

Amanda F. Lowell, Ph.D.

Yale Child Study Center
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Amanda.Lowell@Yale.edu

EDUCATION

- 2017** **Ph.D., Clinical Psychology, University of Central Florida, Orlando, FL**
Dissertation: *Predicting child maltreatment potential in mothers who are substance-involved: A study of childhood adversity, stress, affectivity, and emotion regulation as mechanisms of action*
- 2017** **Predoctoral Internship, Yale Child Study Center, New Haven, CT**
Specialization: *Early Childhood*
- 2015** **M.S., Clinical Psychology, University of Central Florida, Orlando, FL**
Thesis: *Temperament and child maltreatment: A closer look at the interactions among parent and child temperament, stress, coping, emotional and behavioral regulation, and child maltreatment potential*
- 2011** **B.S., Psychology, Burnett Honors College, University of Central Florida, Orlando, FL**
Honors Thesis: *The role of attachment in the relationship between child maltreatment and later emotional and behavioral functioning*
University Honors, Honors in the Major

LICENSURE

- 2018-present** Licensed Clinical Psychologist, Connecticut (License Number: 3788)
2018-2021 Licensed Clinical Psychologist, New York State (License Number: 022974)

EMPLOYMENT & FELLOWSHIPS

- 2020-present** **Associate Research Scientist**, Yale School of Medicine, Yale Child Study Center
- 2019-2020** **NIDA T32 Postdoctoral Fellow**, Yale School of Medicine, Department of Psychiatry, Division of Prevention and Community Research
- 2018-2019** **Postdoctoral Associate**, Yale School of Medicine, Yale Child Study Center
- 2017-2018** **Postdoctoral Fellow**, Yale School of Medicine, Yale Child Study Center

GRANTS, AWARDS, & HONORS

- 2022-present** **Alkermes Inc.**
4th Annual Pathways Research Award
Project Title: *Neuroplasticity in maternal opioid use disorder*
Role: Principal Investigator
Yale Child Study Center
- 2022-present** **Patient-Centered Outcomes Research Institute (PCORI)**
MMM-2021C2-23671
Project Title: *Community-based, family-centered, trauma-informed approach to timely detection and management of early postpartum hypertension*
Role: Co-Investigator
Yale School of Public Health; Yale School of Medicine

- 2022-present Yale Child Study Center Faculty Development Fund**
Pilot Research Award
Project Title: *Neurobiology of mentalization in maternal opioid use disorder*
Role: Principal Investigator
Yale Child Study Center
- 2021-2022 Tufts Clinical and Translational Science Institute (CTSI)**
UL1TR002544
Project Title: *Development and feasibility assessment of a train-the-trainer model to improve access to an evidence-based parenting intervention for mothers in recovery from substance use disorder*
Role: Co-Investigator
Department of Pediatrics, University of Massachusetts Medical School- Baystate
- 2020-present National Institutes of Health, National Institute on Drug Abuse (NIDA)**
K23DA050731
Project Title: *Integrating a parenting intervention for mothers with opioid use disorders through child development services*
Role: Consultant
Department of Pediatrics, University of Massachusetts Medical School- Baystate
- 2020-present New York Life Foundation**
Project Title: *Yale program to support healthcare professionals working with bereaved families*
Role: Project Director
Yale Child Study Center
- 2019-2020 National Institutes of Health, National Institute on Drug Abuse (NIDA)**
T32DA019426
Ruth L. Kirschstein National Research Service Award
Role: Fellow
Division of Prevention and Community Research, Department of Psychiatry, Yale School of Medicine
- 2019-2020 National Institutes of Health, National Center for Advancing Translational Sciences (NCATS)**
KL2TR002545
Project Title: *Integrating a parenting intervention for mothers with opioid use disorders through child development services*
Role: Consultant
Department of Pediatrics, University of Massachusetts Medical School- Baystate
- 2019-present US Dept. of Health & Human Services, Administration for Children & Families, Children's Bureau**
90CU0104
Project Title: *Young child and parent project*
Role: Consultant
Health Federation of Philadelphia, & Children's Hospital of Philadelphia (CHOP) Policy Lab
- 2019-present National Institutes of Health, National Institute on Drug Abuse (NIDA)**
R01DA026437
Project Title: *Oxytocin and brain reward and stress responses to infant cues in addicted mothers*
Role: Fellow/Research Associate
Yale Child Study Center
- 2018-2021 National Institutes of Health, National Institute on Drug Abuse (NIDA)**
R01DA017294
Project Title: *Fostering mothers' emotionally responsive parenting*
Role: Fellow/Research Associate

Department of Psychiatry, Division of Substance Abuse, Yale School of Medicine

2017-2019 American Psychological Foundation
 Visionary Grant
 Project Title: *Understanding stigma surrounding pregnant women with substance use disorders*
 Role: Co-Principal Investigator
 Yale Child Study Center

PUBLICATIONS

JOURNAL ARTICLES

- Lowell, A.,** DeCoste, C., Dalton, R., Dias, H., Borelli, J. L., Martino, S., McMahon, T. J., & Suchman, N. E. (2023). Mothering from the Inside Out: Results of a community-based randomized efficacy trial testing a mentalization-based parenting intervention delivered by addiction counselors. *Infant Mental Health Journal*. <https://doi.org/10.1002/imhj.22043> NIHMS1876189
- Lowell, A.,** Suchman, N., Byatt, N., Feinberg, E., Friedmann, P., & Peacock-Chambers, E. (2023). Parental substance use and home visiting: Implementation considerations for relationship-based treatment. *Infant Mental Health Journal*. <https://doi.org/10.1002/imhj.22041>
- Peacock-Chambers, E., Clark, M.C., Moran, M., **Lowell, A.,** & Zayde, A. (2023). A case study of clinical training: ‘Mothering from the Inside Out’ in a community home visiting program. *Infant Mental Health Journal*. <https://doi.org/10.1002/imhj.22039>
- Wall, K., Dell, J., **Lowell, A.,** Potenza, M., Mayes, L., Rutherford, H. J. V. (2022). Current substance use and maternal neural responses to infant faces and cries. *International Journal of Mental Health and Addiction*, 2022, 1-16. <https://doi.org/10.1007/s11469-022-00947-2>
- Lowell, A.,** Morie, K., Potenza, M., Crowley, M., & Mayes, L. C. (2022). An intergenerational lifespan perspective on the neuroscience of prenatal substance exposure. *Pharmacology, Biochemistry, and Behavior*, 219, 173445. <https://doi.org/10.1016/j.pbb.2022.173445> PMID: 35970340
- Lowell, A.,** Yatziv, T., Peacock-Chambers, E., Zayde, A., DeCoste, C., Suchman, N. E., & McMahon, T. J. (2022). Reflective functioning in mothers with addictions: Differential relationships involving family history of mental illness and substance use. *Frontiers in Psychology*, 13, 1-9. doi: <https://doi.org/10.3389/fpsyg.2022.911069> PMID: 36312152
- Peacock-Chambers, E., Buckley, D., **Lowell, A.,** Clark, M. C., Suchman, N., Friedmann, P., Byatt, N., & Feinberg, E. (2022). Relationship-based early intervention services for families affected by substance use disorders: A qualitative study. *Journal of Child & Family Studies*, 31, 2121–2133. doi: <https://doi.org/10.1007/s10826-022-02313-1>
- Peoples, S., **Lowell, A.,** Bunderson, M., Bartz, C., & Rutherford, H. J. V. (2022). The effects of prenatal stress on neural responses to infant cries in expectant mothers and fathers. *Developmental Psychobiology*, 64(5), e22280. doi: <http://doi.org/10.1002/dev.22280> PMID: 35603419
- Lowell, A.,** Peacock-Chambers, E., Zayde, A., DeCoste, C., McMahon, T., & Suchman, N. (2021). Mothering from the Inside Out: Addressing the intersection of addiction, adversity, and attachment with evidence-based parenting intervention. *Current Addiction Reports*, 8(4), 605-615. doi: <https://doi.org/10.1007/s40429-021-00389-1> PMID: 34306964

