future directions of neuropsychology from a training perspective: Factors affecting training satisfaction from the AACN student affairs committee survey of neuropsychology trainees, New Orleans, LA, January 2017. (Other)
10. Gender differences in the 2015 AACN student affairs committee survey of neuropsychology trainees. American Academy of Clinical Neuropsychology Annual Meeting, Gender differences in the 2015 AACN student affairs committee survey of neuropsychology trainees, San Diego, CA, January 2018. (Other)

11. Personal and Emotional Consequences of the COVID-19 Pandemic on Neuropsychology Trainees: Survey from the Student Affairs Committee of the AACN. International Neuropsychological Society, Personal and Emotional Consequences of the COVID-19 Pandemic on Neuropsychology Trainees: Survey from the Student Affairs Committee of the AACN, Annual meeting of INS, January 2021. (Oral Presentation)
12. **Towns SJ** , Lynette Abrams-Silva, Pamela Dean. Holistic Recruitment: Rationale and guidance for increasing recruitment of diverse trainees. American Academy of Clinical Neuropsychology, Scottsdale, AZ, June 2024. (Oral Presentation)
13. **Towns SJ** , Suzanne Duvall. Educating the Psychologists of Tomorrow: How Innovations in Medical Training Can Guide Us. American Psychological Association, Seattle, WA, August 2024. (Oral Presentation)
14. **Towns SJ** , Shalom Jaffe, Evita Conway. Alice in Wonderland Syndrome: A Neuropsychological Assessment and Clinical Case Report. International Neuropsychological Society, New Orleans, LA, February 2025. (Poster Presentation)
15. **Towns SJ** , Evita Conway, Shalom Jaffe. A Survey of Practicum-Level Training Practices in Clinical Neuropsychology.. American Academy of Clinical Neuropsychology, Chicago, IL, June 2025. (Poster Presentation)

Professional Service:

Peer Review Groups/Grant Study Sections

2019 - Present Reviewer, American Board of Professional Psychology, Review practice samples for board certification eligibility

Journal Services

Editorial boards

2024 - Present Editorial Consultant, The Clinical Neuropsychologist

Reviewer

2015 - Present Reviewer, Brain Injury
 2016 - Present Reviewer, Archives of Clinical Neuropsychology
 2017 - Present Reviewer, Sleep Medicine
 2018 - Present Reviewer, The Clinical Neuropsychologist
 2024 - Present Reviewer, Alzheimer's & Dementia: Diagnosis, Assessment & Disease Monitoring

Professional Organizations

American Academy of Clinical Neuropsychologist Awards Committee

2019 - 2021 Committee Member, American Academy of Clinical Neuropsychologist Awards Committee

American Academy of Clinical Neuropsychology Awards Committee

2021 - Present Co-Chair, American Academy of Clinical Neuropsychology Awards Committee, Co-chair Awards committee.

American Academy of Clinical Neuropsychology Mentorship program

2016 - Present Co-Director, American Academy of Clinical Neuropsychology Mentorship program, Develop and coordinate program matching board certified clinical neuropsychologists

American Academy of Clinical Neuropsychology Professional and Public Information Committee

2014 - 2024 Chair, American Academy of Clinical Neuropsychology Professional and Public Information Committee, Cultivate and manage information posted to AACN public profiles (e.g. twitter, facebook).

American Academy of Clinical Neuropsychology Relevance 2050 Committee

2016 - 2018 Committee Member, American Academy of Clinical Neuropsychology Relevance 2050 Committee

American Academy of Clinical Neuropsychology Student Affairs Committee

2015 - Present Secretary, American Academy of Clinical Neuropsychology Student Affairs Committee

American Psychological Association - Division 40

2018 - 2020 Liaison, American Psychological Association - Division 40, Act as liaison between division 40 (the society for clinical neuropsychology) and six other committees

American Psychological Association - Division 40 Education Advisory Committee

2021 - 2024 Committee Member, American Psychological Association - Division 40 Education Advisory Committee, Member of the Educational Advisory Committee

International Neuropsychological Society Membership Task Force

2016 - 2020 Committee Member, International Neuropsychological Society Membership Task Force

Public Service / Media Presence

Public Service

2020 - 2022 Volunteer, Invisible Hands

2021 - Present Volunteer, Stamp Out Stroke

Bibliography:

Peer-Reviewed Original Research

1. Weisfeld-Adams JD, Bender HA, Miley-Åkerstedt A, Frempong T, Schragger NL, Patel K, Naidich TP, Stein V, Spat J, **Towns S**, Wasserstein MP, Peter I, Frank Y, Diaz GA. Neurologic and neurodevelopmental phenotypes in young children with early-treated combined methylmalonic acidemia and homocystinuria, cobalamin C type. *Molecular Genetics And Metabolism* 2013, 110: 241-7. [PMID: 23954310](#) , [DOI: 10.1016/j.ymgme.2013.07.018](#) .
2. **Towns S** , Silva M, Belanger H. Subjective sleep quality and postconcussion symptoms following mild traumatic brain injury. *Brain Injury* 2015, 29: 1337-1341. [PMID: 26288022](#) , [DOI: 10.3109/02699052.2015.1045030](#) .
3. Lantrip C, **Towns S** , Roth R, Giancola P. C-31Psychopathic Personality Traits and Executive Functions in Daily Life. *Archives Of Clinical Neuropsychology* 2015, 30: 574-574. [DOI: 10.1093/arclin/acv047.233](#) .
4. Lantrip, C., Towns, SJ., Rother, RM., Isquith, P. (2016). Psychopathy traits are associated with self-report rating of executive functioning in the everyday life of healthy adult. *Personality and Individual Differences*. 101: 127-131. <https://doi.org/10.1016/j.paid.2016.05.051>
5. Van Dyk K, **Towns S** , Tatarina O, Yeung P, Dorrejo J, Zahodne LB, Stern Y. Assessing Fluctuating Cognition in Dementia Diagnosis: Interrater Reliability of the Clinician Assessment of Fluctuation. *American Journal Of Alzheimer's Disease And Other Dementias* 2016, 31: 137-43. [PMID: 26340964](#) , [PMCID: PMC4758876](#) , [DOI: 10.1177/1533317515603359](#) .
6. Holcomb E, **Towns S** , Kamper J, Barnett S, Sherer M, Evans C, Nakase-Richardson R. The Relationship Between Sleep-Wake Cycle Disturbance and Trajectory of Cognitive Recovery During Acute Traumatic Brain Injury. *Journal Of Head Trauma Rehabilitation* 2016, 31: 108-116. [PMID: 26709584](#) , [DOI: 10.1097/htr.0000000000000206](#) .
7. **Towns S** , Zeitzer J, Kamper J, Holcomb E, Silva M, Schwartz D, Nakase-Richardson R. Implementation of Actigraphy in Acute Traumatic Brain Injury (TBI) Neurorehabilitation Admissions: A Veterans Administration TBI Model Systems Feasibility Study. *PM&R* 2016, 8: 1046-1054. [PMID: 27178377](#) , [DOI: 10.1016/j.pmrj.2016.04.005](#) .
8. Whiteside DM, Breting L, Butts AM, Hahn-Ketter AE, Osborn K, **Towns SJ** , Barisa M, Santos OA, Smith D. 2015 American Academy of Clinical Neuropsychology (AACN) student affairs committee survey of neuropsychology trainees. *The Clinical Neuropsychologist* 2016, 30: 664-694. [PMID: 27348787](#) , [DOI: 10.1080/13854046.2016.1196731](#) .
9. Lantrip C, **Towns S** , Roth R, Giancola P. Psychopathy traits are associated with self-report rating of executive functions in the everyday life of healthy adults. *Personality And Individual Differences* 2016, 101: 127-131. [DOI: 10.1016/j.paid.2016.05.051](#) .
10. **Towns SJ** , Hahn-Ketter AE, Halpern J, Block CK. Trainee perspectives on postdoctoral recruitment in clinical neuropsychology: reflections on commentaries by Bodin and Grote (2016) and Nelson et al. (2016). *The Clinical Neuropsychologist* 2017, 32: 10-15. [PMID: 28585454](#) , [DOI: 10.1080/13854046.2017.1336256](#) .
11. Breting L, **Towns SJ** , Butts AM, Brett BL, Leafer EB, Whiteside DM. 2020 COVID-19 American Academy of Clinical Neuropsychology (AACN) Student Affairs Committee survey of neuropsychology trainees. *The Clinical Neuropsychologist* 2020, 34: 1284-1313. [PMID: 32842877](#) , [DOI: 10.1080/13854046.2020.1809712](#) .

12. Eloi JM, Lee J, Pollock EN, Tayim FM, Holcomb MJ, Hirst RB, Tocco C, **Towns SJ** , Lichtenstein JD, Roth RM. Boston Naming Test: Lose the Noose. Archives Of Clinical Neuropsychology 2021, 36: 1465-1472. [PMID: 33822857](#) , [DOI: 10.1093/arclin/acab017](#) .
13. Eloi J, Lee J, Pollock E, Tayim F, Holcomb M, Hirst R, Tocco C, **Towns S** , Lichtenstein J, Roth R. Corrigendum to: Boston Naming Test: Lose the Noose. Archives Of Clinical Neuropsychology 2021, 36: 857-857. [PMID: 33884418](#) , [DOI: 10.1093/arclin/acab034](#) .
14. **Towns SJ** , Breting LMG, Butts AM, Brett BL, Leaffer EB, Whiteside DM. Neuropsychology trainee concerns during the COVID-19 pandemic: A 2021 follow-up survey. The Clinical Neuropsychologist 2021, 36: 85-104. [PMID: 34520321](#) , [DOI: 10.1080/13854046.2021.1975826](#) .
15. **Towns S** , Jaffe S, Butts A, Penna S, Whiteside D. A survey of practicum training practices in clinical neuropsychology. The Clinical Neuropsychologist 2024, ahead-of-print: 1-14. [PMID: 39482231](#) , [DOI: 10.1080/13854046.2024.2413575](#) .
16. Dean P, **Towns S** . Holistic recruitment: A model for improving equity in clinical neuropsychology postdoctoral trainee selection. The Clinical Neuropsychologist 2025, ahead-of-print: 1-22. [PMID: 40574248](#) , [DOI: 10.1080/13854046.2025.2522938](#) .
17. Towns SJ, Holcombe BD, Duvall SW. Challenges in neuropsychology doctoral education: what can we learn from medical education? J Clin Exp Neuropsychol 2025, 1-9. [PMID: 41082309](#) , DOI: 10.1080/13803395.2025.2572547.