- Lowell, A., Dell, J., Potenza, M. N., Strathearn, L., Mayes, L. C., & Rutherford, H. J. V. (2021).** Adult attachment is related to maternal neural response to infant cues: An ERP study. *Attachment & Human Development*, 2021, 1-18. doi: <http://doi.org/10.1080/14616734.2021.1880057> PMID: 33522435
- Lowell, A., Maupin, A. N., Landi, N., Potenza, M., Mayes, L. C., & Rutherford, H. J. V. (2020).** Substance use and mothers' neural responses to infant cues. *Infant Mental Health Journal*, 41(2), 264-277. doi: <https://doi.org/10.1002/imhj.21835> PMID: 32057121
- Lowell, A., & Renk, K. (2018).** Cognitive-behavioral treatment of PTSD in a young boy and his mother following the experience of chronic domestic violence. *Clinical Case Studies*, 17(3), 166-187. doi: <https://doi.org/10.1177/1534650118771220>
- Lowell, A., & Renk, K. (2017).** Predictors of child maltreatment potential in a national sample of mothers of young children. *Journal of Aggression, Maltreatment & Trauma*, 26(4), 335-353. doi: <http://dx.doi.org/10.1080/10926771.2017.1299825>
- Kolomeyer, E., Renk, K., Cunningham, A., **Lowell, A.**, & Khan, M. (2016). Mothers' adverse childhood experiences and negative parenting behaviors. *Zero to Three*, 37(1), 4-12.
- Renk, K., Boris, N. W., Kolomeyer, E., **Lowell, A.**, Puff, J., Cunningham, A., Khan, M., & McSwiggan, M. (2016). The state of evidence-based parenting interventions for parents who are substance-involved. *Pediatric Research- Nature*, 79(1-2), 177-183. doi: <http://dx.doi.org/10.1038/pr.2015.201> PMID: 26484624
- Lowell, A., Renk, K., & Adgate, A. H. (2014).** The role of attachment in the relationship between child maltreatment and later emotional and behavioral functioning. *Child Abuse & Neglect*, 38(9), 1436-1449. doi: <http://dx.doi.org/10.1016/j.chiabu.2014.02.006> PMID: 24631414
- Renk, K., White, R., Lauer, B., McSwiggan, M., Puff, J., & **Lowell, A.** (2014). Bipolar disorder in children. *Psychiatry Journal*, Article ID 928685, 1-19. doi: <http://dx.doi.org/10.1155/2014/928685> PMID: 24800202

ISSUE BRIEFS

- Gold, V., Gagne, C., Nicholson, J., **Lowell, A.**, & Suchman, N. (2018). *Parenting in Recovery: Supporting Adults with Serious Mental Illness or Substance Use Disorders in their Parenting Roles*. Rockville, MD: Center for Mental Health Services, Center for Substance Abuse Treatment, Substance Abuse and Mental Health Services Administration, 2018.

CURRICULA

- Lowell, A., Zayde, A., & Suchman, N.E.** (In preparation). *Mothering from the Inside Out- Revised Clinician Manual*. Yale University School of Medicine. Unpublished Document.
- Lowell, A., Chiapa, A., Lee, J., Ayora, P., Borstelmann, N., Becker, D., Poe, C., Armstrong, K., & Mayes, L.C.** (2022). *Grief sensitivity for healthcare workers*. Funding: New York Life Foundation
- Lowell, A., Zayde, A., Blanchard, R., LeClair, A., Peacock-Chambers, E.** (2021). *Mothering from the Inside Out Train-the-Trainer Protocol*. Yale University School of Medicine. Unpublished Document. Funding: UL1TR002544
- Suchman, N.E., Zayde, A., & **Lowell, A.** (2018). *Mothering from the Inside Out Training and Supervision Protocol*. Yale University School of Medicine. Unpublished Document. Funding: R01DA017294

BOOK CHAPTERS

- Lowell, A.** & Mayes, L. C. (2019). Assessment and treatment of prenatally exposed infants and children. In A. Hauptman & J. Salpekar (Eds.), *Pediatric neuropsychiatry: A clinical casebook*. New York, NY: Springer.
- Boris, N. W., Renk, K., **Lowell, A.**, & Kolomeyer, E. (2018). Parental substance abuse. In C. Zeanah (Ed.), *Handbook of infant mental health (Fourth edition)*. New York, NY: Guilford Press.
- Renk, K., Lauer, B., McSwiggan, M., Puff, J., Weaver, R., Middleton, M., White, R., & **Lowell, A.** (2012). Are schools failing our children? In M. Haines & A. Pearce (Eds.), *Child and school psychology*. Hauppauge, NY: Nova Science Publishers, Inc.

OTHER SCIENCE COMMUNICATION

- Lowell, A.**, Chiapa, A., Lee, J., Becker, D., Poe, C., Borstelmann, N., Ayora, P., Armstrong, K., & Mayes, L.C. (2022). Best practice tip sheets for healthcare workers interacting with bereaved families. Funding: New York Life Foundation
- Van Scoyoc, A., & **Lowell, A.** (2021) Harm reduction for pregnant and parenting mothers with addictions. Web content development supported by *The Center on Parenting and Opioids*, University of Oregon, Oregon Health & Science University. Funding: P50DA048756

MANUSCRIPTS UNDER REVIEW & IN PREPARATION

- Peacock-Chambers, E., Jurkowski, B., Kangas, S., DeCoste, C., McMahon, T., Borelli, J., Feinberg, E., Byatt, N., Zayde, A., **Lowell, A.**, & Friedmann, P. (2023) Home-based family recovery supports: Feasibility and acceptability of training home-visitors in “Mothering from the Inside Out.” *Manuscript under review*.
- Peacock-Chambers, E., Pillai, R.L.I., Jurkowski, B., Kangas, S., Borelli, J.L., Feinberg, E., Zayde, A., **Lowell, A.**, Friedmann, P., & Byatt, N. (2022) The impact of COVID on early intervention parenting support for mothers in recovery from substance use disorder. *Manuscript under review*.
- Wall, K., Penner, F., Dell, J., **Lowell, A.**, Potenza, M., Mayes, L. C., Rutherford, H. J. V. (2023) Maternal psychological risk and the neural correlates of infant face processing: A latent profile analysis. *Manuscript under review*.
- Shin, J., McMahon, T., & **Lowell, A.** (In preparation) Maternal childhood trauma and caregiving behavior in families impacted by substance use disorder: Intergenerational links with child development.
- Yatziv, T., Kim, D., **Lowell, A.**, & Rutherford, H. J. V. (In preparation) Examining associations between maternal substance use and mentalization.
- Van Scoyoc, A., **Lowell, A.**, & Mayes, L. C. (In preparation). Understanding stigma surrounding pregnant women with substance use disorders.
- Lowell, A.**, Van Scoyoc, A., & Mayes, L. C. (In preparation). Prenatal substance exposure: A qualitative study of how public perceptions shape prevention and intervention.
- Lowell, A.**, Rutherford, H. J. V., et al. (In preparation). What matters more in infant cue processing? Examining the interplay of maternal addiction and attachment security.

Cho, A., **Lowell, A.**, Mayes, L. C., & Rutherford, H. J. V. (In preparation). Differential effects of substance use and depression on maternal sensitivity.

PRESENTATIONS

INVITED PRESENTATIONS

- Lowell, A.** & Peacock-Chambers, E. (2022, November). *Mentalization-based practice with families in substance use treatment: Background, principles, and strategies of Mothering from the Inside Out*. Invited workshop at the Early Relational Health Fellowship, University of Massachusetts, Worcester, MA.
- Lowell, A.** (2022, October). *Neuroplasticity in maternal opioid use disorder*. Invited presentation at the 4th Annual Alkermes Pathways Awardees Symposium, Waltham, MA.
- Lowell, A.**, & Peacock-Chambers, E. (2022, June). *From research to the “real world”: The journey of bringing Mothering from the Inside Out to parents in recovery from substance use disorders*. Invited presentation at the Infant-Parent Training Institute speaker series, Center for Early Relationship Support, Jewish Family & Children’s Services, Waltham, MA.
- Lowell, A.** (2021, July). *Helping families through loss and transition*. Invited presentation at the 10th Annual Riggs-Yale Conference on Developmental Psychopathology, Family Process, and Social Context.
- Lowell, A.** (2021, May). *The life and legacy of Nancy Suchman*. Introduction for receipt of the Jane C. Bourns Award, 2021 Conference of the Connecticut Association for Infant Mental Health: “Neonatal Abstinence Syndrome (NAS) and promoting connections while working with families and their babies who have been/are being affected by substance use.”
- Lowell, A.** (2021, May). *Mothering from the Inside Out: Services available and upcoming projects*. Panel presentation at the 2021 Conference of the Connecticut Association for Infant Mental Health: “Neonatal Abstinence Syndrome (NAS) and promoting connections while working with families and their babies who have been/are being affected by substance use.”
- Lowell, A.** (2021, March). *Addressing the needs of families impacted by addiction: Barriers and facilitators to bringing relationship-based services to home visiting settings*. Webinar presented for the Department of Psychology, Western Connecticut State University, Danbury, CT. Funding: Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services, 1 T98HP334330100.
- Lowell, A.**, & Peacock-Chambers, E. (2020, October). *Mothering from the Inside Out: An evidence-based approach for enhancing the emotional quality of the mother-child relationship*. Webinar presented for FIRST (Families In Recovery Support) Steps Together, Massachusetts Department of Public Health.
- Lowell, A.** & Suchman, N. (2019, September). *Maternal addiction and parenting: Implications of neuroscience and trauma for attachment relationships and parenting interventions*. Keynote address presented at the 25th Annual Conference of the New Hampshire Association for Infant Mental Health, Meredith, NH.
- Lowell, A.** & Suchman, N. (2019, September). *Mothering from the Inside Out: Principles and strategies of a mentalization-based intervention for mothers in substance abuse treatment*. Workshop presented at the 25th Annual Conference of the New Hampshire Association for Infant Mental Health, Meredith, NH.
- Lowell, A.** & Suchman, N. (2019, April). *Intervention for substance-involved mothers and infants*. In *Understanding maternal substance use: Impact on mothers, infants, and the caregiving relationship*. Pre-institute workshop presented at the 2019 Expanding Horizons for the Early Years conference of the National Institute on Infant Mental Health, Toronto, Ontario, Canada.

INVITED TRAININGS

- Lowell, A., & Majmudar, U.** (2022, March). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Four-day virtual clinical training for the “Young Child and Parent Project 2” at the Health Federation of Philadelphia, Philadelphia, PA. Funding: 90CU0124, US Department of Health and Human Services; Administration for Children, Youth, & Families; Children’s Bureau.
- Lowell, A., & Zayde, A.** (2022, March). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Four-day virtual clinical training for Massachusetts Department of Public Health.
- Lowell, A., Zayde, A., & Peacock-Chambers, E.** (2023, February). *Train-the-trainer: Developing Mothering from the Inside Out clinicians’ skills to train and supervise new learners*. Three-day virtual training.
- Lowell, A., & Zayde, A.** (2022, October). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Four-day virtual clinical training for Massachusetts Department of Public Health. Funding: SAMHSA
- Lowell, A., & Zayde, A.** (2021, December). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Four-day virtual clinical training presented to Massachusetts Department of Public Health, FIRST (Families In Recovery Support) Steps Together mental health clinicians. Research funding: UL1 TR002544
- Lowell, A., Zayde, A., Blanchard, R., LeClair, A., & Peacock-Chambers, E.** (2021, September-October). *Train-the-trainer: Developing Mothering from the Inside Out clinicians’ skills to train and supervise new learners*. Three-day virtual training. Research funding: UL1 TR002544
- Lowell, A.** (2020, December). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Three-day virtual clinical training presented to Massachusetts Department of Public Health, FIRST (Families In Recovery Support) Steps Together mental health clinicians and peer recovery coaches. Research funding: SAMHSA
- Lowell, A., Zayde, A., & Suchman, N.** (2020, August-October). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Extended clinical training in weekly virtual seminar format, presented to Early Intervention providers via University of Massachusetts Medical School-Baystate, Springfield, MA. Research funding: NIH/NIDA K23 DA050731.
- Lowell, A. & Suchman, N.** (2019, August). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Three-day clinical training presented to Early Intervention providers via Tufts University & University of Massachusetts Medical School-Baystate, Springfield, MA. Research funding: NIH/NCATS KL2 TR002545.
- Lowell, A. & Suchman, N.** (2019, July). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Three-day clinical training presented to FIRST (Families In Recovery Support) Steps Together providers via Tufts University & University of Massachusetts Medical School-Baystate, Springfield, MA. Research funding: NIH/NCATS KL2 TR002545.
- Lowell, A. & Suchman, N.** (2019, June). *Mothering from the Inside-Out: A mentalization-based therapy for mothers with substance use disorders*. Four-day clinical training for the “Young Child & Parent Project” at the Health Federation of Philadelphia, Philadelphia, PA. Funding: 90CU0104, US Department of Health and Human Services; Administration for Children, Youth, & Families; Children’s Bureau.

SYMPOSIA

- Lowell, A.,** DeCoste, C., Dalton, R., Dias, H., Borelli, Martino, S., Suchman, N., & McMahon, T. (2023, July). *Community-based efficacy trial of Mothering from the Inside Out: Outcomes when delivered by addiction counselors*. Individual oral presentation presented at the 18th World Association of Infant Mental Health World Congress, Dublin, Ireland.
- Lowell, A.,** Shin, J., Peacock-Chambers, E., Zayde, A., Suchman, N., McMahon, T., & Borelli, J. (2023, July). *Mixed methods examination of reflective functioning of mothers in substance use treatment*. In M. Flykt (Chair), *Parenting in substance use disorder: How do different mechanisms and interventions affect quality of care?* Symposium presented at the 18th World Association of Infant Mental Health World Congress, Dublin, Ireland.
- Lowell, A.,** Chiapa, A., Borstelmann, N., Becker, D., Poe, C., Lee, J., Armstrong, K., Ayora, P., & Mayes, L. C. (2023, June). *The Grief-Sensitive Healthcare Project: Program development and lessons learned*. Individual oral presentation at the 26th National Symposium on Children's Grief, Pittsburgh, PA, USA.
- Becker, D., Poe, C., & **Lowell, A.** (2023, June). *Those left behind: Grieving grandparents caring for grieving children*. Individual oral presentation at the 26th National Symposium on Children's Grief, Pittsburgh, PA, USA.
- Lowell, A.** (June 2023). *Relationship-focused support for mothers with substance use disorders caring for young children*. In J. Connor (Chair) *Joining forces to support families with parents with problem substance use: Current practices and promising advancements*. Symposium presentation accepted at the International Congress on Evidence-based Parenting Support.
- Lowell, A.,** DeCoste, C., Dalton, R., Dias, H., Borelli, J., Martino, S., Suchman, N., & McMahon, T. (2022, July) *Mothering from the Inside Out: Results of a community-based randomized efficacy trial testing a mentalization-based parenting intervention for mothers with addictions*. In A. Zayde (Chair) *Parental mentalizing: Advances in research and practice for families at risk*. Panel presentation at the 10th International Attachment Conference, Lisbon, Portugal.
- Lowell, A.,** Yatziv, T, Peacock-Chambers, E., Zayde, A., DeCoste, C., Suchman, N., & McMahon, T. (2022, April) *Differential impact of family history of mental illness and substance use on reflective functioning in mothers with addictions*. In A. Zayde (Chair) *Mentalizing in bigenerational practice: The development and implications of parental reflective functioning in psychotherapy*. Panel presentation at the 38th annual meeting of the Society for the Exploration of Psychotherapy Integration, Lausanne, Switzerland.
- Lowell, A.,** Van Scoyoc, A., & Mayes, L. C. (2021, November). *Stigma surrounding pregnant women with substance use disorders: A qualitative study of underlying cultural beliefs*. Individual oral presentation at the 45th annual conference of the Association for Multidisciplinary Education and Research in Substance Use and Addiction.
- Lowell, A.,** & Baicker, K. (2021, September). *The power of story: Using narrative to build resilience in the wake of COVID*. Invited presentation at the 5th Annual Student Mental Wellness Conference.
- Lowell, A.,** Bunderson, M., Bartz, C., & Rutherford, H. J. V. (2020, October). *The effects of prenatal stress on neural responses to infant cries in expectant mothers and fathers*. Individual oral presentation at the 48th International Marcé Society for Perinatal Mental Health Biennial Scientific Meeting, Iowa City, IA.
- Renk, K., & **Lowell, A.** (2018, May). *Using Circle of Security Parenting to build reflective capacity for parenting in mothers who are substance-involved*. In N. Suchman (Chair), *Bringing the data to life! Enhancing reflective functioning in parents at risk*. Symposium presentation at the 16th World Association of Infant

Mental Health World Congress, Rome, Italy. Abstract published in *Infant Mental Health Journal*, 39, Supplement 1.

OTHER PRESENTATIONS

- Lowell, A.** (2022, May). *Maternal addiction adversity, and attachment: A program of translational neuroscience and intervention research*. Gesell Lecture Series, Yale Child Study Center, New Haven, CT.
- O'Donnell, K., **Lowell, A.**, & Rutherford, H. J. V. (2022, April). *A better start: Building a brighter future for perinatal mental health at the Child Study Center*. Fireside chat, Yale Child Study Center, New Haven, CT.
- Lowell, A.** (2021, November). *Mentalization in the context of parenting intervention: Meeting the needs of mothers with addictions*. Before and After Baby Lab, Yale Child Study Center, New Haven, CT.
- Lowell, A.** (2021, November). *A case study of Mothering from the Inside Out in a multidisciplinary outpatient family mental health clinic*. Yale Child Study Center 2021 Annual Associates Meeting, New Haven, CT.
- Lowell A.** & Rutherford, H. J. V. (2021, November). *An evidence-based parenting intervention may lead to brain changes in the context of maternal opioid use disorder*. Yale Child Study Center 2021 Annual Associates Meeting, New Haven, CT.
- Lowell, A.**, Suchman, N., Byatt, N., Feinberg, E., Friedmann, P., & Peacock-Chambers, E., (2021, February) *Parental substance use in Early Intervention: Implementation considerations for evidence-based treatment*. Postdoc Seminar Series at the Yale Child Study Center, New Haven, CT.
- Lowell, A.** & Rutherford, H. J. V. (2020, January). *Maternal attachment security shapes neural responses to infant cues*. Research in Progress meeting at the Yale Child Study Center, New Haven, CT.
- Lowell, A.** (2019, February). *Understanding, treating, and communicating about maternal substance use*. Department of Mental Health Law and Policy, University of South Florida, Tampa, FL.
- Lowell, A.** (2017, May). *Predicting child maltreatment potential in mothers who are substance-involved: A study of childhood adversity, stress, affectivity, and emotion regulation as mechanisms of action*. Psychology Internship Program, Yale Child Study Center, New Haven, CT.
- Lowell, A.** (2016, November). *Child Parent Psychotherapy with a mother and son exposed to paternal mental illness and domestic violence*. Child Parent Psychotherapy learning collaborative, New Haven, CT.
- Lowell, A.**, & Renk, K. (2015, August). *Cognitive-behavioral treatment of PTSD in a mother and her child following the experience of chronic domestic violence*. Department of Psychology, University of Central Florida, Orlando, FL.

SELECTED POSTERS

- Lowell, A.**, Peoples, S., Bunderson, M., Bartz, C., & Rutherford, H. J. V. (2020, November). *The effects of prenatal stress on neural responses to infant cries in expectant mothers and fathers*. Yale Child Study Center 2020 Annual Associates Meeting, New Haven, CT.
- Lowell, A.**, & Renk, K. (2018, May) *Predicting child welfare system involvement for mothers who are substance-involved*. 16th World Association of Infant Mental Health World Congress, Rome, Italy. Abstract published in *Infant Mental Health Journal*, 39, Supplement 1.
- Lowell, A.**, & Renk, K. (2018, May) *The mediating role of emotion dysregulation in the relationship between childhood adversity and child maltreatment potential for mothers who are substance-involved*. 16th World

Association of Infant Mental Health World Congress, Rome, Italy. Abstract published in *Infant Mental Health Journal*, 39, Supplement 1.

Lowell, A., & Renk, K. (2016, June). *Cognitive-behavioral treatment of PTSD in a mother and her young child following the experience of chronic domestic violence*. 15th World Association of Infant Mental Health World Congress, Prague, Czech Republic. Abstract published in *Infant Mental Health Journal*, 37, Supplement 1.

Lowell, A., Renk, K., Kolomeyer, E., Cunningham, A., Khan, M., & Stephenson, J. (2016, June). *Emotion dysregulation as a mediator in the relationship between childhood emotional abuse and child maltreatment potential in community mothers of young children*. 15th World Association of Infant Mental Health World Congress, Prague, Czech Republic. Abstract published in *Infant Mental Health Journal*, 37, Supplement 1.

Lowell, A., Renk, K., Lauer, B., & Puff, J. (2014, June). *Temperament and child maltreatment: A closer look at the interactions among parent and child temperament, stress and coping, emotional and behavioral regulation, and child maltreatment potential*. 14th World Association of Infant Mental Health World Congress, Edinburgh, Scotland, United Kingdom. Abstract published in *Infant Mental Health Journal*, 35 (3), Supplement A.

Lowell, A., & Renk, K. (2015, December). *The role of emotion dysregulation in the relationship between mother temperament and child maltreatment potential*. Zero to Three 30th National Training Institute, Seattle, WA.

Lowell, A., Renk, K., Puff, J., & McSwiggan, M. (2013, November). *Relationships among temperament, attachment, and emotional and behavioral functioning*. 47th Annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

Lowell, A., Renk, K., & Adgate, A. (2012, August). *Relationships among behavior problems, perceived social support, and academic success*. 112th Annual American Psychological Association Convention, Orlando, FL.

Lowell, A., Adgate, A., & Renk, K. (2012, February). *Relationships among child abuse experiences, social support, and later functioning*. 58th Annual Southeastern Psychological Association Convention, New Orleans, LA.

Lowell, A., Adgate, A., & Renk, K. (2011, November). *The role of attachment in the relationship between abusive childhood experiences and later emotional and behavioral functioning*. 45th Annual Association for Behavioral and Cognitive Therapies Convention, Toronto, Ontario, Canada.

Lowell, A., & Renk, K. (2011, May). *The role of attachment in the relationship between child maltreatment and later emotional and behavioral functioning*. Showcase of Undergraduate Research Excellence, University of Central Florida, Orlando, FL.

RESEARCH EXPERIENCE

2018-present The Before and After Baby Lab, Yale Child Study Center

- Researching mothers' neural responses to infant cues using electroencephalography (EEG) and event related potential (ERP) techniques in order to understand changes at the level of brain, mind, and behavior associated with becoming a parent in high-risk contexts (i.e., substance use, trauma).
- Administering the *Adult Attachment Interview* with study participants.
- Coordinating referrals for research participants who endorse high levels of clinical symptoms.

2017-2021 Moms 'n' Kids Program, Yale School of Medicine, Department of Psychiatry

- Researching impact of adversity and clinical characteristics in mothers in recovery from substance use disorders.

- Supervising substance abuse counselors providing evidence-based treatment (*Mothering from the Inside Out*) to mothers in outpatient substance use treatment as part of a NIDA-funded randomized clinical trial.
- Monitoring counselors' treatment fidelity and provide constructive feedback.
- Collaborating on R01 grant renewal and study design.
- Administering *Parent Development Interview* with study participants.

2016-2017 Understanding Stigma Surrounding Pregnant Women with Substance Use Disorders, Independent Pilot Research, Yale Child Study Center

- Co-PI on grant-funded independent research regarding the issue of stigma surrounding mothers who have substance use disorders.
- Collaboration with the American Psychological Foundation, the FrameWorks Institute, and Yale Child Study Center grants administration office.
- Conducted in-depth cognitive interviews with national sample of participants.
- Utilizing qualitative data analytic techniques.

2016 Central Florida Community Based Care, Florida Department of Children and Families

- Coordinated research efforts and provided clinical services in a grant-funded research project which involved collaboration among professionals within the Florida Department of Children and Families, the Florida Ninth Judicial Circuit, and the Departments of Psychology, Social Work, and Medicine at the University of Central Florida.
- Administered pre- and post-treatment measures as part of a random assignment design.
- Co-led *Circle of Security* parenting intervention groups aimed at improving parental reflective functioning and mentalization.

2013-2016 Pregnant and Parenting Women's Inpatient Program, Aspire Health Partners

- Coordinated research efforts, recruited participants, and developed strong collaborations with community mental health programs.
- Co-led *Circle of Security* intervention groups in a pilot research project examining the effectiveness of this parenting intervention at improving reflective functioning and decreasing child maltreatment potential for mothers in substance use treatment.
- Administered pre- and post-treatment assessments (e.g., *Working Model of the Child Interview*) with at-risk pregnant, post-partum, and parenting women in substance use treatment at a residential facility.

2012-2016 Gifted Research Clinic, University of Central Florida

- Evaluated children and adolescents as part of a research study regarding parent, child, and parent-child relationship characteristics of gifted versus non-gifted children.
- Completed intelligence testing and clinical interviews.
- Provided written and oral feedback of results and recommendations for the school setting.
- Consulted with schools to facilitate execution of appropriate accommodations.

2011-2016 Young Child and Family Research Clinic, University of Central Florida

- Provided assessment and outpatient psychological services for young children and their families as part of a research study examining parent-child relationship characteristics and psychopathology in parents and young children.
- Assessed intelligence, academic achievement, adaptive functioning, clinical symptoms, and naturalistic behavior.
- Assessed parent-child relationship characteristics (e.g., Crowell).
- Implemented individual child treatment (e.g., CBT, Trauma-Focused CBT, Preschool PTSD Treatment),
- Implemented individual adult treatment (e.g., Cognitive Processing Therapy), and mentalization-based services to improve parent-child relationships (e.g., Circle of Security).

- 2009-2011 University of Central Florida Counseling and Psychological Services**
- Spearheaded several research projects at the UCF Counseling Center.
 - Entered, analyzed, and presented data for APA Self-Study application to become an APA-approved predoctoral internship site.
 - Managed data regarding predoctoral intern selection.
 - Organized electronic library resources.
 - Managed, analyzed, compiled, and provided written reports of individual counselor evaluations and outreach programming evaluations.
- 2009-2017 Perception and Interaction Research Studies, Understanding Children and Families Lab**
- Collected interview, self-report, and observational research data.
 - Entered, cleaned, checked, and analyzed data.
 - Investigated topics including family trauma, child maltreatment, infant mental health, attachment, emotion regulation, parent-child interactions, substance-involved parents, and parenting styles.

JOURNAL SERVICE

AD HOC REVIEWER

2017-present

Behavior Therapy
Child Development
Child Maltreatment
Child Psychiatry & Human Development
Development & Psychopathology
Developmental Neuroscience
Early Human Development
Frontiers in Psychology

Infant & Child Development
Infant Mental Health Journal
Journal of Child & Family Studies
Journal of Marriage & Family
Journal of Substance Abuse Treatment
Psychiatry Research
Psychophysiology
Substance Use & Misuse

PROGRAM DEVELOPMENT

- 2020-present The Grief-Sensitive Healthcare Project, Yale Child Study Center, New Haven, CT**
- Collaborate with New York Life Foundation and Child Bereavement UK partners on developing a training program to support healthcare professionals working with bereaved families in the Yale New Haven Hospital system and beyond.
 - Develop strategic partnerships with physicians, nurses, social workers, and other healthcare professionals at Yale New Haven Hospital.
 - Adapt trainings and materials regarding grief for American audiences (health professionals, families).
 - Brand, market, and develop website to serve as hub for information and resources developed for the project.
 - Manage budget and prepare progress reports.

DIVERSITY, EQUITY, & INCLUSION WORK

- 2021 The Center on Parenting and Opioids, University of Oregon, Oregon Health & Science University**
- Wrote parent-friendly web content for consumer website targeting pregnant and parenting mothers with addictions.

- Developed easy to read, stigma-free, scientifically accurate content for parents to learn about the impact of prenatal substance exposure on babies, how to get support, and things to consider and reflect on when parenting.

2021-2022 Infant-Toddler Court Team Program, Zero to Three

- Provided education to Infant-Toddler Court Team Program Community Coordinators in New Haven and Milford, CT about the unique needs and challenges experienced by families who are impacted by addiction and working toward reunification with their children through the court system.
- Collaborated with Community Coordinators to identify needs in local child welfare systems in order to develop a sustainable training model for case workers and supervisors that reduces stigma and bias experienced by parents with addictions.

2018-2019 High-Risk Newborn Consultation Team, New Haven Department of Children and Families

- Consulted with New Haven Department of Children and Families (DCF) regarding case plans for families in which either the biological mother or newborn was found to test positive for substances at the time of delivery.
- Collaborated with case managers in order to connect families to evidence-based prevention and intervention programs throughout the local community in order to reduce likelihood for parental relapse, child maltreatment, and out-of-home placement.
- Presented local referral information regarding evidence-based treatments for parents with addictions.

TEACHING & SUPERVISION EXPERIENCE

CLINICAL SUPERVISOR

2021-present Massachusetts Department of Public Health

- Supervision-of-supervision for 6 *Mothering from the Inside Out* trainers training their first cohort of clinicians.

2021 Families in Recovery Support (FIRST) Steps Together

- Supervised 10 masters-level clinicians providing *Mothering from the Inside Out* to mothers and fathers in recovery from opioid use disorders.
- Supervision provided within quality improvement (QI) context to enhance services for parents in recovery served by the Division of Pregnancy, Infancy, and Early Childhood of the Massachusetts Department of Public Health.

2019-2021 Massachusetts Early Intervention (EI)

- Supervised 4 masters-level clinicians providing *Mothering from the Inside Out* to mothers and fathers in recovery from opioid use disorders.
- Supervision provided within research context determining effectiveness of implementing treatment in the Early Intervention home visiting setting.

2019-present Health Federation of Philadelphia

- Supervise 3 masters-level clinicians providing *Mothering from the Inside Out* to mothers in various stages of recovery (i.e., residential, outpatient) from substance use disorders.
- Supervision provided within research context determining effectiveness of implementing *Mothering from the Inside Out* in order to enhance the effects of *Child Parent Psychotherapy*.

- 2017-2019** **Moms ‘n’ Kids Program, Yale University School of Medicine, Department of Psychiatry**
- Supervised 5 substance abuse counselors providing *Mothering from the Inside Out* to mothers in outpatient substance use treatment as part of a NIDA-funded R01 randomized clinical trial (R01 DA017294)
- 2016-2017** **Developmental Assessment Team, Yale Child Study Center**
- Supervised psychology, psychiatry, and social work trainees throughout the developmental assessment process. Provided feedback on assessment skills via video and live supervision. Facilitated report generation and integration of assessment findings.
- 2014-2016** **University of Central Florida Psychology Clinic**
- Provided on-call coverage during evening hours.
 - Supervised students in the clinical psychology doctoral program who were engaged in assessment and intervention activities with youth 6-18 years of age.

ADMINISTRATION

- Fall 2020 & Spring 2023** **Developmental Neuroscience & Psychopathology MRes Program
Anna Freud Centre, University College London & Yale Child Study Center, Yale University**
- Serve as course tutor for international master’s students.
 - Facilitate student transition from UK to US and orient students to second year of program.
 - Collaborate and manage communication with Yale Office of International Students and Scholars and Yale Graduate School of Arts & Sciences.
 - Facilitate collaboration between students and Yale research faculty mentors.
 - Reformat workshops and seminars to virtual learning format during COVID-19 pandemic.
 - Schedule and facilitate weekly research methods seminars with guest lecturers.
 - Coordinate student poster session.
 - Grade student theses and posters; provide written feedback.

INSTRUCTOR OF RECORD

- Fall 2020** **EEG/ERP Research Methods, University College London/Yale University, Developmental Neuroscience MRes Program (week-long intensive workshop)**
- Spring 2016** **Abnormal Psychology, Department of Psychology, University of Central Florida (1 semester)**
- 2013-2014** **Interviewing and Counseling, Department of Psychology, University of Central Florida (3 semesters)**

GUEST LECTURER

- Feb 2023** **Reflective skills for managing grief in the perinatal and postpartum period, Neonatal-Perinatal Medicine Fellowship Program, Yale School of Medicine**
- Sept 2022** **Reflective skills for managing grief in pediatric palliative care, Pediatric Medicine Residency Program, Yale School of Medicine**
- June 2022** **Career paths in clinical psychology: assessment, intervention, research, and education, Developmental Science Summer Internship Program, Yale Child Study Center**
- May 2022** **Perinatal loss, part II: Developing reflective skills for sensitive care of bereaved families, Neonatal-Perinatal Medicine Fellowship Program, Yale School of Medicine**

Jan 2022	Perinatal loss, part I: Understanding and caring for bereaved families , Neonatal-Perinatal Medicine Fellowship Program, Yale School of Medicine
Dec 2021	When a child dies: Supporting bereaved families , Pediatric Residency Program, Yale School of Medicine
Oct 2021	Using clinical science to meet the clinical needs of mothers with addictions , Developmental Neuroscience & Psychopathology MRes Program, Yale University & University College London
July 2021	Careers in Clinical Psychology , Developmental Science Summer Internship Program, Yale Child Study Center
Dec 2020	Parental substance use in Early Intervention: Barriers & facilitators to evidence-based treatment , Developmental Neuroscience & Psychopathology MRes Program, Yale University & University College London
Oct 2019	Clinical Trials Research with Mothers with Substance Use Disorders , Developmental Neuroscience & Psychopathology MRes Program, Yale University & University College London
May 2018	Evidence-Based Treatment Planning , Psychiatric Residential Treatment Facility, Albert J. Solnit Children's Center, Connecticut Department of Children and Families
Aug 2017	Scoring and Interpretation of the <i>Rorschach Inkblot Test</i> , Predoctoral Psychology Internship Program, Yale Child Study Center
Aug 2017	Administration and Scoring of the <i>Bayley Scales of Infant Development</i> , Predoctoral Psychology Internship Program, Yale Child Study Center
May 2015	Ethical Issues in Clinical Psychology , Clinical Psychology Ph.D. Program, UCF Department of Psychology
April 2014	Doctors Dealing with Death and Powerful Emotions , M.D. Program, UCF College of Medicine

GRADUATE TEACHING ASSISTANT

2011-2016	Abnormal Psychology (4 semesters) Childhood Psychopathology (3 semesters) Developmental Psychology (3 semesters) Forensic Psychology (2 semesters) Interviewing and Counseling (2 semesters) Behavioral Self-Control (1 semester) Cross Cultural Psychology (1 semester) Legal Aspects of Psychology (1 semester) Psychology of Language (1 semester) Research Methods in Psychology (1 semester) Sexual Behavior (1 semester)
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ACADEMIC MENTORSHIP

2023	Isabel Rodden (Summer intern, Developmental Science Summer Internship) Role: Research mentor
2022-2023	Jin Young (Rachel) Shin (MRes student, Developmental Neuroscience and Psychopathology Master's Program, University College London & Yale University)

Role: Research mentor

- 2022-present** **Dakota Becker, MSW** (Social Work Fellow, Yale Child Study Center, New Haven, CT, USA)
Role: Research advisor
- 2022-present** **Justine Murphy** (Medical student, Quinnipiac University, North Haven, CT, USA)
Role: Research advisor
- 2022-present** **Jinju Lee, APRN** (Doctor of Nursing Practice student, Duke University, Durham, NC, USA)
Role: Committee member
- 2020-2021** **Laura Kolijn** (Ph.D. candidate in the Consortium on Individual Development, Faculty of Behavioral and Movement Sciences, Vrije Universiteit Amsterdam, The Netherlands)
Role: Dissertation evaluation committee member
- 2019-2020** **Sarah Peoples** (MRes student, Developmental Neuroscience and Psychopathology Master's Program, University College London & Yale University)
Role: Research advisor
- 2018-2019** **Da Mi (Lauren) Kim** (MRes student, Developmental Neuroscience and Psychopathology Master's Program, University College London & Yale University), *graduated with distinction*
Role: Research advisor

CLINICAL EXPERIENCE

- 2018-present** **Parent and Family Development Program, Yale Child Study Center**
- Assess, diagnose, triage, and treat high-risk, low-income mothers and fathers.
 - Refine clinic's research approach and protocol.
 - Build program's emphasis on mentalization in the treatment of parents.
- 2017-2018** **Emergency Department Consultation Service, Yale-New Haven Hospital**
- Consulted with Emergency Department physicians to assess and determine psychiatric disposition of children and adolescents presenting with emergent psychiatric needs.
- 2017-2018** **Albert J. Solnit Children's Center, Connecticut Department of Children and Families**
- Provided individual, family, and group psychotherapy for adolescent females in the state of Connecticut's adolescent psychiatric residential treatment facility.
 - Conducted comprehensive psychological evaluations and provided written and oral reports of findings to parents and treatment team.
 - Collaborated with interdisciplinary treatment team of psychiatrists, nurses, social workers, milieu staff, and foster agencies for care coordination and case management.
- 2016-2019** **Outpatient Psychiatric Clinic for Children, Yale Child Study Center**
- Assessed, diagnosed, and treated high-risk children and adolescents with psychiatric and developmental disorders and their families.
 - Coordinated care with social workers, foster families, biological families, and public schools.
- 2016-2019** **Infant and Early Childhood Team, Yale Child Study Center**
- Provided evidence-based individual, dyadic, and family psychotherapy to low-income, high-risk families and young children (e.g., 0- to 5-years old).
 - Collaborated with the Zero to Three Safe Babies Court Team within the New Haven Department of Children and Families in order to build a trauma-informed perspective and facilitate safe family relationships.

- 2016-2019 Developmental Assessment Team, Yale Child Study Center**
- Conducted developmental assessments of young children within an interdisciplinary team of psychologists, psychiatrists, social workers, and speech-language pathologists.
 - Assessed cognitive, language, and motor development (WPPSI-IV, Mullen, Bayley), adaptive functioning (Vineland), and school behavior.
 - Provided oral and written feedback to parents.
- 2016-present NICU GRAD (*Great Results After Discharge*) Program, Yale-New Haven Hospital**
- Conduct developmental evaluations (Bayley Scales of Infant Development) within an interdisciplinary follow-up team (neonatologists, physician assistants, occupational therapists, dietitians, nurses).
 - Provide written and oral feedback to parents.
 - Collaborate with interpreters to engage with patients who speak languages other than English.
 - Teach pediatrics residents on topics of infant and early childhood development, the role of the psychologist on an interdisciplinary team, and the tenants of developmental testing.
- 2016-2018 Psychological Assessment Service, Yale Child Study Center**
- Evaluated children and adolescents with a wide range of presenting complaints related to academic, social, emotional, and behavioral functioning.
 - Utilized psychoeducational (WISC-V, WIAT-III, K-ABC), executive functioning (CPT-III, NEPSY, D-KEFS), memory (CMS, CVLT-C), and projective (Rorschach, TAT, Roberts-2, sentence completion) instruments to conceptualize children's difficulties.
 - Provided integrated written and oral feedback and comprehensive recommendations for intervention and accommodations.
- 2016-2017 Social Skills Group Therapy for Children, Dr. Nancy Moss, Private Practice**
- Co-led social skill groups designed to teach naturalistic, peer-oriented social skills.
 - Utilized social conversation, directed activities, and spontaneous interaction to promote greater comfort, pleasure, satisfaction, and age-appropriate skill in typical peer interactions.
- 2016-2017 Program for Anxiety Disorders, Yale Child Study Center**
- Provided treatment (*Supportive Parenting for Anxious Childhood Emotions* and individual child CBT) to children diagnosed with anxiety disorders as part of a NIMH-funded RCT (K23 MH103555).
 - Monitored treatment fidelity and completed pre-, mid-, and post-treatment assessment of child symptoms.
- 2015-2016 Orlando Early Childhood Court Initiative, Ninth Judicial Circuit, Orange County, FL**
- Consulted with members of specialized multidisciplinary dependency court team developed for families in the child welfare system with children 0- to 5-years of age.
 - Observed court proceedings, permanency hearings, and family team meetings.
- 2015-2016 Autism Assessment Team, Nemours Children's Hospital**
- Evaluated children aged 2-6 for autism using standardized observational assessment methods (e.g., ADOS-2) within an interdisciplinary team within the Departments of Behavioral Health and Developmental Medicine at Nemours Children's Hospital.
 - Coordinated/executed community screening events conducted at the hospital and throughout Florida with a mobile screening unit.
- 2014-2015 Beta Center Pregnant and Parenting Teens Program, Orange County Public Schools**
- Provided the *Circle of Security Parenting* Intervention program at an alternative public high school for adolescent mothers in Orange County, Florida.
 - Coordinated treatment and collaborated with psychiatrists, mental health counselors, social workers, school administrators, and the Florida Department of Children and Families.

- 2014-2015 Medical Psychology Associates, Florida Hospital Medical Group**
- Administered comprehensive neuropsychological assessment batteries for various complex pediatric populations in an outpatient hospital setting.
 - Scored and interpreted test results.
 - Wrote comprehensive reports and provided oral feedback to parents and patients.
- 2013-2014 Adult Practicum, University of Central Florida Psychology Clinic**
- Provided assessment and outpatient psychotherapy services for older adolescents and adults.
 - Conducted psychosocial intakes and semi-structured diagnostic interviews with adult clients.
 - Administered and interpreted personality inventories, projective tests, and cognitive assessments for differential diagnosis.
 - Implemented empirically supported treatments (CBT, ACT, DBT) to diverse individuals.
- 2012-2016 Head Start Program, Orlando Day Nursery School**
- Co-led group interventions (i.e., social and coping skills training) in a preschool setting with culturally diverse preschool-age children from low socioeconomic backgrounds who exhibited disruptive behavior and emotion dysregulation.
 - Interviewed teachers regarding classroom settings and conducted classroom observations.
 - Co-led quarterly parent seminars on topics including attachment, behavior problems, general parenting issues, and enhancement of parent-child relationships.
 - Coordinated referrals to clinical services.
- 2012-2014 Athletics Department Screening Clinic, University of Central Florida**
- Administered brief achievement testing (WRAT) of incoming freshman athletes at UCF.
 - Scored and identified at-risk students who required additional testing and/or treatment.
 - Provided full batteries of psychoeducational testing and individual evaluations as needed.
 - Integrated results and provided written and oral feedback to students, coaches, and advisors.
- 2012-2013 Clinical Child Practicum, University of Central Florida Psychology Clinic**
- Provided assessment and outpatient psychological services for children and their families.
 - Administered and interpreted assessment of intelligence, achievement, adaptive functioning, and clinical symptoms.
 - Implemented empirically supported cognitive behavioral treatments to a diverse group of children and their families.

SPECIALTY TRAINING

INTERVENTION TRAINING

- 2018-2019 Fathers for Change**
Stover, C. (October 2018). Connecticut Department of Children and Families, New Haven, CT.
- 2016-2017 Trauma-Focused Cognitive Behavioral Therapy**
Epstein, C. (September 2016-May 2017). Silberman School of Social Work at Hunter College, New York, NY.
- 2016-2018 Child-Parent Psychotherapy**
Stepka, P. (June 2016-March 2018). New Haven Lawn Club, New Haven, CT. *Rostered provider.*
- 2014 Circle of Security Parenting**
Powell, B. (May 2014). Nemours Children's Hospital, Orlando, FL.

RESEARCH TRAINING

- 2020** **Finding Funding Opportunities**
Porta, G. (January 2020). Yale School of Medicine, New Haven, CT.
- 2019** **Writing & Designing NIH Proposals**
Harris, M. (January 2019). The Study Hotel at Yale, New Haven, CT.
- 2017** **Science Writing for Grants and Scientific Manuscripts**
Hofmann, A. (March 2017). Yale School of Medicine, New Haven, CT.

OTHER TRAINING

- 2016** **Framing to Make a Difference: Strategies for Engaging the Public More Effectively**
Nichols, J., & Kendall-Taylor, N. (October 2016). Training led by the FrameWorks Institute, conducted at the Yale Child Study Center, New Haven, CT.
- 2015** **Dynamic Maturation Model of Attachment**
Crittenden, P. (March 2015). *Attachment, Neurodevelopment, and Psychopathology*. Florida Atlantic University, Boca Raton, FL.
- 2013** **Florida Department of Children and Families In-Service Training**
Zeanah, C. (October 2013). *Stages of child development: Implications for child welfare practices including visitation with birth families and transitions*. Orlando, FL.

PROFESSIONAL SERVICE & MEMBERSHIPS

- 2023- present** **National Alliance on Children's Grief**
- 2022-present** **Yale Center for Brain and Mind Health**, Yale University
- 2022-present** **Grand Rounds Committee**, Yale Child Study Center
- 2021-present** **Connecticut Association for Infant Mental Health**
- 2020-present** **Mentalizing-Based Parenting Intervention Working Group**, A collaboration among faculty at the Yale Department of Psychiatry, Yale Child Study Center, University of Massachusetts Chan Medical School-Baystate, Montefiore Medical Center, and University of California-Irvine
- 2020-present** **Early Stress & Adversity Consortium**, Yale Child Study Center
- 2020-present** **Steering Committee**, Yale Child Study Center–Scholastic Collaborative for Child and Family Resilience
- 2020-2021** **Early Career Faculty Peer Coaching Group**, Yale Child Study Center
- 2018-present** **World Association for Infant Mental Health**
- 2016-2017** **Psychology Fellowship Representative**, Yale Child Study Center psychology training program
- 2015-2016** **Faculty-Student Advisory Council**, University of Central Florida Psychology Clinic

- 2014-2015** **Psi Docs** (Doctoral Organization of Clinical Students in Psychology), University of Central Florida
Vice President
- 2012-2016** **Florida Association for Infant Mental Health**
- 2011-2016** **Family Interaction Group for Graduate Students**, UCF Clinical Psychology Ph.D. Program
(2015-2016: *President*; 2014-2015: *Vice President*; 2013-2014: *Secretary*; 2012-2013: *President*;
2011-2012: *Treasurer*)